2022 - 2023 OFFICIAL TOURIST GUIDE

English version

Côte-Nord



bonjour **québec**



LE QUÉBEC MARITIME

Québec 🕶 🛣







ZODIAC

Experience an extraordinary adventure that promises amusement and thrills.

BOAT

Set sail and admire the giants of the sea in the heart of the Marine Park: the best observation site in the world.

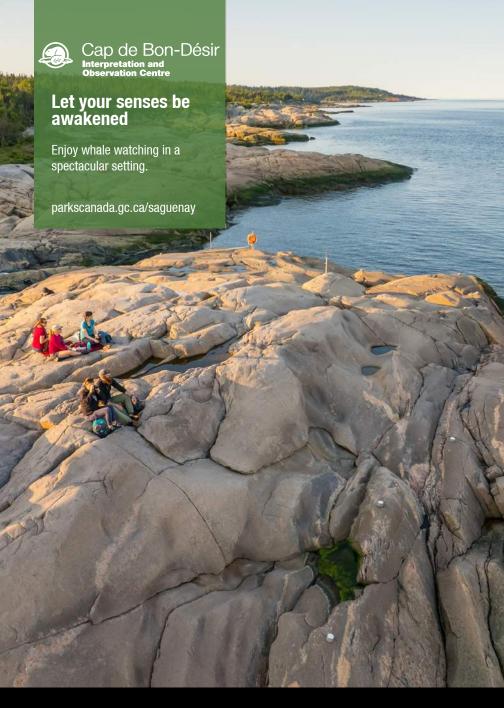


\$**94**.99

1855 242-0680



croisieresaml.com





5	→	Profile of
		the Region

6 Côte-Nord Overview 10 Must-see Attractions

16 → Travel by Experience

18 Multi-experience Towns and Villages

108 Vibrant Cities and Festivities

118 Route des baleines (Whale Route)

120 Live the St. Lawrence River

136 Great Outdoors

142 Winter Fun

148 Hunting and Fishing

Places to Eat and Accommodation

172 Local Flavours

205 → General Information

206 Useful Information

214 Travelling in Québec

216 Index

219 → Maps and Pictograms



157

Get more out of the guide by using the detachable map.





Website

Our website is a must-visit for anyone looking for tourism-related information on the *Côte-Nord*. Use the Itinerary tool to create your own North Shore discovery tour!

tourismecote-nord.com

Facebook

The best way to be in the loop about new *Côte-Nord* tourism developments and to share them is to follow us on Facebook. Stay on top of North Shore news year-round: contests, festivals, testimonials, fun facts and more!

@tourismecotenord

Instagram

Discover the *Côte-Nord* through pictures on our Instagram account, cotenordquebec, and tell us about your trip using #CôteNord and @cotenordqc. Seeing it through your eyes gives us and other visitors a new perspective on the region!

@cotenordquebec

YouTube

Subscribe to Tourisme *Côte-Nord*'s official YouTube channel for fascinating clips of stunning scenery, must-visit attractions, bustling towns and picturesque villages, whale-watching trips, the arts, fine dining, snowmobiling and hunting trips. New videos uploaded each season.

/tourismecotenord



/cotenordquebec





- Côte-Nord **Overview**
- 10 Must-see **Attractions**

Profile of the Region

💿 © Parks Canada/L.Landry

Côte-Nord Overview

As big as Italy, the Côte-Nord (North Shore) of the majestic St. Lawrence River is an immense and fascinating region. From Tadoussac to Blanc-Sablon, it stretches along nearly 1,300 km of picturesque shoreline dotted with towns and villages. On the water or from land, you can spot up to 13 different species of whales or other marine mammals. But, leave the coast, and you're instantly surrounded by the boreal forest. Hundreds of kilometres inland lie typical northern towns like Fermont and Schefferville.

Everything is larger than life here, from the hydroelectric dams to the Saguenay Fjord, to the Manicouagan crater (nicknamed the "Eye of Québec"), not forgetting the Île d'Anticosti and the monoliths of the Mingan Archipelago.

Come and enjoy the spectacular unspoiled scenery of these wide-open spaces; stay a while, and learn about the age-old culture of different Indigenous peoples. Get to know the locals; they'll be happy to share their love of this vast region with you. With just a bit of advance planning, you'll get the most out of this vast region and all that it has to offer.





Web series and podcast, "Sur la route de la Côte-Nord" (in French)

At first sight, planning a road trip in the Côte-Nord region can be a daunting task. There are so many things to see and do! Where to start? What are the must-visit destinations for time-strapped travellers?

From Tadoussac to Blanc-Sablon, through Fermont and Schefferville, the Web series and podcast "Sur la route de la Côte-Nord" is there to help you plan your route.

In the Web series' 4 episodes, Julie Bélanger, proud spokesperson for her native region, talks about all her must-see destinations.

Among her many suggestions: meet and talk to the Nord-Côtiers (North Shore residents), and be sure to stop at the visitor information centres you pass, and pick up the collectable souvenir stickers of the towns along the route.





the Côte-Nord.

The six episodes in the podcast, also entitled "Sur la Route de la Côte-Nord", take you to the region's different RCMs (regional municipalities). Whether you're still planning your Côte-Nord road trip, or are already driving along Routes 138 or 389, you can learn more about the rich history and culture of this fascinating region by getting to know the different people who have left their mark on it.





Côte-Nord: Nature, beyond measure

The *Côte-Nord* covers all of eastern Québec until the border with Labrador. Its western gateway, Tadoussac, is 220 km from Québec City and 475 km from Montreal. It can also be reached by Route 172 from Saguenay, by taking one of the many ferries leaving from Newfoundland, or from Trois-Pistoles, Rimouski or Matane on the south shore of the St. Lawrence. From Tadoussac to Kegaska, coastal towns and villages are linked by the legendary Route 138. Further east, the villages of the *Basse-Côte-Nord* (Lower North Shore) can be reached by sea in summer and by snowmobile in winter on the *Route Blanche* (White Trail). Blanc-Sablon, the last village before the Labrador border, has a small regional airport.



Some history

The Innu and Naskapi Nations are descended from the first people who occupied this region, whose origins date back nearly 9,000 years. History buffs will be thrilled to learn that the North Shore has over 1,400 archaeological sites. It is also the first Québec region to be described in the 16th century by Jacques Cartier, the famous explorer from Saint-Malo who was sent by François I to establish the colony of New France.

The sea and its creatures: the whales

As you enter the Côte-Nord, the St. Lawrence River becomes the St. Lawrence Estuary and then the Gulf of St. Lawrence. Locals refer to it as la mer (the sea). Whatever you call it, it's a powerful, mesmerizing presence that moves in time with the Atlantic tides. This body of water is inhabited by 13 species of whale and 3 seal species that swim in the food-rich waters close to shore. These fascinating creatures can be observed either on a whale-watching cruise or from land. Insider tip: the Route des Baleines (Whale Trail) leads you to the very best land-based whale-watching spots.





Where the forest ends and the taiga begins

The Manicouagan Regional County Municipality (RCM) has a whopping 54,800 km² of terrain for visitors to discover,, including such noteworthy attractions as the Manicouagan-Uapishka World Biosphere Reserve, recognized by a UNESCO designation. The reserve encompasses the town of Baie-Comeau, the surrounding villages, and the entire backcountry of boreal forest, mountains, and taiga, and is one of the largest such reserves in the world. Another unique feature is the crater – one of the biggest on the planet – left by a meteorite that fell to earth over 214 million years ago.

The northern Caniapiscau region, where the famous caribou herds live in the trackless taiga, is a favourite destination for seasoned hunters, anglers, canoeists, and snowmobilers.

Major industries and bustling cities

To this day, the immense boreal forest, fast-flowing rivers and abundant natural resources are the backbone of the North Shore's key economic activities, such as hunting, fishing, logging, mining and producing hydroelectricity. The region's economy also relies on the presence of major industries, although it is currently diversifying into areas such as tourism. Visitors can tour the imposing hydroelectric dams – a testament to Québec's engineering genius – as well as some major industrial facilities and mining sites.

The North Shore's largest cities include Forestville, Baie-Comeau, Port-Cartier, Sept-Îles, Havre-Saint-Pierre and Fermont. These urban centres strike a balance between availability of services and proximity to nature, and have something for every taste: museums, parks, historic churches, interpretation centres, industrial tours and festivals.





Islands and stone giants

People come to the Minganie region to experience the life described in the songs of legendary Québécois singer-songwriter, Gilles Vigneault. The Rivière au Bouleau that runs through the municipality of Rivière-au-Tonnerre is the gateway to a region that is characterized by vast sandy beaches, islands and peaceful villages. The Mingan Archipelago National Park Reserve attracts visitors eager to take a boat or kayak tour and gaze upon its monoliths: the mysterious limestone formations scattered among the archipelago's islands that have been eroded by wind and sea.

L'île d'Anticosti is a favourite destination for hunters because of the Virginia (or white-tailed) deer that live there. However, the island also has impressive caves, canyons and waterfalls. From Port-Menier, the main road that bisects the island leads to outfitting camps and the remarkable plant and animal life that help make this island such a magical place. Québec's largest island is also world-famous for its outstanding fossils. It is now on Canada's Tentative List for World Heritage Sites; an important step in the island's bid to be recognized as a UNESCO World Heritage Site.

Create your own adventure!

The North Shore is a magnet for people who love adventure! Expedition 51° takes them on a 1,700-km road trip on Routes 389, 500 and 501, from Baie-Comeau, through Labrador City to Blanc-Sablon. The most determined can do it in 26 hours, but others can stretch it out to several days or even weeks.

In the alpine tundra, the 1,000-m (3,281-ft) peaks in the Groulx Mountains attract experienced hikers and wildlife observers looking for an independent adventure.

The rugged coastline and groups of islands are full of secret places for eager kayakers to discoover. Pleasure boaters can drop anchor in one of many quiet coves or peaceful marinas.

In winter, the many sledding trails and routes ensure a steady stream of snowmobilers to the North Shore, as well as dogsledding, skiing and snowshoeing enthusiasts.

Innu communities

The region is home to about 15 First Nations' Innu communities and one Naskapi community. Their celebrations, festivals and *maisons de la culture* (cultural centres) provide opportunities to gain a greater understanding and appreciation of their values, traditions, proximity to nature, and nomad spirit. Many communities offer lodging so visitors can stay in the community and learn more about the Indigenous way of life.

The Basse-Côte-Nord (Lower North Shore)

The Lower North Shore's fifteen or so colourful villages that dot the coast for 475 km can only be reached aboard a supply ship. Or you can wait until winter and take a snowmobile along the *Route Blanche*. In this part of the world, the breathtaking panoramas are only matched by the warmth and distinctive character of the local communities.

The North Shore is so vast that many other discoveries await. Like the fine dining scene, which local chefs and producers are constantly refining with new products, new regional flavours, surprising taste combinations, microbrewed beers and artisanal spirits.

You're bound to experience the wonderful sensation of feeling small in such a vast, untamed wilderness. But whether you're strolling along the shore of the St. Lawrence or wandering through the boreal forest, the North Shore always makes you feel at home, and ensures you'll always want to come back.





Tadoussac Bay and the Fjord

Tadoussac recalls the era of New France with a replica of the first fur trading post and the oldest wooden chapel in North America. Located at the confluence of the St. Lawrence River and the Saguenay Fjord, this village has always been a place where different peoples can come together. Come to the gateway to the *Côte-Nord* and admire its bay – one of the most beautiful in the world – endless beaches, towering cliffs, dunes and forests.

Find Out More p. 20

Whale Watching

Meet the gentle giants of the sea on the water, either in a Zodiac – where you're closer to the waves – or on a traditional cruise boat. Choose from a two-hour or half-day trip, with dedicated captains and natural history experts who can tell you about the different species and their habits. Or, follow the Route de Baleines (Whale Route) to the best on-shore viewing spots.

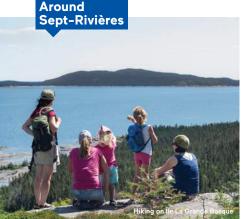
Find Out More pp. 120 to 128



Dams

Drive north from Baie-Comeau on Route 389 and you'll come to two enormous hydroelectric dams:
Manic-2 and Manic-5. These impressive structures are a testament to Québec's engineering genius.
The Daniel-Johnson dam, or Manic-5, is the largest multiple-arch buttress dam in the world. In October 2019, to mark the dam's 50th anniversary, a monument symbolizing the collective memory was unveiled.

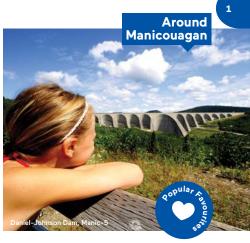
Find Out More pp. 52 and 94



Mingan Archipelago

For a few hours or a few days, slow down and live at a different pace. Gaze at the archipelago's monoliths, those mysterious limestone giants shaped by the wind and sea. Go island hopping and discover puffins and many other seabirds, minke whales and seals. There's a wealth of fascinating plant life and geological formations waiting to be discovered, as well as lighthouses and their storied past.

Find Out More p. 94



Sept-Îles Archipelago

You and your travel companions can become "islanders" and enjoy activities such as bird-watching, mushrooming and exploring the natural environment and ecosystems. On La Grande Basque Island, explore endless beaches and many trails. On La Grosse Boule Island, visit the Purmer Ocean Farm that raises mussels and scallops, grows seaweed, and offers boat trips, talks and a variety of tasting experiences.

Find Out More p. 78





L'île d'Anticosti

Québec's biggest island is a fabulous vacation spot and a paradise for hunters and salmon fishers.

Travellers come to admire its beauty and discover its many treasures: thousands of white-tailed deer and foxes, many rare plant species, beaches, fossils, caves, canyons and waterfalls. An ecomuseum and several interpretive sites tell of its seafaring past and many legendary shipwrecks.

Find Out More p. 88



Natashquan

The village of Kegaska, 50 km east of Natashquan, is where Route 138 comes to an end. This is where your *Côte-Nord* trip concludes... and where your meeting with welcoming Innu and North Shore people begins. They are happy to share their living traditions, memories and ancestral know-how with you. In Natashquan, locals will tell you about village history, the life of famed Québec poet Gilles Vigneault, as well as local legends and stories.

Find Out More p. 96



A Côte-Nord road trip

Are you ready to go on a road trip, and discover vasts areas and fabulous roads, in stages? **The end of Route 138:** 844 km from Tadoussac to Kegaska (in Natashquan, souvenir end-of-the-road bumper sticker). **The 389 to Fermont:** 567 km, starting in Baie-Comeau (end-of-the-road souvenir bumper sticker in Fermont). **Expedition 51°, along Routes 389, 500, 510 and 138:** 1,780 km from Baie-Comeau to Vieux-Fort. **Île d'Anticosti:** 266 km from Port-Menier to Cap Sandtop (in 6 hrs).

Find Out More pp. 15, 62 to 67, 88

The Lower North Shore and the MV Bella-Desgagnés

Because Route 138 ends at Kegaska, the villages of the Lower North Shore can only be accessed by the MV Bella Desgagnés that sails the route 10 months of the year. Experience life aboard a supply vessel that transports cargo and passengers and stops for a few hours in each village, with departures from Rimouski, Sept-Îles, Havre-Saint-Pierre and Natashquan: a unique travel option that combines comfort and adventure.

Find Out More pp. 128 and 135



Around Le Golfe-du-Saint-Laurent



Expedition 51°

Head north of the 51st parallel on a 1,700-km road trip that takes you all the way to Labrador and the Basse-Côte-Nord (Lower North Shore), through an unspoiled wilderness of lakes, forests and mountains. Routes 389, 500 and 501 will take you past unique Northern towns and through small Innu, francophone and anglophone communities. Stay at a hunting and fishing outfitter and gaze at the stars – perhaps even the Northern lights!

Find Out More pp.62 to 64





TAKE YOUR VACATION MEMORIES HOME

BRING BACK LOCAL ART AND CLOTHING



CAPELAN.CA



Contest CÔTE NORD

ENTRE NATURE ET DÉMESURE



PARTICIPATE

CHANCE TO WIN \$10 000 IN PRIZE



COLLECTTHE STICKERS







© Capelan Côte-Nord inc.



18 → Multi-experience Towns and Villages

- 18 Around La Haute-Côte-Nord
- 40 Around Manicouagan
- 60 Around Caniapiscau
- 68 Around Sept-Rivières
- 86 Around Minganie
- 102 Around Le Golfe-du-Saint-Laurent

108 → Vibrant Cities and Festivities

- 108 Events
- 115 Performance venues
- 116 Shopping
- 116 Indigenous tourism

118 → Route des Baleines (Whale Route)

120 → Live the St. Lawrence River

- 120 Marine protected areas
- 121 Sea excursions
- 128 Sailing
- 128 The sea seen from the air
- 129 Canoeing, kayaking,
- paddleboarding and surfing
- 132 Scuba diving
- 133 Marinas and seaports
- 134 Crossing the St. Lawrence by ferry

- 0

136 → Great Outdoors

- 136 Québec's Côte-Nord region, an outdoor lover's paradise!
- 138 Bicycle
- 139 Bicycle touring
- 139 Golfing
- 140 Recreational equipment rental
- 140 Motorcycle touring
- 141 ATVs
- 141 Quad clubs

142 → Winter Fun

- 142 Winter activities
- 142 Hockey
- 143 Downhill skiing
- 143 Cross-country skiing
- 144 Dogsledding
- 144 Snowmobiling
- 146 Snowmobile clubs

148 → Hunting and Fishing

- 148 Hunting and fishing information
- 148 Salmon rivers
- 149 Controlled zones (ZECs)
- 150 Outfitters



Travel by Experience



The Haute-Côte-Nord region is the gateway to the western North Shore. Starting at the Saguenay Fjord, it stretches more than 160 km along the shores of the St. Lawrence River and encompasses a backcountry dotted with forests, lakes and rivers, all of which flow into the mighty river. The region's tourism industry is over 100 hundred years old, and is supported by its nearly 11,000 friendly residents. Outdoor enthusiasts, nature lovers and whale watchers are sure to fall under the spell of its breathtaking scenery.



Listen to the podcast: Haute-Côte-Nord, Sur la Route de la Côte-Nord (in French)



Watch the video: Haute-Côte-Nord, Découvrez votre Côte-Nord (in French)







Tadoussac

⊕@?

Population: 786 tadoussac.com – 🚯

A member of the Most Beautiful Villages of Québec association, Tadoussac is internationally renowned as a prime whale watching location. The best way to visit this charming village is to stroll along its network of paths, admiring the scenery, heritage homes, and the occasional whale swimming close to shore. The surrounding dunes are home to over 80 species of birds and are one of the best birdwatching sites in North America. History buffs will get a thrill from the replica of the first New France fur trading post and the oldest wooden chapel in Canada.

Bicycle	p. 138
Canoeing, kayaking, paddleboarding and surfing	p.129
Crossing the St. Lawrence by ferry	p. 134
Dairy bar	p. 179
Events	p. 108
Golfing	p. 139
Marinas and seaports	p. 133
Microbreweries and distilleries	p. 173
Outfitters	p. 150
Regional products	p. 175
Relaxation	p. 203
Sailing	p. 123
Sea excursions	p. 121



is.s

Tadoussac Bay Club

197 rue des Pionniers, Tadoussac 418-235-4446 - <u>world-bays.com</u>

Located at the confluence of the Saguenay Fjord and the St. Lawrence River, today's Tadoussac Bay is a place where history and culture come together in an outstanding natural setting. A member of the Most Beautiful Bays in the World Club, this charming village has stunning scenery and unforgettable memories in store for you.

Poste de traite Chauvin | Trading post

157 rue du Bord-de-l'Eau, Tadoussac 418-235-4446 tadoussac.com - **6** Open: June to October.

Be sure to visit this replica of the first outpost in New France, built in 1600 by Pierre Chauvin de Tonnetuit. The present-day building was built in 1942 by William H. Coverdale (then-owner of the Hotel Tadoussac) to display part of his collection of Indigenous artifacts. Today, the trading post uses fun, interactive exhibitions to teach visitors about the fur trade and the first contact between Europeans and the Innu.

Petite chapelle de Tadoussac | Chapel

169 rue du Bord-de-l'Eau, Tadoussac 418-235-4324, 418-514-8438 <u>chapelletadoussac.com</u> − **① ②** Open: May 30 to October 11.

The oldest wooden church in North America, this chapel was built in 1747. Originally called "the Indians' chapel", the first mass was celebrated here by the Jesuits on June 24, 1750. Many period religious objects are on display, and there is a new multimedia exhibit on missionary life in New France. In May and June, open to groups by reservation; call 418-235-4446.



Marine Mammal Interpretation Centre - CIMM

∻ &

i⊾®s

ĭ.s

108 rue de la Cale-Sèche, Tadoussac 418-235-4701 − gremm.org − **G ©** Open: May 14 to 29: noon to 5 p.m.; May 30 to September 25: 10 a.m. to 6 p.m.; September 26 to October 23: noon to 5 p.m.

With the largest collection of whale skeletons in Canada, the Marine Mammal Interpretation Centre helps visitors learn more about these fascinating creatures. Explore their world through a sensory experience that includes sounds, games and exclusive film footage. Specialists in contact with researchers out at sea upload the latest whale news onto a giant screen. Your admission fee and gift shop purchases help support scientific whale research. Average time: 1 hour. Ad p. 35





Le Jardin de la Grève | Seashore Garden

108 rue de la Cale-Sèche. Tadoussac 418-235-4701 - gremm.org - **(f) (9)** Open: Year-round.

Located next to the Marine Mammal Interpretation Centre (CIMM), this garden contains 50,000 perennials adapted to the North Shore's marine environment, and features five life-size sculptures of beluga whales. Free activities include a whale song workshop and meetings with CIMM naturalists. You might even spot belugas and minke whales from the rocks overlooking the Saguenay Fjord. Ad p. 35



Pointe de l'Islet Trail

\$***. W**

(S) 🗺

108 rue de la Cale-Sèche, Tadoussac 1-866-235-4744

Directions: the loop trail starts at the Tadoussac pier or near the La Marée gift shop; bring a picnic to eat on the rocks. This point of land is perfect for spotting marine mammal species because the seabed rises abruptly near Tadoussac, creating a funnel for the organisms on which they prey, and making it a veritable underwater feeding ground.

Saguenay Fjord National Park Tadoussac Bay area

750 Chemin du Moulin-à-Baude, Tadoussac 418-272-1509 or 1-800-665-6527 - sepag.com - 🕶



This area is renowned for its "dunes" - actually rock formations that geologists refer to as "marine terraces". Hiking trails lead to lookouts with lovely views of the river, the village and the forest. In September and October, in collaboration with the Observatoire d'oiseaux de Tadoussac (Bird Observatory), birdwatchers can help band birds and look for raptors. For information: explosnature.ca/oot.

Tadoussac Bird Observatory (OOT)

(\$) *****.

750 Chemin du Moulin-à-Baude, Tadoussac 418-232-6249 or 1-877-637-1877 explosnature.ca/oot - 🙃

In spring, the OOT conducts its operations in Les Bergeronnes, and in the fall, it works in the dunes around Tadoussac. This area is considered the best place in Québec to observe migrating day raptors. Visitors are encouraged to take a close look at these flying adult travellers and to attend banding activities offered daily from May to early June and from early September to late October.

Domaine des Dunes -Treetop Adventure Trails

585 Chemin du Moulin-à-Baude, Tadoussac 418-235-4843 - <u>domainedesdunes.com</u> - **①** Open: Mid-June to late October.

Come and try out these thrilling treetop adventure trails, consisting of 23 cedar and rope structures suspended over a wood chip floor that's as soft as living moss. Learn fascinating details about the local wildlife and vegetation from the interpretation panels. Test your balance on the Spider Web, rappelling systems or the many rope bridges, and admire the breathtaking views. Pure pleasure for all ages, from 7 to 77! Closed in the event of rain. Ad p.35





Pourvoirie des Lacs à Jimmy – Black bear observation

62 Route 138, near Tadoussac 418-235-4814, 418-233-2266 or 1-888-868-6666 vacancesessipit.com - •

Open: Mid-June to mid-September.

Just 8 km from Tadoussac, you can see black bears in their natural habitat. Sit in an observation shelter and listen as your guide tells you about the behaviour and habits of these strong, smart and cunning creatures. Be sure to dress warmly; reservations required. Go to the reception desk of the Pourvoirie des Lacs à Jimmy outfitter.



Wildlife Observation & Nature Tours – Club chasse et pêche de Tadoussac

45 Route 138, Sacré-Cœur 418-235-4723 - <u>clubtadoussac.com</u> - **1** Open: Early July to mid-September.

On a 2.5-hour guided quad tour of the boreal forest, you can observe beaver in their natural habitat, including their lodge, logging area and dam. You will also see wild animal tracks and learn to identify them.



Les Savons de l'atelier - Handmade soaps

706 Chemin du Moulin-à-Baude, Tadoussac 418-297-8116, 418-235-4949 belzileclaude@videotron.ca - • • Open: Year-round.

®s⊀.

This artisanal workshop produces completely handmade, all-natural soaps made with Charlevoix goat's milk and vegetable oils. The blend of vitamins and minerals moisturizes and nourishes your skin. This original, exclusive range of high-quality handmade soaps will delight your senses with their natural fragrances and essential oils.

Sculptures G. Hovington

438 rue du Bateau-Passeur (Route 138), Tadoussac 418-235-4304 - <u>sculpturesghovington.com</u> Open: Tours from May 1st to October 30. Gift shop: Year-round.

Visit Gaétan Hovington's studio-boutique and discover his fascinating wood sculptures. This Tadoussac native is renowned for his authentic regional works and lifelike representations of local animals and people.





CIMM (Marine Mammal Interpretation Centre) Boutique

108 rue de la Cale-Sèche, Tadoussac 418-235-4701 - gremm.org Open: May 10 to November 1.

This gift shop is bursting with whale-related and sea-themed items: works of art, original T-shirts, local arts and crafts, stuffed animals and more, as well as the best whale identification guides in print. Gift shop profits are used to fund research on the St. Lawrence whales conducted by the Group for Research and Education on Marine Mammals (GREMM). Ad p. 35

La Malécite Boutique

This boutique features an Aboriginal-themed décor and selection that includes souvenirs, arts and crafts, sculpture and clothing, with the goal of promoting Québec culture and helping visitors discover Aboriginal art. Croisières AML cruise tickets can also be purchased here.

Boutique Nima

231 rue des Pionniers, Tadoussac 418-235-1090, 418-692-2634 or 1-888-748-4857 <u>croisieresaml.com</u> - **↑ ○ ⑤** Open: May to October.

This boutique is proud to offer original items by local artists and artisans, including clothing, jewellery, local arts and crafts, gift ideas, tableware and souvenirs. Croisières AML cruise tickets can also be purchased here





Sacré-Cœur

Population: 1,761

16 km from Tadoussac sacre-coeur.ca -

Nestled between fjord and forest on the Saguenay Fjord, Sacré-Cœur has a wide variety of year-round activities: visiting an agritourism farm and an apiary, observing black bears, cycling and quadding, horseback riding, spending the night in a tree house, snowmobiling on Trans-Québec trails 3 and 93, dog-sledding, cross-country skiing, and enjoying sugar-shack treats. L'Ansede-Roche Park has many spots for hiking, observing beluga whales from shore, and viewing sunsets over the water. The fjord can be explored by sea kayak or sailboat or while on a fishing cruise.

All-terrain vehicles (ATVs)	p. 141
Canoeing, kayaking, paddleboarding and surfing	p. 130
Dogsledding	p. 144
Events	p. 109
Marinas and seaports	p. 133
Microbreweries and distilleries	p. 173
Relaxation	p. 203
Outfitters	p. 150
Regional products	p. 175
Salmon River	p. 148
Snowmobile clubs	p. 146
Snowmobiling	p. 144
Sugar bush	p. 141
Winter activities	p. 142

Ferme 5 Étoiles Family Vacation Resort

≗≢યં∡હંદ≎©

s 📆

This family farm, located in a vast natural setting, houses many animals, including bison and wolves. Overlooking the Saguenay Fjord, the farm has many types of accommodation (rooms with or w/o kitchenette, apartments, on-site or on-shore cottages, various unusual accommodation options) and activities (sea kayaking, quadding, dog-sledding and snowmobiling). In the morning, visitors can help care for the animals. Ad p. 224



Domaine de l'ours noir –

1895 Route 172 Nord, Sacré-Cœur 418-236-4551 or 1-877-236-4551 ours-noir.net Open: May 15 to October 25.

Black bear observation

Come and observe black bears and other wildlife in their natural habitat with an experienced bilingual guide, only 10 minutes from Tadoussac. Before setting out, visitors watch a video explaining how the team reintroduces adult bears into the wild after rearing them from cubs. Bring insect repellent and appropriate clothing (long sleeves and pants). Average time: 2 hrs. Departure: at the end of the day.

Ad p. 224



Le Soleil Le Vent Ranch

Come and ride through vast stretches of open field, boreal forest with abundant wildlife, and mountains with spectacular views. The fall colours are truly glorious. Whether you're a beginner, intermediate, or expert rider, we guarantee a memorable experience suited to your riding level. Average time: 1 to 2 hours. Several packages available. Reservations recommended.

Herbamiel - Honey farm (▮) •

₹.(\$)\$

228 Chemin de l'Anse-de-Roche, Sacré-Cœur 418-236-8226 - <u>herbamiel.ca</u> - **1 3 3 3** Open: June 1 to October 10.

Located in Anse-de-Roche, Herbamiel is a honey farm that makes a wide variety of honey products. Tour the farm to discover how honey is produced and learn about its many health benefits. Also on site: a rest area, honey tasting activities and a shop selling raw honey, propolis, jam, honey soap, honey lip balm and candles. The Fête du miel (Honey Festival) is held on September 11.



Saguenay Fjord National Park Baie Sainte-Marguerite area

1121 Route 172 Nord, Sacré-Cœur 418-236-1162 or 1-800-665-6527 - <u>sepaq.com</u> - **1** Open: May 21 to October 11.

The lookout - an ideal spot for whale watching - can be reached on foot or by bike along a 3.2-km gently sloping path. The self-guided trail tells the story of the former village of Bay Mill and its sawmill. In the Beluga Discovery Centre, complete with shop and convenience store, visit the permanent exhibition to learn more about this marine mammal. Serviced and unserviced campsites, ready-to-camp units and shelters. See website for admission fees.



Baie-Sainte-Marguerite

S 74 64

1121 Route 172 Nord, Sacré-Cœur 418-236-1162 or 1-800-665-6527 - sepag.com - **G** Open: May to October.



Directions: leaving Ferme 5 Étoiles on Route 172 Nord. look for the sign for the Saguenay Fjord National Park, on the opposite side from the Sainte-Marguerite River. The bay is well-known as a great place to spot belugas!





Les Bergeronnes

(A) ?

Population: 651

23 km from Tadoussac bergeronnes.com - 1

This village is famous for whale-watching, either on the water or on land, sea kayaking, seashore discovery activities, and its campsites on the shores of the St. Lawrence. The interpretation centre is popular with archeology buffs, as it provides fascinating details of the North Shore's 9,000-year-old history. From the Bon-Désir headland, watch for birds and giant marine mammals, visit the interpretation centre and enjoy locally sourced fine dining. The village puts on an annual Book Festival (Festi-Livre) a classical music festival and the famous Blue Whale Festival (Festival de la Baleine bleue).

Canoeing, kayaking, paddleboarding and surfing	p. 130
Events	p. 108
Marinas and seaports	p. 133
Regional products	p. 175
Scuba diving	p. 132
Sea excursions	p. 122



Cap-de-Bon-Désir Interpretation is is its sand Observation Centre (Parks Canada)

13 Chemin du Cap-de-Bon-Désir, Les Bergeronnes 418-232-6751, 418-235-4703, ext. 0 or 1-888-773-8888 parkscanada.gc.ca/saguenay - ♠ ♠ ⑤ Open: Daily, June 18 to September 11; September 12 to October 9, Wednesday to Sunday, including October 10.

The Cap-de-Bon-Désir Interpretation and Observation Centre, located in a former lighthouse station, is the perfect spot to observe whales from shore you and discover the Saguenay-St. Lawrence Marine Park. You'll be amazed by the facts you learn from the naturalist-guides, who share their knowledge about the marine mammals and sea birds visible just a few metres away. Take this opportunity to reconnect with nature, and be lulled by the rhythm of the waves and the sound of whales surfacing. **Ad p. 2**



Centre Archéo Topo

÷ħ.Ψs

498 rue de la Mer, Les Bergeronnes 418-232-6286 or 1-866-839-6286 archeotopo.com - • Open: May to October.

This interpretation centre tells the 9,000-year old story of the North Shore, from the very first Indigenous people until the growth of its cities, towns and industries. The centre also features a fascinating exhibit on Québec wildlife by a world-renowned taxidermist. Other activities include guided tours, talks and workshops on making pottery and dreamcatchers. Also on site: a boutique with local arts and crafts and a bookstore specializing in books on anthropology.

Explos-Nature | Vacation camp

\$ **?** 1.

302 rue de la Rivière, Les Bergeronnes - **9** 418-232-6249 or 1-877-637-1877 - <u>explosnature.ca</u>

All-inclusive 3- or 5-day family camps for the general public, and for children with ASD and ID and their families. Enjoy activities led by professional science popularizers: guided land and water excursions, whale watching, observing marine invertebrates, an alab activity, workshops and themed events. Customized packages and stays available; reservations required. Schedule and admission: see website for details.





Essipit

Population: 285

17 km from Les Bergeronnes innu-essipit.com – 🕶 🖸

The Innu community of Essipit ("river of shells" in the Innu language) is part of the Algonquin family within the First Nations, whose North Shore roots go back 9,000 years. The community and its businesses stress the value of sharing, particularly with respect to natural resources, as taught to them by their ancestors. Accommodation options on the river shore include cottages and high-quality condos, outfitter camps and campgrounds; visitors can enjoy whalewatching and sea kayaking trips. The souvenir store is filled with traditional crafts and local products.

Food markets	p.178
Outfitters	p. 151





Essipit Reservation and Information Centre

(A) N

\$

Planning your trip is now easy and fun! This centre provides professional assistance to visitors requesting information, rates and reservations for products and services offered by Essipit and its partners. "Kuei!" (Hello!) from Essipit! Ad back cover

Innu Arts & Crafts

(\$) 🔒 🔪

46 rue de la Réserve, Essipit 418-233-2266 or 1-888-868-6666 vacancesessipit.com - ↑ ♥ ⑤ Open: Year-round.

Come browse our selection of authentic and original creations by local, Innu and visiting artisans - dream catchers, moccasins, paintings, prints, sculptures, weaving, jewellery and clothing. We also carry books of local tales and legends, traditional items made from moose antlers, bear teeth and porcupine quills, and regional specialty foods, like different kinds of jelly, jam, tea, herbal tea, and chicoutai butter. "Kuei" from Essipit!





Les Escoumins

@?ॗॗॗॗॗॗ

Population: 1,819

17 km from Les Bergeronnes escoumins.ca – •

This historic village provides opportunities for outdoor activities such as salmon fishing, whale-watching cruises and diving. Enjoy views of the river from the Sentier du Moulin, the Promenade de la Baie boardwalk, and at the Pointe de la Croix headland. This villagerelais offers a range of lodging and dining options, including fresh seafood at specialty restaurants. Ad p. 36

All-terrain vehicles (ATVs)	p. 141
Crossing the St. Lawrence by ferry	p. 135
Events	p.108
Fish markets	p. 172
Outfitters	p. 152
Quad clubs	p. 141
Scuba diving	p. 132
Sea excursions	p.123
Snowmobiling	p. 145
Snowmobile clubs	p. 146
The sea seen from the air	p. 128
ZECs (Controlled zones)	p. 149



Marine Environment Discovery Centre ಓ⊚ಽ៕デ (Parks Canada)

41 rue des Pilotes, Les Escoumins 418-233-4414, 418-235-4703, ext. 0 or 1-888-773-8888 parkscanada.gc.ca/saguenay - ♠ ◆ ໑ Open: Daily, June 18 to September 5; September 6 to October 10: Friday to Sunday and October 11.

Come to the Marine Environment Discovery Centre and explore the Saguenay-St. Lawrence Marine Park and its abundant marine life, from starfish to the largest marine mammals. Listen to experienced naturalist guides as you admire whales, seals and marine birds from the shore and take a deep dive into the fascinating underwater world of the St. Lawrence River. Also available on site: discovery and interpretive activities, exhibition, Nordic snorkelling, scuba diving. Ad p. 2







Longue-Rive

⊕₹?

Population: 968

26 km from Les Escoumins longuerive.ca -

Enjoy some village history by viewing the remains of a 19th-century sawmill and a suspension bridge over the Rivière du Sault au Mouton falls. Visitors can start at the village church and head down the footpath to the shore and the salt marshes, home to numerous bird species. Kitesurf lovers, head east past the interpretation centre to Pointe à Boisvert beach, which offers services such as toilets and hot-water showers for club members and kitesurfers.

Outfitters	p. 152
Snowmobile clubs	p. 146
ZECs (Controlled zones)	p. 149



Centre d'interprétation des marais salés | Interpretation centre

?k\$\.

741 Route 138, Longue-Rive - 418-231-1077 longuerive.ca/tourisme/activites-attraits - Open: June 22 to September 9.

The 249-hectare Longue-Rive salt marshes are recognized as one of the best birdwatching sites on the St. Lawrence north shore. The interpretation centre itself and its raised decks are the perfect spot for observing the many different bird species that come to the marshes. Interpretive panels and a short film explore the mysteries of these extensive wetlands.



Aquaculture L'indigène, Étang de pêche Longue-Rive | Pond fishing

520 Route 138, Longue-Rive - 418-587-3958 aguaculturelindigene@hotmail.com -

Come and fish (or learn how) at the Longue-Rive fish pond - a fun family activity. On site: equipment rental, ice and fish bags for sale. Stop by our small store for local products and smoked fish. Reservations required.



(S) **_ (E)



Portneuf-sur-Mer

-sui-l-ici

(A)

Population: 594

20 km from Longue-Rive portneuf-sur-mer.ca - **€ € © ©**

Several roads lead to this coastal village. A road near the Esso station on Route 138 leads to Rue Principale, with the bustling Crabiers du nord fish market on the left. On the right are several B&Bs (La Marée, La Maison Fleurie, La Nichée) and a small church. Enjoy the parks and green spaces, tennis and basketball courts. The village holds a number of special events throughout the year: the Plaisirs d'hiver winter carnival, the Illuminated Village, a Christmas tree lighting ceremony, and the famous Sentier de Noël (Christmas trail).

Canoeing, kayaking, paddleboarding and surfing	p. 130
Events	p. 108
Outfitters	p. 153
Quad clubs	p. 141
Snowmobile clubs	p. 146



Pointe des Fortin and banc de Portneuf | Point of land and sandbar

The Pointe des Fortin beach, located at the end of the campground, is where the capelin (a small local fish) come to roll in May. A set of stairs lead to a bird observatory – perfect for taking pictures – where 4 ready-to-camp yurts are located. The Portneuf Sandbar is a natural hiking trail that stretches for several kilometres and has been designated an Important Bird Area (IBA) by BirdLife International and classified a high-value ecosystem. A paradise for bird lovers!

Innergex énergie renouvelable | Canoe trip down the river

Rivière Portneuf, Portneuf-sur-Mer 581-323-1050 or 1-877-837-6565 innergex.com/kayak-site/portneuf/ Open: June 24 to September 15.

Try a canoe-camping adventure on the Portneuf River, complete with shuttle service and on-site canoe rental (although you may also use your own). Outdoor lovers can paddle up to 70 km upstream on one of Québec's most beautiful rivers and be amazed by the area's abundant plant and animal life. Come and experience true adventure!





Forestville

Population: 2,884

14 km from Portneuf-sur-Mer forestville.ca − **G S**

Fall in love with a fine sand beach that stretches for several kilometres along the St. Lawrence in Baie-Verte, an area that charmed Hollywood visitors during the shooting of The Truth About the Harry Quebert Affair. The town welcomes visitors with a scenic boardwalk, campground and activities such as golfing, fishing, and hiking, or going on a ferry ride to Rimouski on the south shore aboard the CNM Évolution . The backcountry has a wide selection of controlled zones (known by the French acronym ZEC), as well as hunting and fishing camps. Ad below

Events	p. 108
Golfing	p. 139
Outfitters	p. 153
Regional products	p. 175
Snowmobile clubs	p. 146
7FCs (Controlled zones)	n 149







La Petite anglicane Museum

2 hydroelectric dams.

®**₹.**

Colombier

(A)

2 - 2nd Rue, Forestville 418-587-6148, 418-587-4160 - forestville.ca - 60 Open: May 25 to October 3.

The museum features an exhibit on the history of

Labrieville and the construction of the Bersimis 1 and

municipalites-du-quebec.ca/colombier The easternmost town in the Haute-

Population: 684

27 km from Forestville

Côte-Nord (Upper North Shore), Colombier is well-known for its peatlands and beautiful. diverse natural surroundings. Explore the 2-km hiking trail and Anse à Norbert Beach. Nearby, the Hickey Marsh lookout will delight birdwatchers, while genealogy enthusiasts are sure to love the old church cemetery and memorial monument. Stop by the village to enjoy the warm welcome of its residents,

sweets made at Confiserie Boreale : fresh vegetables from Serre de Colo greenhouses.	
Fruit and vegetables for sale	p. 177
Regional products	p. 175

Route 138. Colombier 418-565-3343 - colombierhcn.com - **6**

Open: June to August.

Chapelle des Îlets-Jérémie | Chapel



The chapel at Îlets-Jérémie, on the shores of the St. Lawrence, is a pilgrimage site dedicated to St. Anne. Rebuilt in 1939 and modelled after the Petite chapelle in Tadoussac, it has the original altar and cross dating back to the late 18th century. From July 17 to 26, St. Anne pilgrims celebrate the novena. During this period, Abbot Antonio Laflamme and his team of volunteers lead prayers on site.



















Les Escoumins

Our area is renowned for the legendary warmth of its people. Each year, numerous visitors come to discover the exceptional beauty of our natural heritage. Adventure seekers can go sea kayaking, take part in an excursion to observe marine mammals in their natural habitat or go scuba diving to explore the sea floor. Les Escoumins is a true fishing paradise and has everything you need to relax, including quality lodging, gourmet restaurants and a boardwalk along the river so you can enjoy the awe-inspiring scenery to the fullest.











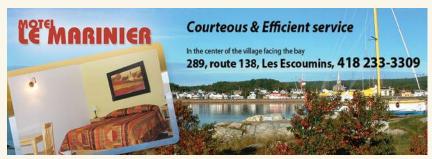


A delight for the senses!

2 rue Sirois, Les Escoumins QC, G0T 1K0 | administration.muni@escoumins.ca Information | 418-233-2663 (in season) | 418-233-2766 (off-season)

www.escoumins.ca









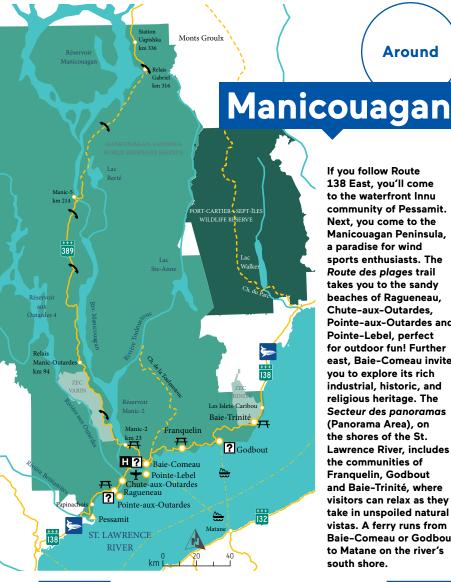
© S. St-Jean tourismecote-nord.com 37











If you follow Route 138 East, you'll come to the waterfront Innu community of Pessamit. Next, you come to the Manicouagan Peninsula, a paradise for wind sports enthusiasts. The Route des plages trail takes you to the sandy beaches of Raqueneau. Chute-aux-Outardes. Pointe-aux-Outardes and Pointe-Lebel, perfect for outdoor fun! Further east, Baie-Comeau invites you to explore its rich industrial, historic, and religious heritage. The Secteur des panoramas (Panorama Area), on the shores of the St. Lawrence River, includes the communities of Franquelin, Godbout and Baie-Trinité, where visitors can relax as they take in unspoiled natural vistas. A ferry runs from Baie-Comeau or Godbout to Matane on the river's



Listen to the podcast: Manicouagan, Sur la Route de la Côte-Nord (in French)



Watch the video: Manicouagan et Caniapiscau, Découvrez votre Côte-Nord (in French)





MICROROASTER & NEIGHBORHOOD RESTAURANT

Several varieties of locally roasted coffee, fresh meals and take-out counter. Accessories and machines for sale on site.

It all starts with a coffee.

MANOIRDUCAFE.COM



Organized by sector, from west to east.



Pessamit

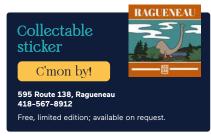
Population: 2,407

46 km from Colombier - pessamit.ca - 🚯

The Innu community of Pessamit, whose name means "where the lampreys are", is located 50 km southwest of Baie-Comeau. The community, which speaks Innu-aimun, is currently working on a project to record Innu legends, to pass them on to future generations. Pictogrammes







Ragueneau

⊕№?

Population: 1,328

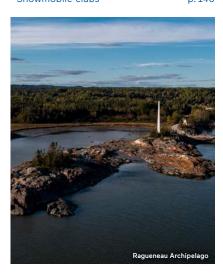
46 km from Colombier municipalite.ragueneau.gc.ca – **f**

municipalite.ragueneau.qc.ca - 💔
Gateway to the Manicouagan Peninsula,

Gateway to the Manicouagan Peninsula, this village offers numerous lookout points and family-friendly activities and services, such as: hiking trails, a mountain bike trail, birdwatching, rest areas along the river, tent platforms and camping with an outstanding view of the huge Outardes-2 reservoir. The trails along the Rivière aux Rosiers are designed for use by families and sports enthusiasts. Starting from the Ragueneau pier, visitors have access to a playground, a hiking trail with lookout, an archipelago inhabited by seabirds and harbour seals, not to mention the two impressive, life-size dinosaurs!

Snowmobile clubs

p. 146



lles de Ragueneau Archipelago

®#**₩¥**....

Information: 595 Route 138, Ragueneau 418-567-8912 - municipalite.ragueneau.qc.ca - 6



This small archipelago made up of four islands and a dozen reefs is located at the western edge of the village within view of the pier. Several thousand birds and sea ducks nest on the islands, along with hundreds of harbour seals and grev seals. The pier. which is under the watchful eye of a mother dinosaur and her baby, is a lookout point, a place to relax, a RV stopover and a camp site.

Fascine Trail

##PS W

Information: 595 Route 138, Ragueneau 418-567-8912 - municipalite.ragueneau.gc.ca - 6

This trail's magnificent views give visitors an opportunity to experience the tranquility of nature and the ocean's ever-changing rhythms. Beginning at the Ragueneau pier, it extends along the archipelago: a nesting area where many different seabird species arrive each year. From the lookout point you can also watch seals in their haul-outs. The site has shelters. picnic tables, benches and a children's playground.

Rivière aux Rosiers Trail

₽**†**®®

Information: 595 Route 138, Ragueneau 418-567-8912 - municipalite.ragueneau.gc.ca - 6 Open: Year-round.



Come and experience one of the best-loved trails in the entire region! Its short and long hikes offer challenge and enjoyment for beginners and experts alike, and to solo strollers as well as families. Discover the river's many waterfalls, natural lookouts, and the abundant plant and animal life in the surrounding forest. The parking lot is located under the Hydro-Québec power lines, off Chemin d'Auteuil, 4 km from Route 138.





Chute-aux-Outardes

Population: 1,405

8 km from Ragueneau municipalitecao.ca - 1

This town in the Manicouagan Peninsula has a wide range of services, including accommodation, restaurants, a fish market, a pharmacy and a community health centre. Tourist attractions include parks and playgrounds, a golf course, hiking trails with great views of the Rivière aux Outardes, and a rustic trail that takes visitors by the former Outardes-1 hydroelectric power station. The lumber town was founded in 1926 during the forestry boom and the construction of the region's first generating station.

Events	p. 108
Golfing	p. 139



43 © C. St-Jean, Bikeshow tourismecote-nord.com



Pointe-aux-**Outardes**

Population: 1.289

7 km from Chute-aux-Outardes pointe-aux-outardes.ca - 6

Renowned for its rural lifestyle and history, the village and its peninsula, with over 30 km of beaches and sandy flats, welcomes you for your next nature getaway. Cycling enthusiasts, come and discover the brand-new bike path that winds through the countryside to Pointe-Lebel. Other amenities include: a B&B, an outdoor centre, kayaking, camping, clay baths, shopping, and local specialty products. The covered bridge, one of the oldest in Québec, is the only one on the North Shore.

Events p. 108



Manicouagan Sea Minerals

eau mer.

35 Chemin Principal, Pointe-aux-Outardes 418-567-9620 - manicouaganseaminerals.com - 🕡 Open: Year-round, weekdays only.

AEM Lab Inc. harvests Manicouagan sea clay and uses it as the basis for a range of health and beauty products for animals and humans. Tour their facilities, learn how clay products are made and about the region's geological history. In summer 2022, you can take a free, self-directed mud bath on Baie-Saint-Ludger beach (showers and toilets are currently not available). Our products can be purchased at our factory, 35 Chemin

Principal. Manicouagan Sea Minerals was formerly Argile



Parc Nature de Pointe-aux-Outardes | Nature park

#RS L SA

(\$)*****.

4 rue Labrie, Pointe-aux-Outardes 418-567-4227 - parcnature.com - 🙌 😉 Open: June 5 to October 11.



Come to a protected and biodiverse natural area that covers nine different ecosystems. Recharge your batteries as you reconnect with nature through authentic activities. like going on a guided tour on local edible berries and medicinal plants. Nighttime is also a source of wonder in the park: gaze at the stars with a seasoned astronomer and spend the night in unusual accommodation. See website for details. Ad p. 56



Vivre comme un oiseau | Live like a bird \$₺₺

Parc Nature - 4 rue Labrie, Pointe-aux-Outardes 418-567-4227 - parcnature.com - 🕶 😉 Open: June 5 to October 11.

Did you know that the Parc Nature is considered one of the top five birding sites in Québec? During migration season, over 255 species have been observed, so your binoculars are sure to get quite a workout! Take in the enchantment of the Jardin d'oiseaux (Bird Garden), where 300 permaculture plant species are housed in an original setting made from recycled materials. Why not try our unusual accommodation option and spend the night in a giant Bird's Nest?



Parc Nature | Nature Walk

#\$*. * \$#

Parc Nature - 4 rue Labrie, Pointe-aux-Outardes 418-567-4227 - parcnature.com - 🕶 😉 Open: June 5 to October 11.

Trail loops of between 1 and 5 km bring visitors to 9 different ecosystems with dunes, beaches and tidal flats, boreal and red pine forests, alder, peat bogs, and the fourth largest salt marsh in Québec. Visitors can also observe many animal species, including seals, geese and wild ducks, partridge (grouse), hare, groundhogs (marmots) and foxes. The trails include a number of rest areas with interpretive panels.





Parcours expérience Alice | Alice-in Wonderland interactive activity

Parc Nature - 4 rue Labrie, Pointe-aux-Outardes 418-567-4227 - parcnature.com - 🕶 Open: June 15 to October 1.

Help Alice regain her memory by taking part in this fun, interactive activity filled with fascinating facts about the region and the history of Pointe-aux-Outardes. Advance in the game as you answer riddles, meet historical figures and walk along the 2.5-km long outdoor trail. The activity includes over 20 riddles for all ages, 10 discovery stations, where you'll learn more about the wonderful world of Parc Nature, and the famous Magic Labyrinth.





Explore the sand flats

s 📆

Parc Nature − 4 rue Labrie, Pointe-aux-Outardes 418-567-4227 − parcnature.com − 🕶 Open: June 20 to August 20, at low tide.

At low tide, accompanied by a naturalist-guide, go in search of the small life forms, animals and plants that inhabit the region's sandy flats. Discover how the Manicouagan Peninsula was formed and why the sand on our beaches is red and black. Be sure to dress appropriately (depending on the season) and bring water shoes or boots, as this fascinating discovery tour involves wading in the river. (French only)



La tête dans les étoiles | Stargazing activity

\$<u>1. \$</u>1

s¥.

Parc Nature - 4 rue Labrie, Pointe-aux-Outardes 418-567-4227 - <u>parcnature.com</u> - **1 3** Open: July 1 to August 15.

Have you always dreamed of looking up ... way up? Here, when night comes, the universe and all its stars and planets are waiting for you. Using an 18-inch (45-cm) telescope and guided by an experienced astronomer, you can turn your eyes to the Milky Way and make breathtaking discoveries that are sure to change the way you see your place in the world. Average time: 2 hrs.



46

Ferécho Creations

132 rue de Baie-Saint-Ludger, Pointe-aux-Outardes 418-567-9843 or 418-297-6622

mariusblais@msn.com - 🚯

Open: Year-round.

Marius Blais gives a second life to repurposed scrap metal and other unwanted objects by turning them into original and unique depictions of North Shore animals and local culture. The one-of-a-kind pieces cause us to reflect, as this artist believes that art should always promote environmental awareness. In a small but important way, acquiring a Ferécho piece creates an echo that promotes awareness and helps preserve the planet for future generations.





Pointe-Lebel

Population: 1,868

19 km from Chute-aux-Outardes pointe-lebel.com – **?**

This vacation spot at the junction of the St. Lawrence and Manicouagan rivers features a long sandy point where the tides sculpt immense sandbars. The 30-km-long beaches of fine, white sand are a perfect playground for families, ideal for long, peaceful walks on the beach and a paradise for wind sports enthusiasts, outdoor lovers and birdwatchers. Visitors can also take the bike path that goes to Pointe-aux-Outardes. You can explore the area by bike or sea kayak, or just relax and enjoy the sights and sounds of nature.

Fruit and vegetables for sale

p. 177





Baie-Comeau

(A) ?] (A)

Population: 20,823

20 km from Chute-aux-Outardes ville.baie-comeau.gc.ca - 🕶 🖸

Located in the heart of the Manicouagan-Uapishka World Biosphere Reserve, Baie-Comeau is a bustling industrial town with spectacular views of the river and stunning natural surroundings that are accessible year-round. Take Route 389 from the town to the Jean-Lesage generating station and Daniel-Johnson dam (aka Manic-2 and Manic-5), the enormous hydroelectric structures that are a testament to Québec's engineering genius. The town itself has a vibrant cultural scene and sports community. The Symposium de peinture, a painting event that's well-known in Québec and Canada, kicks off a varied summer events season.

Bicycle	p.138
Canoeing, kayaking, paddleboarding and surfing	p. 130
Crossing the St. Lawrence by ferry	p. 135
Cyclotourisme	p. 139
Events	p. 108
Fish markets	p. 172

Food markets	p. 178
Golfing	p. 140
Hockey	p. 142
Marinas and seaports	p. 133
Microbreweries and distilleries	p. 173
Outfitters	p. 153
Performance venues	p. 115
Quad clubs	p. 141
Regional products	p. 176
Relaxation	p. 203
Sea excursions	p. 124
Shopping	p. 116
Skiing, downhill	p. 143
Snowmobile clubs	p. 146
Snowmobiling	p. 145
Speciality food shops and delis	p. 177





Attitude Nordique Plein Air | Water sports

41 Place La Salle, Baie-Comeau 418-445-6673 - <u>attitudenordigue.com</u> - 😝 😉



Discover the unspoiled nature of the Côte-Nord and fall in love with the surrounding landscape. With the help of an experienced professional guide, try your hand at different land or water sports: sea kayaking, hiking, via ferrata, zip lining, paddle boarding, snorkeling, rock climbing and fishing. For a truly unforgettable experience, ask us to create a customized package for you, your family or friends.





Lac Malfait Camping | Campground, beach and marina

1 Chemin de la Base de plein air, Baie-Comeau 418-297-0789, 418-297-6238 associationlacmalfait@hotmail.com - 🚯 Open: Daily, June 15 to September 3.

This family-friendly vacation resort has a wide variety of services and activities: serviced and unserviced campsites, many different kinds of water sports, a beach, a boat launch, and a marina.

Réserve naturelle du Boisé-dela-Pointe-Saint-Gilles | Nature reserve

£ 4¢ (2)

Entrance on rue Laval, Baie-Comeau 418-296-0262 - boisestgilles.ca - 🚯 Open: Year-round.

This 175-hectare woodland includes urban, forest. marine, and lake ecosystems that are home to a wide range of wildlife, including harbour seals and Barrow's goldeneyes. The trails take you to century-old trees, wood sculptures, rest areas and interpretation panels. Some trails lead to Champlain Beach. The Étang des Mandres pond, rose garden, and three rest areas (Bec et plumes, Des Coquillages and De la Pointe-Saint-Gilles) offer the best views.

Guided Tour of Baie-Comeau

20 Ave Cartier, Baie-Comeau 418-296-8178 or 1-888-589-6497 tourismebaiecomeau.com/tour - 🚹 🖸 📵



Go on a guided tour of the city and listen as an experienced guide tells you about its history. In 1937, Colonel Robert McCormick founded a city around his paper mill, Québec North Shore Paper, that produced the newsprint for the Chicago Tribune, of which he was the Editor-in-Chief. The Colonel was a remarkable. inspiring man who left the city a great legacy.



tourismecote-nord.com 49

Église Sainte-Amélie | Church

36 Ave Marquette, Baie-Comeau 418-296-5528, 418-297-2077 eglisesteamelie.com • • Open: June to September.

Located in the heart of Baie-Comeau's heritage district, the accredited museum known as the Église Sainte-Amélie (St-Amélie's Church) is a historic building in the Dom Bellot style featuring frescoes and stained-glass windows by renowned, Italian-born artist Guido Nincheri, known as "the Michelangelo of Montreal". The church's exterior of pink granite (mined locally) is eye-catching, but the interior is actually its most striking feature. Ad p. 58



St. Andrew and St. George's Anglican Church

34 Ave Carleton, Baie-Comeau 418-296-2833, 418-295-3431 baladodecouverte.com/circuits/702/poi/7615/eglisestandrew-et-st-george Open: July 4 to August 12.

Tucked away on Avenue Carleton, across from Parc des Pionniers, this Anglican church was the first church in the Baie-Comeau area. Built in 1937 in the Tudor style, it has imposing oak trim and lovely stained-glass windows. The main window, created by Clara Fargo Thomas, is unique in its depiction of native North Shore forest animals. Average time: 30 minutes.

L'Alternative | Exhibition space

is.s

®¥.

27 Place La Salle, Baie-Comeau 418-296-8300 - **(†)** ville.baie-comeau.qc.ca/culture/lalternative Open: Year-round.

Located in Place La Salle, l'Alternative is a municipal building that houses a professional exhibition space. Each year, the city pursues its cultural mission by hosting a number of travelling exhibitions by both local and Québec artists. The city hopes the building's high-quality facilities will help the next generation of budding creators become professional artists who are recognized in their field.



Galerie d'art Claude Bonneau | Art Gallery

13 Place La Salle, Baie-Comeau 418-297-0627 - **(f**) Open: Year-round.

This spacious art gallery does double duty as a museum and the space where painters Claude Bonneau and Elsa Boisjoly create and display their work. Their warm, vivid paintings of still lifes, musicians, elegant dancers, and North Shore scenes are displayed alongside historic artifacts. Come and discover the colourful world of these renowned painters

Manufacture de savon Borale | Soap factory \$

4 Place La Salle, Baie-Comeau 418-298-1888 - <u>borale.ca</u> - **1 3** Open: Year-round.

Learn about the steps involving in making and processing Borale's special "extra-pure" soap. The open laboratory enables visitors to appreciate the dedication and skill of these craftspeople, who carry on the French soap-making tradition using essential oils sourced from the boreal forest. This all-natural,100-percent biodegradable, premium quality product is suitable for all skin types.

Société historique de la Côte-Nord | Historical society

2 Place La Salle, Baie-Comeau 418-296-8228 - <u>shcote-nord.org</u> - **6** Open: June 30 to September 4.

On your next visit to Baie-Comeau, stop in at the local historical society and learn about North Shore heritage, regional history and genealogy by touring the exhibition, open from June 30 to September 4. For details, visit the website (in French only) or go to the Facebook page. Exhibition: Daily. Average time: 30 minutes.

Exposition L'Art est un Miroir I Art exhibition

Pavillon Mance, 41 Ave Mance, Baie-Comeau 418-296-8302 - <u>legrandrappel.org</u> - **(7)** Open: Year-round, daily except Sundays,

Explore the history of Canadian painting in a fabulous, one-of-a-kind permanent exhibition entitled L'Art est un Miroir. The exhibition includes 80 paintings by multidisciplinary artist Jérémie Giles that were inspired by male and female artists from the past who have influenced the history of Canadian painting. Each painting is accompanied by a portrait and a bilingual biography of the subject.



Magasin de réemploi | Reuse Store Phase 2

800 rue Leonard-E.-Schlemm, Baie-Comeau 418-589-4557, ext. 232 and 225 regiemanicouagan.gc.ca - 🔞 💟

Open: Year-round, daily except Sundays and Mondays.

Care about the environment? Looking for unique creations that are sustainable and affordable? Our re-use store is unique in Québec. Come and shop for practical and aesthetic zero-waste products that are designed and made in our workshop by local artisans using recycled materials.

Le Marché aux trésors | Souvenir store

625 Blvd Laflèche, suite 203, Baie-Comeau 418-589-5378 - <u>lemarcheauxtresors.com</u> - **@** Open: Year-round.



Stop by our store to find many local North Shore products and souvenirs made by Manicouagan artisans. We also sell a large range of health and beauty products.

Baie-Comeau, D'aventure et de culture | Show

₹(\$)

₹(\$)

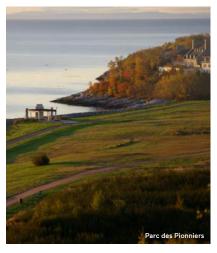
is. ®s

≘(\$)

Centre des arts de Baie-Comeau 1660 rue de Bretagne, Baie-Comeau 1-866-525-2499 - bcaventureetculture.com -Open: July 15 to 30, Wednesday to Saturday.

This spectacular multimedia show uses archives, firstperson accounts and outstanding musical numbers to take you deep into Baie-Comeau history and bring the town's greatest moments of the past few decades to life. Don't miss this exciting cultural and creative experience!





Archéo-Mamu Côte-Nord | Archaeological Service

3 Ave Denonville, Baie-Comeau 514-949-0083 - <u>archeo-mamu.com</u> - **1** Open: Year-round, daily except Sundays.

Come and learn about the Côte-Nord's archaeological past. With traces of 9,000 years of human occupation, there's much to discover! Contact us to find out more about our summer 2022 activities.

Cadelli

ş∰®

361 rue Puyjalon, Baie-Comeau 418-297-9576 - <u>cadelli.ca</u> - **♀ ⑤** Open: Monday to Friday: 10 a.m. to 5 p.m.

Our small company is dedicated to developing natural cosmetics that respect the environment and the well-being of people who live there. Raising 4 children while growing a business means remembering to smile on a daily basis, and being true to our value of keeping it real. It's also a great way to create a relationship with our customers, who are as familiar with our products as they are with the adventures of our growing family and family-run business.

Jean-Lesage Generating Station (Manic-2)

k@**\$**⊀.

Km 20, Route 389 Nord - **G ⑤** 1-866-LAMANIC - <u>hydroquebec.com/visitez</u> Open: June 28 to August 13.

Just a few minutes' drive from Baie-Comeau is a truly impressive generating station, where you can step inside one of the world's largest gravity dams and see what makes it tick. At the Jean-Lesage generating station, you'll see a 400-ton rotor spinning over your head and feel the immense power of the eight generating units in action. The Georges Dor building also features an exhibition on the technology that revolutionized electricity transmission: the 735-kilovolt power line. Average time: 90 min. Reservations required; spots are limited. Ad:

detachable map

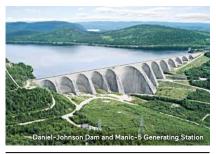


Daniel-Johnson Dam and Manic-5 Generating Station

k≈®\$‰

Km 214, Route 389 Nord - ♠ ❷ 1-866-LAMANIC - <u>hydroquebec.com/visitez</u> Open: June 28 to August 13.

Be amazed by the world's largest multiple-arch-and-buttress dam, just two and a half hours from Baie-Comeau. A true monument to Québec engineering, Daniel-Johnson dam is renowned for its unique design. Whether at the foot of the dam, on its crest, or inside, you're sure to be thrilled by what you see and learn. On your tour of this majestic dam, you'll also get to marvel at the vast reservoir and the endless forest. Be sure to check out the fascinating exhibition on the dam's construction in the 1960s, when the Manic-5 jobsite was in full swing. Average time: 2 hrs. Reservations required; spots are limited. **Ad: detachable map**



Expo Route 389 | Exhibition

₹(\$)

Km 211, Route 389 418-589-9293 or 1-800-760-2301 motelenergie.manic5@hotmail.com

The legendary Route 389, the only Québec highway that goes north of the 51st parallel, is a must-visit for nature lovers and adventure buffs. The exhibition on the dining room walls at Motel de l'Énergie in Manic-5 shows all the wonders that await you on Route 389, all the way to the town of Fermont.



\$ \$ 1 to

Station Uapishka

拿水土收益长注愈

Km 336, Route 389

418-296-8514-or 1-833-296-8514 stationuapishka.com - 🔞 🕝 Open: January to October.

This northern eco-lodge on the edge of the Monts Groulx mountains and the Manicouagan Reservoir offers accommodation, a restaurant and outdoor. activities to adventure buffs and anyone interested in an unforgettable experience. Popular summer activities include hiking and kayak and rabaska trips. In winter, the mountains are covered in a powdery white blanket – a paradise for backcountry skiers and hikers. Some equipment can be rented on-site. Reservations required. Member of Tourisme Autochtone Ouébec.



Aventure Uapishka

Km 365, Route 389, Camp Lagopède aventureuapishka.com - 🙃 Open: Year-round.

The starting point for hikes in the Mont Groulx mountains and learning about woodland life. Professional adventure guide Guy Boudreau lives at the foot of these distinctively northern mountains. He provides visitors with a variety of services: shuttle between the two trailheads and rustic accommodation for self-guided hikers: dormitory accommodation and prospector tent at base camp; in the mountains, tent rental with wood stove in winter. He organizes different adventure trips, such as crossing the mountain range.

Monts Groulx | Mountains

Km 335 and km 365. Route 389 581-444-1924, 418-409-6989 amisdesmontsgroulx.com - 6

From Route 389, the trail runs through thick spruce forest that gives way to taiga as you climb. From the summit, view the Manicouagan crater, a gigantic scar formed some 214 million years ago. The Monts Groulx mountains (Uapishka, in Innu) include some 30 peaks of over 3.300 ft (1.000 m). Every year, the Monts Groulx not-for-profit organizes two volunteer cleanup operations (the Grande Corvée and Corvée Glaciale) to maintain and promote the mountain range; bring you own tent.

核益蕊 Monts Groulx Aventure | Hiking trips

Km 211, Route 389, Manic-5 418-297-6703 - mereveil.com Open: June to September.

When viewed from a self-guided hike in the Mont Groulx mountains, the alpine scenery and geology of the 51st parallel are sure to impress. Maps and satellite phones can be rented on-site. Guided mountain hikes and kavak excursions are offered to groups of 8 or more. Reservations required. The hiking trailhead is located 90 minutes by car from the starting point. Wear sturdy shoes and dress appropriately.

Franquelin

Population: 285

4.34

31 km from Baie-Comeau municipalitefranguelin.ca - 🚯

This former lumber town - named in honour of Jean-Baptiste-Louis Franquelin, hydrographer to Louis XIV has reconstructed an authentic old-time lumber town, now its main attraction. It's surrounded by mountains, forests and the river where whales can often be spotted. On-site amenities include accommodation, a restaurant, and a convenience store.



53 © © RMBMU, BOKEH35 tourismecote-nord.com

Village forestier d'Antan de Franquelin | Old-fashioned lumber town

16 rue des Érables, Franquelin - 418-296-3203 villageforestierdantanfranquelin.com - **G**

Open: End of June to mid-September.

Set in a charming coastal setting, this heritage site showcases the history of the brave Côte-Nord lumberjacks and pioneers. Learn about their living and working conditions as you tour typical log cabins filled with original artifacts. Book your Lumberjack experience that includes: a guided tour, ready-to-camp accommodations, fishing and fly-fishing lessons, guided hikes, planting a herb garden, speakers and storytellers, and parking for the Sentier de la Croix.



Expérience du bûcheron | Lumberjack experience

16 rue des Érables, Franquelin - 418-296-3203 <u>villageforestierdantanfranquelin.com</u> - **9 a** Open: June 18 to September 11.

Set in a charming coastal setting, this historic heritage site showcases the history of the brave Côte-Nord lumberjacks and pioneers. Learn about their living and working conditions as you tour typical log cabins filled with original artifacts. Explore this spectacular natural region by booking an activity that includes: planting a herb garden, guided hikes, fishing and fly-fishing lessons, talks on nature and heritage, and evening storytelling. Sleep like a log in a ready-to-camp prospector tent. Don't miss taking a guided tour of the site, a source of local pride.





(A) (7) (2)

Godbout

Population: 256

27 km from Franquelin municipalites-du-quebec.ca/godbout

Godbout Bay is recognized as one of the 12 best onshore sites around for watching whales, seals, and seabirds. The village boasts beaches, a fishing wharf with boat launch, a museum, scenic viewpoints with services and a salmon ladder on the Rivière Godbout that runs through the village. Salmon fishing is now permitted on the river, and a ferry service links Godbout and Matane. For more information, head to the Visitor Information Centre located in the centre of town, at 144 rue Pascal-Comeau.

Snowmobile clubs	p. 146
ZECs (Controlled zones)	p. 149

Centre d'interprétation des oiseaux # de proie | Bird of prey interpretation centre

226 rue Pascal-Comeau, Godbout 418-568-7715 - <u>ciopgodbout.com</u> - **ਿ ©** Open: June 18 to October 10.

Our centre's viewing aviaries are the ideal way to observe more than a dozen different species. The birds have injuries that prevent them from surviving in the wild so they can't be released. Check out the panels with interesting facts on the birds' biology, hunting techniques, and the importance of protecting their habitat. Location: 1 km from the ferry.

Musée amérindien et inuit | Indigenous Museum

134 Chemin Pascal-Comeau, Godbout 418-568-7306, 418-545-7447 Open: June to October.

The museum's private collection consists of many fascinating Amerindian and Inuit works of art. In the former village post office, see how an old-fashioned bread oven works. If you're lucky, you can taste delicious freshly made bread! Get inspired by watching potters and painters at work in their studios. Admission by voluntary donation.



Baie-Trinité

Population: 393

Relive the history of the St. Lawrence lighthouse keepers at the Pointe-des-Monts Lighthouse, where nearby beaches and other river access points are the perfect spots for observing whales and finding shipwreck sites. The ZEC Trinité offers great Atlantic salmon and sea trout fishing as well as forest hunting. Village restaurants serve a variety of meals, while hotel, B&B, cottage, and campground accommodations lull visitors to sleep with the sound of the waves.

Snowmobile clubs	p. 146
ZECs (Controlled zones)	p. 149

Phare de Pointe-des-Monts | Lighthouse

∻¥.≜

1830 Chemin du Vieux-Phare, Baie-Trinité 418-939-2400, 418-939-2454 <u>pharedepointedesmonts.com</u> Open: June 15 to Labour Day.

An 11.5-km road off Route 138 leads to this towering lighthouse, classified a historic monument. Built in 1830, it has seven floors featuring various maritime themes – lighthouse keepers, navigation and shipwrecks – that are explained by an audio guide. The exhibit also includes a short film on the lives of so-called "lightkeepers". From the balcony, enjoy views of the St. Lawrence and possibly whales. The former lighthouse keeper's house is now a charming B&B.

Annie Durette Gallery

1937 Chemin du Vieux-Phare (Pointe-des-Monts), Baie-Trinité 450-753-9415 - <u>anniedurette.ca</u> - **6 3** Open: June to September.

In the reception area of the Gîte de Pointe-des-Monts, a charming B&B overlooking the sea, you can admire painter Annie Durette's original artwork. Just 13 km from Route 138, the spot is also ideal for taking a walk along the shores of the St. Lawrence. Viewing hours: daily, from 4 to 7 p.m.



PARC NATURE — PURE —

A STAY AT THE PARC NATURE MEANS
A sense of Wonder – Wellness – a Warm welcome

Parc Nature's purity of the air matches the purity of the hearts. So breathe it in... and book your wellness holiday: parcnature.com

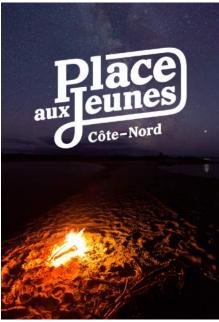












You don't wanna leave?

The Place aux jeunes team is here to help you with your project

Our services

for the young qualified, aged 18 to 35: Remote Support, exploratory stays, custom welcome

placeauxjeunes.qc.ca

Gecrétariat la jeunesse Québec 🖼 🖼





reception@travelodgebaiecomeau.com

travelodgebaiecomeau.com

Breakfast available

100 recently decorated rooms

Coffee makers in room

Free wifi with cogeco

Free outdoor parking

Safe outdoor parking for snowmobiles





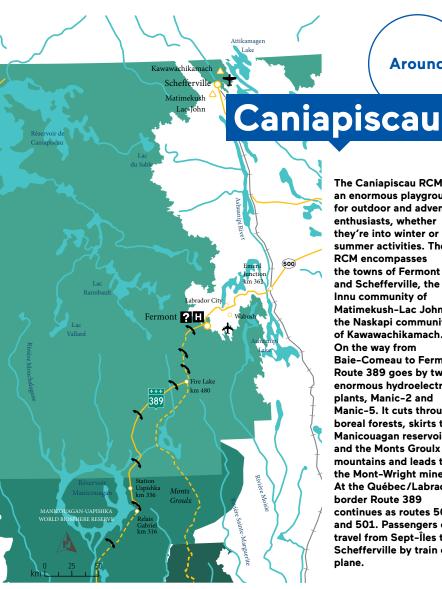




- » The only hotel in Baie-Comeau with a swimming pool
- » Single and double rooms and suites
- » All our rooms have fridges and microwaves
- » À la carte breakfast (\$)
- » Bar with VLTs
- » Quiet location, restaurants nearby

202 Boulevard La Salle, Baie-Comeau, G4Z 1S6 - 1 800 463-4986 - 418 296-4986





The Caniapiscau RCM is an enormous playground for outdoor and adventure enthusiasts, whether they're into winter or summer activities. The RCM encompasses the towns of Fermont and Schefferville, the Innu community of Matimekush-Lac John and the Naskapi community of Kawawachikamach. On the way from **Baie-Comeau to Fermont** Route 389 goes by two enormous hydroelectric plants, Manic-2 and Manic-5. It cuts through boreal forests, skirts the Manicouagan reservoir and the Monts Groulx mountains and leads to the Mont-Wright mine. At the Québec/Labrador border Route 389 continues as routes 500 and 501. Passengers can travel from Sept-Îles to Schefferville by train or plane.

Around



Listen to the **RCM** podcast:

Caniapiscau Sur la Route de la Côte-Nord (French only)



Watch the video:

Manicouagan et Caniapiscau Découvrez votre Côte-Nord (French only)



ive the mmensity!



WALL SCREEN
EXHIBITIONS
WALKING TRAILS
WATER SPORTS





1 855 FERMONT(337-6668) CANIAPISCAU.CA Fermont

418 287-5411 VILLEDEFERMONT.QC.CA





Head further north, beyond the 51st parallel, and experience the feeling of being in the midst of an immense wilderness. This expedition takes you as far as Labrador and the Basse-Côte-Nord (Lower North Shore). But, like any adventure, you have to prepare for it, especially if you go in winter.

Expedition 51°: Drive through spectacular natural spendour

This crescent-shaped trail is a favourite for those who love long road trips through immense stretches of unspoiled wilderness. Starting in Baie-Comeau on Route 389, the 1,700 km drive will take you at least 26 hours. It runs through Fermont, crosses Labrador from west to east on Routes 500 and 510 then continues down the Lower North Shore to Blanc-Sablon. Once



there, a scenic detour beckons: a 150-km trip along the Chicoutai* Scenic Route, from Blanc-Sablon to Vieux-Fort and back, to view the majestic waterways of the Gulf of

See the Expedition 51° Guide at: https://tourismecote-nord.com/expedition51-en/



St. Lawrence. (*Chicoutais, or cloudberries, are small, flavourful, amber-coloured berries native to Québec's North Shore.)

Once back at Blanc-Sablon, you and your vehicle could travel by ship back to your starting point of Baie-Comeau. The MV Bella-Desgagnés brings supplies to the Lower North Shore's coastal villages. Or, you could decide to continue your adventure by taking the ferry to the Island of Newfoundland.

Following this trail is like a Choose-Your-Own-Adventure trip; you can stay on it for a few days, the whole summer or throughout the winter. The trail passes through boreal forest to taiga; it winds in and out of charming towns and villages where you can discover the lifestyle and culture of the francophone, anglophone and Indigenous populations, as well as the Métis and Inuit communities. There are lakes, rivers and mountains where you can hunt and fish, rough it in the wilderness, hike and kayak, and, at the end of the day, camp out under the northern lights. You can visit hydroelectric dams and open-pit mines. When winter comes, the North Shore is THE place to snowshoe and ski, or to go snowmobiling and dog sledding.

By road and by sea

Caution is required when driving this trail; while many sections are paved, some are only surfaced with gravel. The steep, narrow roads have tight turns and no shoulder, and become slippery in wet or icy conditions, so all-terrain vehicles and motorbikes are strongly recommended. While some adventurous types have driven this trail with 2-wheel drive, you are the best judge of your driving skills and your vehicle's capabilities. Whatever your mode of transportation, be sure to plan your trip carefully: pack well and know where to stop for supplies.



Satellite phone rental available at the following locations: Wabush Hotel in Wabush; Height of Land Hotel in Churchill Falls; Hotel North Two and the Royal Inn and Suites in Happy Valley-Goose Bay; Alexis Hotel in Port Hope Simpson; Northern Light Inn in L'Anse-au-Clair.

Route 389

route389.com

Head north to reach the town of Fermont and its windbreak wall. Then cross the Groulx Mountains, part of the Manicouagan-Uapishka Biosphere Reserve, and skirt the edge of the Manicouagan Reservoir that lies within an impact crater formed by an ancient meteorite. Many hiking trails branch off from this road.

LOCAL ATTRACTIONS

- Manic-2 and Manic-5 hydroelectric dams and facilities (p.52).
- · Station Uapishka (p.53).
- Gagnon, a former mining town, dismantled in 1984 (at km 390).
- · Mont-Wright mining complex (p. 65).





© © M. Malherbe, M. Loiselle **tourismecote-nord.com 63**

Routes 500 and 510 or the Trans-Labrador Highway

newfoundlandlabrador.com

Ad p. 67

To find out about driving conditions in Labrador: 5-1-1, www.511NL.ca or www.511NL.ca or www.511NL.ca or www.gov.nl.ca/ti/.

LOCAL ATTRACTIONS

- Edmund Montague Exhibit Hall at the Gateway Labrador Visitor Information Centre
- · Churchill Falls Generating Station
- · Labrador Military Museum
- · Red Bay National Historic Site
- · Hiking trails

Travelling by sea

relaisnordik.com

Head west to complete the loop, and pick up Route 138 at Kegaska or Natashquan (depending on where you disembark). From Blanc-Sablon to Kegaska (or Natashquan), the MV *Bella-Desgagnés* that supplies the Lower North Shore stops at five different coastal villages. Stops last from 45 to 90 minutes, giving you ample time to stroll around. There's also a daily ferry service out of Blanc-Sablon to St. Barbe on the Island of Newfoundland.



Make the scenic Chicoutai Route part of your trip!

Before you take the boat from Blanc-Sablon, be sure to allow enough time to take the Scenic Chicoutai Route, a 150-km section of Route 138 that runs along the shores of the Gulf of St. Lawrence to Vieux-Fort and back. It's a unique opportunity to discover the region's scenery and hiking trails, the hospitality of the people who live "at the end of the world," and sample the distinctive local cuisine. From early May to early July, you can watch icebergs drift by in the Strait of Belle Isle.

LOCAL ATTRACTIONS

- Scheffer Museum in Lourdes-de-Blanc-Sablon (p. 107).
- Aqua Labadie scallop farm (p. 177).
- · Whiteley Museum (p. 106).

The Expedition 51° loop in winter

In winter, the snowy and icy road conditions mean Routes 389, 500 and 510 are passable, but only for experienced drivers in ATVs and off-road vehicles. The sometimes extreme conditions and low temperatures mean it is vital to plan your trip carefully: pack well and know where to stop for accommodation and supplies. There are many backcountry skiing, snowshoeing and snowmobile trails branching off from these Routes and in the Groulx Mountains. Note that snowmobiling is prohibited above 800 m altitude unless riders are accompanied by an MELCC-certified guide (Ministère de l'Environnement et de la Lutte contre les changements climatiques) Contact the Uapishka Station staff to obtain the services of a guide. Some conditions apply.

www.stationuapishka.com



(\$)

Organized by sector, from west to east.



Fermont

Population: 2,389

563 km from Baie-Comeau – villedefermont.gc.ca – 🚯

Fermont is a one-industry town that's wholly dependent on iron mining. The town's main feature is its 1.3-km windbreak wall, a unique structure that houses shops and apartments. The northern lights are a regular feature here. In March, enjoy the fun activities of the Taiga Carnival: in summer, swim across Daviault Lake or hike in the Daviault or Severson Mountains. You can also tour one of the largest open-pit mines in Canada, the Mont-Wright mine, and see dump trucks weighing between 240 and 400 tons. Ad p. 61

Windbreak wall	କ୍ରିଷ
Snowmobiling	p. 145
Snowmobile clubs	p. 146
Quad clubs	p. 141
Events	p. 108

Fermont Visitor Information Centre 100 Le Carrefour, Fermont 418-287-5339 or 1 855 337-6668 - caniapiscau.ca Open: Year-round.

The only one of its kind in North America, the 1.3-km long windbreak wall is a marvel of northern architecture that protects the downtown core from the prevailing north winds. Known simply as The Wall, this is Fermont's downtown. It houses 344 apartment units, community and municipal services, a school, and healthcare and recreational facilities (an arena, pool and exhibition space), as well as a shopping centre, all linked by a temperature-controlled indoor promenade that's open 24/7. Ad p.61

ArcelorMittal Mining Canada G.P. -Mont-Wright Industrial Complex

Fermont Visitor Information Centre 100 Le Carrefour Fermont 418-287-5339 or 1 855 337-6668 mines-infrastructure-arcelormittal.com - 60 Open: June to August.



Located roughly 20 km from Fermont, the Mont-Wright Industrial Complex is operated by a world-renowned and safe producer of iron ore. The site consists of a 24-km² open-pit mine, huge maintenance workshops and a fleet of enormous mining equipment. Reservations required at the Fermont Visitor Information Centre, Visitors are asked to comply with the dress code and safety guidelines.

Schefferville

Population: 156

@?

573 km from Sept-Îles by train ville-schefferville.ca - 6

Schefferville is an example of peaceful coexistence between Indigenous and non-Indigenous peoples. It's also where the Innu community of Matimekush-Lac John and the Naskapi community of Kawawachikamach come together. The approximately 1,300 inhabitants of this isolated, mid-Northern region near the 55th parallel are united by a common desire to support one other. On the outskirts of town, history has left its mark on the landscape, as mine sites blend with the taiga. The town can be reached by plane from Montréal, Québec City, and Sept-Îles, and by train from Sept-Îles.



tourismecote-nord.com 65 © A. Lacoursière

Mushuau-Nipi - An AUTHENTIC Aboriginal Experience

56th parallel, Schefferville 418-293-2548 - <u>mushuau-nipi.com</u> - **9** Open: September.

Come and have an AUTHENTIC Aboriginal experience in an outstanding setting! The ancestral site of Mushuau-Nipi is located in the middle of the tundra, on the migratory trail of the George River caribou herd, along the 56th parallel. We offer visitors a memorable stay that's unique in Québec. Experience daily life in an Aboriginal encampment and learn about their traditional practices. See website for details.

Matimekosh (Matimekush)

Population: 614

Lac-John

Population: 33

Kawawachikamach

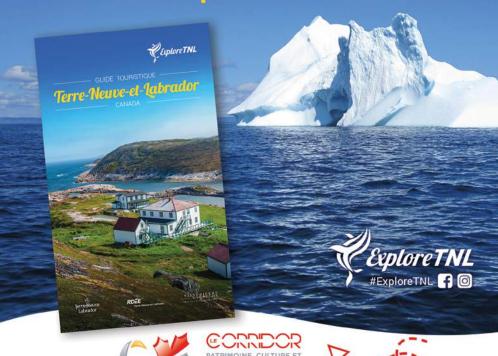
Population: 628





Explore Newfoundland and Labrador

ORDER THE **NEW FRENCH VISITOR GUIDE** AT ExploreTNL.ca









Plan your trip with us and discover Canada in French!





Along Route 139, around the communities of Pointe-aux-Anglais and Rivière-Pentecôte, visitors will find miles of sandy beaches. The large RCM (regional county municipality) of Sept-Rivières is full to bursting with rivers, lakes, islands, beaches, forests and salt marshes - a playground for people who love to camp, hunt and fish, hike, go out on the water and pick wild berries. A museum and various interpretation centres tell the story of the region's industrial development, primarily centred in the towns of Port-Cartier and Sept-Îles and in the Innu communities of Uashat and Maliotenam (Mani-Utenam). For culture lovers, there are musical and theatre performances and local arts and crafts.



Listen to the podcast: Sept-Rivière Sur la Route de la Côte-Nord (in French)



Watch the video: Sept-Rivière Découvrez votre Côte-Nord (in French)







Work 9 to 5. Then, it's time to kick back!
The dream of living in ...
Port-Cartier Sept-Îles

Become North-Coaster: www.septrivieres.qc.ca attractivite@mrc.septrivieres.qc.ca emploi@mrc.septrivieres.qc.ca Organized by sector, from west to east.



Pointe-aux-Anglais

?

Population: see Port-Cartier

33 km from Baie-Trinité villeport-cartier.com – 👣 🕥

Bordered by an 11-km-long beach of fine sand, the village owes its name to an 18th-century shipwreck, which you can learn about at the Musée Louis-Langlois museum. Late May is the perfect time to fish for capelin, those small silver fish that come ashore to spawn on Côte-Nord beaches by the thousands. Local points of interest include a 100-year-old cemetery behind Saint-Paul church, and a hiking trail along the beach, with rest area nearby. The village store sells fishing and hunting licenses and equipment. Be sure to stop in for a delicious ice cream and other regional products



Musée Louis-Langlois | Museum

2088 rue Monseigneur-Labrie, Pointe-aux-Anglais 418-799-2212 or 1-888-766-6944 villeport-cartier.com Open: June to August.

13. (S)

This museum features an exhibit that tells the story of the 1711 shipwreck of a part of Admiral Hovenden Walker's English fleet off Île-aux-Oeufs. Visitors can admire the exhibit's many artifacts taken from the sea, as well as a number of period objects, on display in the 1873 house that evokes the history of the Pointeaux-Anglais and Rivière-Pentecôte villages. Guided tours available. You will also find a visitor information centre, picnic areas, and beach access.





70

Rivière-Pentecôte

Population: see Port-Cartier

12 km from Pointe-aux-Anglais villeport-cartier.com – 🍎 😉

This bustling, late 19th-century logging town has become a peaceful haven. Watch for the signs on Route 138 so you don't miss the scenic panorama at the village entrance. Fish for sea trout off the historic pier or visit Église Saint-Patrice and the tiny chapel dedicated to St. Anne (variable hours). Nearby, a series of footpaths lead to a beach. Stop in at the Auberge du Nord-Côtier to view artwork by local artists and artisans and enjoy a good night's rest.







Port-Cartier

@17

Population: 6,530

38 km from Rivière-Pentecôte <u>villeport-cartier.com</u> – **G**

Outdoor Centre. Ad p. 80

As you cross the 50th parallel, stop in at Port-Cartier to enjoy the town's boardwalk and many serices. Listen to the rushing waters of the Rivière aux Rochers and falls, and tour Parc de la Taïga and the Salmon Interpretation Centre, which offer stunning views.

Travel back in time at the regional historic interpretation centre or take in a show at the Graffiti Café-théâtre. To get a sense of just how vast the backcountry really is, visit the Rochelois beach tidal flats, the Port-Cartier-Sept-Îles Wildlife Reserve and Les Goélands

Events	p. 113
Performance venues	p. 115
Quad clubs	p. 141
Regional products	p. 176
Snowmobile clubs	p. 146
Specialty food shops and delis	p. 177



Réserve faunique de Port-Cartier-Sept-Îles | Wildlife Reserve (Sépaq)

64 Route 138, Port-Cartier 418-766-2524, 581-824-1008 or 1-800-665-6527

Open: Walker Lake: June 1 to September 4.

sepag.com - 1

The reserve is the perfect place for outdoor activities like canoeing, hiking and kayaking. Come discover lovely Lac Walker and the footbridge to picturesque Chute MacDonald falls. Sport anglers can come for the day or rent a campsite or cabin and spend a night or two. You can also fish for salmon in the Aux-Rochers and MacDonald Rivers. Walker Reception: 7 a.m. to 7 p.m. Ad p. 81





Parc de la plage Rochelois | Beach Park

拉萨四

PSH W L

Rue des Rochelois, Port-Cartier 418-766-4414, 418-766-3855 or 1-888-766-6944 villeport-cartier.com – **f**

This is a popular family destination with free parking and great views of the St. Lawrence River. The unsupervised fine sand beach stretches for almost a kilometre and is a great place for kitesurfing, kayaking and SUP. Walk the flats at low tide and look for different species of marine life in the tidal pools. Then, read the interpretation panels on the wreck of the Lady Era, an iron-ore carrier that's visible offshore. There are municipal bike paths, a playeround and picnic area nearby.

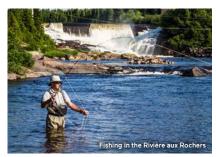


Rivière aux Rochers | Park and salmon ladder

6\$

24 rue Luc-Mayrand, Port-Cartier 418-766-2777 - <u>aprr@globetrotter.net</u> - **9** Open: June to August.

East of the bridge over the Rivière aux Rochers and half a kilometre off Route 138 is a salmon interpretation site. Visitors are invited to take a guided tour of the interpretation centre and the salmon ladder and trap. They can also admire the falls, watch anglers in action, go hiking, and enjoy a picnic.



Promenade du P'tit Quai | Boardwalk

###®\$**%**.

Ave Parent Port-Cartier 418-766-4414, 418-766-3855 or 1-888-766-6944 villeport-cartier.com - 😝 🕝 Open: April to December.

This boardwalk runs along the Rivière aux Rochers to the mouth of the St. Lawrence and is the perfect spot from which to admire the town. Picnic spots and rest areas, a lookout, and a park for kids make it a great place for outdoor run and relaxation. Shopping. restaurants, tourist attractions and bicycle paths are all located conveniently nearby.



Parc de la Taïga | Park

単北はより世界の世

Chemin des Îles. Port-Cartier 418-766-4414, 418-766-3855 or 1-888-766-6944 villeport-cartier.com - 😝 🕝 Open: Year-round.

This park features 2 kilometres of beginner-level walking trails on Île Patterson, in the centre of Port-Cartier. Discover the wonders of the boreal forest and an impressive waterfall on the Rivière aux Rochers that thunders just metres away. In season, you can admire the skill of the salmon anglers in the many pools along the trail. Parking available at park entrance.



Centre d'interprétation de l'histoire de Port-Cartier | Interpretation centre

\$®\$**%**

45 Blvd du Portage-des-Mousses, Port-Cartier 418-766-4414, 418-766-0077 (in summer) villeport-cartier.com - 😝 🕝 Open: June 13 to September 30.

The largest interpretation centre on the Côte-Nord has created a comprehensive exhibit that covers the municipality's 100-year history, as well as the history of the mining towns of Fermont and Gagnon. Experienced guides help you relive the era of the region's large logging camps and mines, and teach you about everyday pioneer life. There's a new section with 28 period paintings. Average time: 1.45 hrs.

Ad p.81



Circuit patrimonial de Shelter Bay | Heritage trail

418-766-4414 or 1-888-766-6944 villeport-cartier.com - 60 Open: May to October.

You can walk, bike or drive the Shelter Bay Heritage Trail before or after visiting the town's Interpretation Centre. The trail's information panels tell you about the places, people and events that have marked the history of Port-Cartier since its founding. Get the free trail map online or at the Visitor Information Centre.



Société de Développement Économique #\$ de Uashat Mak Mani-Utenam (SDEUM)

271 Blvd des Montagnais, Uashat (Sept-Îles) 418-962-5433 - sdeum.ca -

This economic partner plays a leading role in developing the tourism potential of the Innu Takuaikan Uashat Mak Mani-Utenam and helping local, regional, national and international visitors learn about Innu culture. Its goal is to generate employment and economic benefits by helping developers and entrepreneurs implement their projects. Ad C-3

Gallix

Population: see Sept-Îles

24 km from Port-Cartier septiles.ca - ♠ ♥ ❷

Gallix, which merged with Sept-Îles in 2003, abounds in peace and natural beauty. Birdwatchers can visit the salt marshes looking for different species, and nature lovers can enjoy the park and trail along the St. Lawrence River. From Parc du Souvenir on the Rivière Sainte-Marguerite, follow the boardwalk to the beach and take in the breathtaking view and 14 kilometres of fine sand beach. In June, watch for the capelin (a small local fish) spawning on the beach by the thousands!

Skiing, downhill

p. 143



Clarke

Population: see Sept-Îles

35 km from Port-Cartier septiles.ca - **♀ ♀ ⑤**

Formerly known as Clarke City – the first real Côte-Nord town – this area is steeped in history. Learn about the town's industrial past and the Clarke brothers by visiting the town's interpretation centre and by reading the interpretation panels dotting the historical trail. Golf enthusiasts who play at the Sainte-Marguerite Club will enjoy an incomparable view of the Sainte-Marguerite and St. Lawrence rivers.

Golfing	p. 140
Regional products	p. 176

Centre d'interprétation de Clarke City | Interpretation centre

\$ 7.

160 rue du Moulin, (sector Clarke) Sept-Îles 418-583-2223 - <u>tourismeseptiles.ca</u> - **♀ ⑤ ⑤ ⑤** Open: June to August.

Having recognized the region's enormous potential, in 1898 the Toronto-based Clarke brothers set to work building a pulp mill. A few short years later, the mill site would become the first industrial town on the Côte-Nord. The interpretation centre tells the town's story, and the way of life of a bygone era.







Uashat and Maliotenam (Uashat mak Mani-Utenam)

Population: Uashat 1,672 Population: Maliotenam 1,542

itum.qc.ca - 6

Not far from Sept-Îles lies Uashat Mak Mani-Utenam, an Innu community of roughly 4,608 people living on two separate reserves, Uashat and Maliotenam. The inhabitants speak mainly Innu-aimun and French.

290 Blvd des Montagnais, Uashat 418-962-4000 - <u>museeshaputuan.org</u> - **G** Open: Daily from June 20 to August 31; from September 1 to June 19, Monday to Friday.

The shaputuan (Big Gathering Tent) recounts the millennia-old history of a nomadic people in their ancestral homeland. The permanent exhibition entitled Innu utassi (Land of the Innu), follows the Innu through the seasons and their annual life cycle. The history and ethnology museum is also a gathering place where the Innu and other peoples can meet and learn about each other. Average time: 1 hr. Ad p. C-3

Atikuss Workshop & Gift Shop

ş∰®\

The Atikuss initiative is a small hotel, craft shop, studio space and art gallery. The gallery displays paintings, sculptures, authentic crafts and local products by local and Québécois Indigenous and non-Indigenous artists. Your visit will help you discover the culture, history and traditions of one of our First Peoples. Ad below







Le Vieux-Poste de Sept-Îles | Trading post % 5.

20 rue Shimun, Uashat 418-968-6237 - <u>vieuxposte.com</u> - **1** Open: June 25 to September 5.

The trading post covers the period from 1673 to 1842 and focusses on the everyday life of people living in a 19th-century fur trading post. Guides help you imagine what the first encounters between Innu and Euro-Canadian cultures must have been like. An offshoot of the Musée régional de la Côte-Nord gift shop sells exclusive local products. Average time: 1 hr.

Ad p.83



Sept-Îles

小劍召

Population: 24,956

59 km from Port-Cartier septiles.ca - **f** ♥ **©**

At 2,182 km², Sept-Îles is one of the largest cities in Québec in terms of area. Located mid-way between the forest and the sea, it's a dream destination for outdoor lovers, with magnificent beaches and many kilometres of hiking trails. For rainy days, museums and interpretation centres recount the rich history of Sept-Îles. From industrial tours to shows by local and regional artists, visitors are sure to appreciate the culture, excitement and hospitality of this bustling Côte-Nord metropolis. Ad pp. 83,84

Bicycle	p. 138
Cross-country skiing	p. 143
Crossing the St. Lawrence by ferry	p. 135
Events	p. 108
Fish market	p. 172
Food markets	p. 179
Marinas and seaports	p. 134
Microbreweries and distilleries	p. 174

Performance venues	p. 115
Quad clubs	p. 141
Recreational equipment rental	p. 140
Regional products	p. 176
Relaxation	p. 203
Sea excursions	p. 125
Shopping	p. 116
Snowmobiling	p. 145
Specialty food shops and delis	p. 178
ZECs (Controlled zones)	p. 149



Parc Aylmer-Whittom

##®¥

Route 138 Ouest, Sept-Îles (7 km from the Sept-Îles Visitor Information Centre)
418-962-1238 or 1-888-880-1238
tourismeseptiles.ca • 🕶 🕲

This enchanting park is a local favourite where hikers can admire Conan Island, the western half of Sept-Îles Bay and many bird species from two observation towers.



Jardin du ruisseau Bois-Joli | Botanical garden

计图并汇单。

97 rue des Chanterelles, Sept-Îles (Ferland area) 418-960-5551 - <u>ville.sept-iles.qc.ca</u> - **①** Open: May to November.

This ever-expanding attraction is the northernmost botanical garden in Québec, and was created in 1984 by local residents wanting to improve their quality of life. The garden boasts 14,000 ever-changing plant species, 5 kilometres of walking trails and 13 themed sections, including the all-new Boreal Japanese Garden. It's the perfect place to break up your trip, have a picnic, learn about the plant and animal life of the Côte-Nord or try some creative projects. Guided tours upon request.







Lac des Rapides Outdoor Centre

∅(\$)

Follow the signs at the end of Blvd Vigneault, Sept-Îles 418-968-4011, 418-962-1238 or 1-888-880-1238 tourismeseptiles.ca - **6 O**

Open: End of June to end of August; mid-December to end of April.

In summer, come and cool down with a refreshing dip at the swimming area supervised by certified lifeguards. Enjoy the beautiful scenery as you explore the network of hiking and cycling trails or take to the water with a rented canoe, kayak, pedal boat, or SUP. In winter, put on your skis or snowshoes for an outing into the nearby boreal forest along trails maintained by the Rapido Cross-country Ski Club.





Parc du Vieux-Quai | Historic Pier Park

#®\$**%.₩**₩££

Ave Arnaud, Sept-Îles 418-962-1238 or 1-888-880-1238 tourismeseptiles.ca - **? ? ?**

A focal point for summer activities and a popular gathering place for locals, this is the ideal spot to appreciate the splendour of the bay, watch anglers and iron-ore carriers, and admire the sunset from the 1-kilometre-long wooden boardwalk. In summer, browse the covered kiosks with wares by local artisans, and watch artists perform under the yellow tent.

Ô Muses Gift Shop

ia (\$\epsilon \begin{array}{c} \hat{\phi} \hat{\phi} \hat{\phi}

500 Blvd Laure, Sept-Îles 418-968-2070 - <u>museeregionalcotenord.ca</u> - **9** Open: Year-round.

Visitors and residents alike will find a wide selection of quality products at this gift shop and book store, including works by local artists and artisans, original creations, jewellery, greeting cards, books, cultural and historical information and regional specialties. Other services include: restrooms, free parking, partial access for people with limited mobility. See website for details. Ad p. 83

PANACHE art actuel | Contemporary art

410 Ave Évangéline, SS-12, Sept-Îles 418-961-2675 - panacheartactuel.com - 🕈 🛡 🔞

The main goal of PANACHE art actuel is to energize the Côte-Nord contemporary art scene by bringing together professional artists from across the region to exchange ideas with those from other regions. Its primary mandate is to promote the Virée de la culture, a series of interconnected visual art and heritage shows, partially funded by the Musée régional de la Côte-Nord, that travel throughout the region. A second mandate involves organizing events, residencies and artistic projects.

History and Heritage Trail - Sept-Îles tells its story!

1401 Blvd Laure Ouest, Sept-Îles 418-962-1238 or 1-888-880-1238 tourismeseptiles.ca - **? ? !**

Visitors can use this trail to explore Sept-Iles by bike or on foot, and bring along a guidebook or audio guide to learn more details about the city's rich history.

Musée régional de la Côte-Nord | № 🆘 🤊 \$

500 Blvd Laure, Sept-Îles 418-968-2070 - <u>museeregionalcotenord.ca</u> - **(f)** Open: Year-round.

This regional museum showcases and protects Côte-Nord heritage and recounts the region's history through a multi-disciplinary approach that combines art with ethnohistory, archaeology and the natural sciences. The permanent exhibition takes you back through time to discover the people who lived here over 8,000 years ago! Check out the original and exclusive local products on sale at the Ô Muses gift shop. Average time: 1 hr. **Ad p. 83**

Archipelago Interpretation Booth

Marina, 385 Ave Arnaud, Sept-Îles 418-962-1238 or 1-888-880-1238 tourismeseptiles.ca - **9 9**

Inside the marina building in Parc du Vieux-Quai a series of interpretation panels tell visitors about the archipelago's seven islands and their history. While there, be sure to take a peek at the *Hermel*, the boat in which Mylène Paquette did her solo row across the Atlantic in 2013, and watch an audiovisual presentation of her daring exploit.

Sept-Îles Archipelago

©#\$1.33 €

(\$)

1401 Blvd Laure, 415 and 385 Ave Arnaud, Sept-Îles 418-962-1238 or 1-888-880-1238 tourismeseptiles.ca - **↑ ♥ ®**

From the marina in Parc du Vieux-Quai, you can see the seven islands in Sept-Îles Bay and learn about their history. From a tour boat or sea kayak, enjoy a close-up look at the marine mammals and birds that frequent Île du Corossol. It's also a great way to get a sense of the sheer size of the Sept-Îles harbour, North America's leading iron ore port. Boat tour guides recount the history of the people who have lived and worked here. **Ad p. 84**

L'île La Grande Basque

OF ALL TO BE SE

This island is ready to welcome outdoor lovers wanting to picnic, hike and stay the night in a full-service or primitive campsite. Whether you're seeking relaxation or adventure, La Grande Basque has something for you. Come admire its magnificent beaches, stride along its 12 kilometres of groomed trails and discover its varied plant and animal life. The island guides will be happy to give you a crash course in local geology, marine biology, birdwatching and mushroom-gathering. Ad p. 84



L'île La Grosse Boule Purmer Ocean Farm (‡)

Marina, opposite the volleyball courts, Sept Îles archipelago, Sept-Îles

418-960-4915, 418-962-9753 - ferme-purmer.com -

Stop at a farm in the middle of the sea, and be transported into the fascinating world of marine creatures. Or, spend a night by the shore in one of our three yurt rentals, for groups of 2 to 8 people. Other activities include: dinghy tours with commentary and tasting of fresh products from the sea. Average time: 3 hrs. Reservations required.

Aluminerie Alouette | Aluminum producer

400 Chemin de la Pointe-Noire, Sept-Îles 418-964-7342 − <u>alouette.com</u> − **€** Open: Tuesday to Saturday, 8:45 a.m. and 1:15 p.m.

Aluminerie Alouette, the largest aluminum smelter in the Americas, has been producing primary aluminum since 1992 and is the largest private employer in Sept-Îles. Dress requirements for the tour: long pants, long sleeves and closed-toe, flat shoes. Prohibited on site: Visitors with pacemakers, pregnant woman, cameras, magnetic cards, watches, jewellery, and lighters. Minimum age: 12. Reservations required.





From Sept-Îles, Île d'Anticosti can be reached by plane or boat.

For information on getting there, see pp. 135 & 209.

Moisie

∻(\$)**₹**.

Population: see Sept-Îles

22 km from Sept-Îles septiles.ca - 🕈 🖸 🕝

Known worldwide for its salmon fishing, the Moisie district is a paradise for nature lovers. Four outfitters and a ZEC operate on the shores of the 410-km Rivière Moisie. Visitors will find a lovely beach off Route 138 (access near the Donald-Gallienne bridge), where they can enjoy beach volleyball and swimming.

Bicycle	p. 138
Canoeing, kayaking, paddleboarding and surfing	p. 131
Salmon river	n 148



Laurent-Val Campground | River trips and rentals

1000 rue Fournier (Rivière Moisie), Sept-Îles 418-927-2899 - <u>campinglaurentval.com</u> - **9** Open: May to September.

Water lovers have two options: take the time to paddle down part of the Rivière Moisie in your own craft or rent a canoe, kayak or paddleboard (SUP) for 3 hours at the campground. Either way, you're sure to enjoy discovering this natural treasure alone, with a partner or in a group. Our campground's unique offer: rent 4 to 6 paddleboards for a SUP party!







INVITATION

Come visit North Shore's largest interpretation centre at 45, boulevard du Portage-des-mousses in Port-Cartier.



More than 85 panoramic canvases and over 1000 photos are shown. Expert guides will make you relive the North Shore's history.





Open every day from 9 AM to 5 PM from the 13th of June to the 30th of September

For information

High season: 418 766-0077 | Low season: 418 766-7260

WELCOME, IT WILL BE A PLEASURE RECEIVING YOU!





SEPT-ÎLES

Discover and Enjoy













TOURISME SEPT-ÎLES







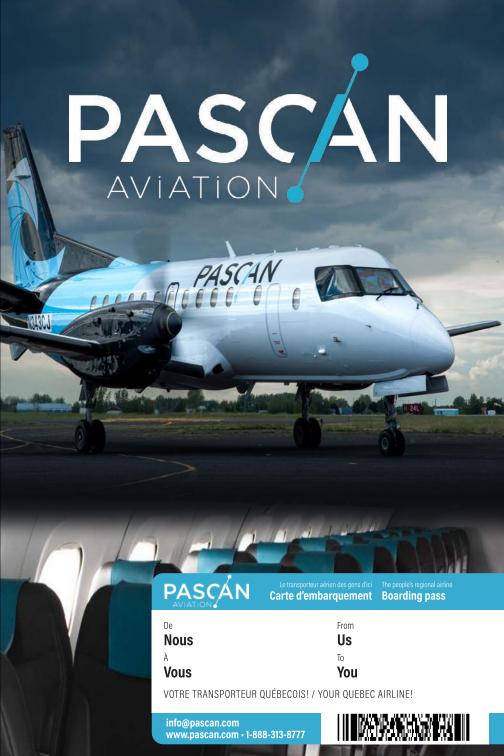






SEPT-ÎLES DISCOVER AND ENJOY

418 962-1238 | tourismeseptiles.ca





Minganie's vast and unspoiled territory is Québec's hidden gem. The 300-km coastline encompasses seven municipalities, from Rivière-au-Tonnerre to Natashquan, and two Innu communities. The 8th municipality is an island: Île-d'Anticosti. Minganie isn't just picturesque villages, though; it's also home to vast stretches of boreal forest to the north and the St. Lawrence River to the south, including the Mingan Archipelago and its countless islands, islets and bays. This region gives visitors the freedom and space they need to recharge their batteries and enjoy a variety of outdoor activities. Route 138 goes inland, providing a link from shore to forest, as well as connecting this majestic region to the rest of the Côte-Nord.



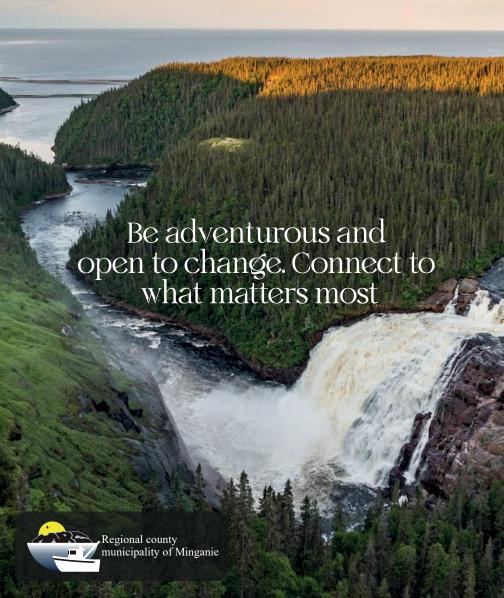
Listen to the podcast Minganie Sur la Route de la Côte-Nord (in French)



Watch the video: Minganie et Basse-Côte-Nord Découvrez votre Côte-Nord (in French)







Organized by sector, from west to east.



Port-Menier

+७₩

Population: 190

destinationanticosti.ca

Population: 196 The island's only remaining village, Port-Menier was founded in 1899 by French industrialist Henri Menier when he realized it made a better port than nearby Baie-Sainte-Claire. A handful of homes from this period still remain on Rue du Cap-Blanc, facing Baie Gamache. Be sure to take the heritage tour that goes to 13 different sites in the village and the surrounding area, including Baie-Sainte-Claire, Pointe-Ouest and Anse-aux-Fraises.

Crossing the St. Lawrence by ferry	p. 135
Food markets	p. 179
Outfitters	p. 155
Regional products	p. 176



Secteur ouest de l'île

中国外发光

Information at 7 Chemin des Forestiers , Port-Menier 418-535-0250 – destinationanticosti.ca

The ruins of a few homes are still visible at the site of the first island settlement, named Baie-Sainte-Claire, established in 1895. A lime kiln, recognized as a historic site, was rebuilt here in 1985; as you move closer to the Pointe-Ouest lighthouse, you come across the remnants of a Catholic cemetery. The wreck of the Calou, which ran aground in 1982, bears witness to the historic reputation of the island's rocky shores as the "Cemetery of the Gulf." The former homes of the light-keeper and his assistant have been converted into an historic inn. From June 1 to Labour Day, reservations required for the campground and the inn; they can be made at campin.ca. No shuttle bus service from the pier.

Ruins of Château Menier

® #\$1.2

Information at 7 Chemin des Forestiers , Port-Menier 418-535-0250 – destinationanticosti.ca

The construction of Château Menier began in 1899 and lasted five years. In 1953, the abandoned luxury villa was deliberately burned to the ground. The chateau's foundations, uncovered in 1991, bear witness to the size of this impressive structure, the largest ever built on the island. Can be visited anytime.

Centre d'interprétation de l'histoire, de la culture et de la paléontologie d'Anticosti | Island interpretation centre

1 rue des Olympiades, Port-Menier 418-535-0250, 418-535-0311 - <u>destinationanticosti.ca</u> Open: June to September.

This museum (housed in a church) helps visitors learn about the island's human and natural history: the former by admiring the heritage artifacts and furniture on display, and the latter from understanding the fossil records and different ecosystems. Starting in 2022, a new exhibit, La fantastique épopée du vivant offers a unique perspective on the tragic events that led to Earth's first mass extinction, 445 million years ago. Average time: 45 minutes.

Anticosti National Park

(\$

25 Chemin des Forestiers, Port-Menier 418-535-0156 - <u>sepaq.com/anticosti</u> - **•**

Imagine an island in the middle of the Gulf of St. Lawrence, with unique features and unusual fauna, all bathed in the clear northern light. Imagine white-tailed deer nibbling at algae, salmon shimmering in pools, and seals sunning themselves on the rocks. Then, explore canyons, cliffs, waterfalls, and caves and believe you're in a real place: Anticosti National Park. Ad p. 98

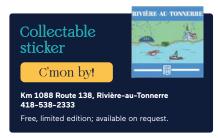
Sheldrake

Population: see Rivière-au-Tonnerre

111 km from Sept-Îles riviere-au-tonnerre.ca -



The name Sheldrake comes from an old British word for the American merganser, formerly called a sawbill. Just before reaching Sheldrake - the first village in the Minganie region - a road leads to a small hydroelectric station and a hiking trail. In early June at low tide, near the bridge over Rivière-au-Tonnerre ("Thunder River") is a great clamming spot. Photographers and nature lovers will enjoy strolling on Sheldrake beach and listening to the sound of the waves.



Rivière-au-Tonnerre

Population: 259

11 km from Sheldrake riviere-au-tonnerre.ca - 6



Located on a rocky shoreline, the village is named after the roaring of the nearby river, for many years called "Thunder River". It's known for its crab fishing, numerous bays and spectacular 35-metre-high falls. Visitors can stroll along a boardwalk with interpretation panels, located in the centre of village, and enjoy a picnic or relax at the picnic tables nearby. Summer's end is the perfect time to collect local wild berries, but the whale watching is good any time of year!

Regional products

p.176

Chute Manitou | Falls

井骨型sタホ

Km 1088 Route 138, rivière Manitou, Rivière-au-Tonnerre 418-538-2333 - mrc.minganie.org Open: June 20 to September 17.

This must-see attraction lies about 85 km east of Sept-Îles and 35 km from Rivière-au-Tonnerre: a 35-m waterfall at the end of a trail. The Visitor Information Centre has a large parking lot and picnic tables, making it an ideal place to stop. Average time to hike the trail one-way: 45 minutes (1.3 km).



Église de Rivière-au-Tonnerre | Church

18 rue de l'Église. Rivière-au-Tonnerre 418-465-2255 - riviere-au-tonnerre.ca Open: June 1 to September 22.

Built in the early 20th century by over 300 volunteers and restored in the late 1970s, this wooden church is a source of local pride. A noteworthy feature is the 8-metre-high archway featuring about 60 motifs carved with a penknife. A free audio guide is available. Average time: 45 minutes.

Voyages Coste (Cooperative for a Sustainable Tourism Environment)

454 rue lacques-Cartier, Rivière-au-Tonnerre 418-465-2002 or 1-877-573-2678 vovagescoste.ca - 99

This community-based cooperative is a brick-andmortar travel agency with a Québec travel agent licence. It offers tourist packages and products in the Côte-Nord, mainly on L'île d'Anticosti, in the Minganie region and the Lower North Shore. By encouraging fair, responsible, and sustainable tourism, you can help local (French, English, and Innu) communities to grow. Our wide range of services includes: flight and river cruise reservations, customized packages and individual products.

Chez nous, art d'ici | Gallery

£9\$

582 Route Jacques-Cartier, Rivière-au-Tonnerre 581-304-8187 - <u>isabellebrault.com</u> - **9** Open: June 22 to September 18.

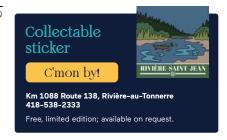
You're sure to love the items in this gallery. Local artists have created one-of-a-kind pieces with intriguing shapes and unusual materials – an opportunity to bring a piece of the Côte-Nord home with you!

Magpie

Population: see Rivière-Saint-Jean

22 km from Rivière-au-Tonnerre

To get to the village, you have to leave Route 138 and take the road that passes through town. At the turn of the 20th century, Magpie was the largest cod fishing port in the region. Near the pier of the once-bustling harbour, a rest area leads to a rock formation forming a natural lookout and a great vantage point for whale watching. On the Rivière Magpie is a 40-megawatt hydroelectric plant, built to replace a 2-megawatt facility constructed in 1958.



Rivière-Saint-Jean

Population: 215

13 km from Magpie

The village stretches along the western bank of the Saint-Jean River. Navigable for about 50 km and famous for its salmon pools and sea trout at the river's mouth, for several decades the river marked the border between Québec and Labrador. The sandbar that divides the river from the Gulf of St. Lawrence is an ideal spot for birdwatching. A sea shuttle serves Anticosti Island and the Mingan Island Archipelago; whale-watching cruises are also available.

Outfitters

p. 155







is.s



Longue-Pointede-Mingan

Population: 426

17 km from Rivière-Saint-Jean longuepointedemingan.ca -

This village owes its name to the sandy point that juts out into the Gulf of St. Lawrence. The site was frequented by Gaspé fishermen, who founded a permanent settlement here in 1849. This peaceful yet bustling village is surrounded by spectacular scenery and abundant marine life. The friendly residents invite you to celebrate with them during the Paspayas Festival. Named after the original Gaspé settlers, this event takes place in the second week of July and welcomes visitors from pear and far.

Canoeing, kayaking, paddleboarding and surfing p. 1	
Dairy bar	p. 179
Sea excursions	p. 126
Snowmobile clubs	p. 146

Mingan Island Cetacean Study (MICS) Interpretation Centre

625 rue du Centre, Longue-Pointe-de-Mingan 418-949-2845 - <u>rorqual.com</u> - **G S G** Open: June 15 to September 6; 4 visits daily.

Thanks to the centre's twin focus on research and education, you can learn about the research that has been done over the past 40 years by the team of biologists on marine mammals in the Gulf of St. Lawrence. You can admire the life-sized whale sculptures and murals, view a video and visit the acoustics room. Your admission fee helps further the centre's work and also helps protect these gentle giants. Average time: 1 hr.

Corporation de l'île aux Perroquets

Reception: Centre John Collin 878 Chemin du Roi, Longue-Pointe-de-Mingan 418-949-0005 or 1 855 717-5657 <u>ileauxperroquets.ca</u> • **§ ©**

Open: Early June to late August.

Travel back in time and experience the life of a lighthouse keeper that was once regulated by flashing beacons. Stay for a night or two at this authentic, cozy and environmentally responsible inn, and get to know the island puffins. Day visitors can visit the exhibition in the former foghorn building, and learn about the lighthouse keepers who lived here for many decades with their families.

Famille Loiselle Gift Shop & Ticket Office

207 rue de la Mer, Longue-Pointe-de-Mingan 418-949-2689 or 1-866-949-2307, ext. 2 tourisme-loiselle.com - **6** Open: Mid-May to mid-September.

At this Loiselle family location, you can book a Mingan Islands cruise and register at their seaside campground, as well as learning about the region by browsing the selection of crafts, clothing and souvenirs at the campground store. **Ad below**





Mingan (Ekuanitshit)

Population: 529

10 km from Longue-Pointe-de-Mingan ekuanitshit.com - 1

The name Ekuanitshit ("where things run aground"), refers to the Innu community's location: a valley surrounded by mountains and an island governed by tides. The nearby Rivière Mingan has a spot that's perfect for swimming or just relaxing. Artisans, artists, entrepreneurs, hunters and anglers make up this traditional yet forward-looking community where Innu-aimun is still spoken. The church, decorated with Innu motifs, is both charming and authentic. An exhibition at the Maison de la culture innue (House of Innu Culture) teaches visitors about this dynamic community.

Outfitters



Maison de la culture innue | House of Innu Culture

34 rue Nashipetimit, Mingan 418-949-2067, 418-949-2035 maisoncultureinnue.com - 6 Open: Year-round.

This is a place where the Ekuanitshit Innu culture is alive and well. The permanent exhibit provides fascinating facts about the Innu world of caribou hunting, salmon fishing and berry gathering. This is also a place where you will hear Innu-aimun spoken and chanted. Watch as skilled native craftspeople make traditional items that can be purchased in the nearby gift shop. Packages include church admission and







tasting of local products.



Havre-Saint-Pierre + ATE

Population: 3,361

35 km from Mingan - havresaintpierre.com -



Long known as a tourist destination thanks to the Mingan Archipelago National Park Reserve, the town offers a wide variety of interesting activities: learn about the community's history at the Maison de la culture Roland-Jomphe Cultural Centre or pick up a local souvenir at Place des artisans; try a cruise, a meal featuring local products, watch a show, or take a walk on the beach, where you might spot a whale! The city has earned three fleurons under the Fleurons du Québec program, established to encourage municipalities to beautify their gardens. Ad p. 99

Canoeing, kayaking, paddleboarding and surfing	p. 131
Crossing the St. Lawrence by ferry	p. 135
Events	p. 108
Marinas and seaports	p. 134
Microbreweries and distilleries	p. 174
Performance venues	p. 115
Scuba diving	p. 132
Sea excursions	p. 126
Shopping	p. 116
Snowmobile clubs	p. 146



From Havre-Saint-Pierre, Île d'Anticosti can be reached by plane or boat.

For information on getting there, see pp. 135 & 209.

Maison de la culture Roland-Jomphe | Cultural centre

957 rue de la Berge, Havre-Saint-Pierre 418-538-2450, 418-538-2717 (off-season) havresaintpierre.com - 6 Open: June to September.

In an historic general store near the old quarter, visitors can explore a permanent exhibit entitled L'Autre Roman / The Other Tale, which recounts the history of Havre-Saint-Pierre from 1857 to the present day. Activities with local flavour enliven summer nights in July and August, Average time: 30 min.



Place des artisans

A ⊕(S)

997 Promenade des Anciens. Havre-Saint-Pierre 418-538-2787 - havresaintpierre.com - **1** Open: June to September.

The town square is the perfect spot to find original, local, handcrafted creations! In summer, you might even get a chance to see the artists at work.



Mingan Archipelago National Park Reserve

id\$?***.∵#~**&\$#

625 rue du Centre, Longue-Pointe-de-Mingan

1010 Promenade des Anciens, Havre-Saint-Pierre (Pélagie-Cormier Terminal)

418-538-3285 or 1-888-773-8888 <u>parkscanada.gc.ca/mingan</u> - **G © ©**Open: Beginning of June to end of September.

The archipelago encompasses roughly 20 islands stretching along the Mingan coast. It includes the largest concentration of erosion monoliths in Canada, a wide variety of plant and animal life, and two lighthouses. Several islands have lookouts, trails, and various accommodation options. For more information on the archipelago, to find out about maritime transport services or to get a camping permit, visit our website or one of the Visitor Information Centres. Variable hours. Ad: detachable map





Romaine-1 Generating Station

Head north-east of Havre-Saint-Pierre to Romaine-1 generating station, commissioned in 2015. Start your tour at the Portail Pélagie-Cormier building and browse the exhibition on environmental and heritage conservation. Then, head over to the generating station where you can walk along the top of the dam and marvel at the station's reservoir and stunning view of the valley. Your tour guides will have you walk under a penstock (pipe that carries water to the turbine) where you'll feel the water's power. You'll also learn all about the efforts being made to preserve salmon habitats. Reservations required, spots are limited. Ad p. 100



Boutique du terroir Chez Julie | Gourmet food store

theoganas@hotmail.com - 🚯

muffins.

This charming little boutique brings all of the North Shore's flavours together under one roof. From Tadoussac to Blanc-Sablon, the region is bursting with delicious treasures, and you can find them all here! Take a coffee break on our deck while you admire the view, and treat yourself to one of our homemade



ş\$**"**.

M(A)[?]





Baie-Johan-Beetz

Population: 87

68 km from Havre-Saint-Pierre baiejohanbeetz.gc.ca - 🙃

Nestled deep in the taiga, this village is named after a Canadian naturalist of Belgian origin who lived here. A few minutes' walk along one of the many footpaths brings you outside the village, where you can still see traces of the 2013 fire. Visitors will enjoy observing the many types of rock, lush vegetation and abundant wildlife, and watching flocks of aquatic birds fly past on their annual migration. The locals invite you to share their peaceful haven and their many interesting activities.

Food markets	p. 179
Outfitters	p.156



Aguanish and L'Île-Michon

Population: 228

+@?

59 km from Baie-Johan-Beetz aguanish.org - @

This picturesque village welcomes visitors and gives them an unforgettable vacation. Nature lovers can explore the miles of sandy beaches. fish for shellfish, and taste the sun-drenched wild berries. In addition to admiring the splendid scenery, visiting Aguanish means meeting friendly locals who live life at a more leisurely pace.

Outfitters	p.156
Regional products	p. 176

Canvon "Trait de scie" | Sawcut Canvon

Aguanish Hunting & Fishing Association 250 Route Jacques-Cartier, Aguanish 418-533-2228 - acpa2018@outlook.com - 6

Open: End of June to early September.

Experienced guides will lead you on a motorboat adventure to the third falls along the Rivière Aguanish known as Trait de Scie Canvon, whose name means "sawcut" in English. Three trails with boardwalks lead past the falls. The association also administers salmon fishing and has an on-site guide. Average time: 2 -3 hours. Departures at 9 a.m. and 1:30 p.m. Reservations recommended

tourismecote-nord.com 95 © M. Dupuis



±@22

Natashquan and Pointe-Parent

Population: 277

33 km from Aguanish natashquan.org

It's been made famous by the songs of singersongwriter Gilles Vigneault, the Les Galets heritage buildings, and the residents' warm welcome, but the highlight of visiting this cultural destination is the annual Innucadie Storytelling Festival. The visitor information centre is where you can return the road guide CD you rented in Manitou Falls or Havre-Saint-Pierre. On the beach, Café-Bistro de l'Échouerie is THE place for conversation and an occasional summer show. The village (connected to the provincial road network since 1996) has earned two fleurons under the Fleurons du Québec program that encourages municipalities to beautify their gardens.

Crossing the St. Lawrence by ferry	p. 135
Events	p. 108
Microbreweries and distilleries	p. 174
Outfitters	p. 156
Regional products	p. 176
Performance venues	p. 115



"Sur la route de Natashquan": Road guide CD or USB

24 Chemin d'en Haut, Natashguan 418-726-3054 - copactenatashguan.net - •

Visitors planning to drive east through the Minganie region (starting 4.5 km east of Havre-Saint-Pierre) will want to rent the 2-CD box set or USB from the Visitor Information Centre in Minganie (Manitou Falls) or from the Pelagie-Cormier Terminal in Havre-Saint-Pierre. As you drive the 160-km route to Natashquan, listen to locals talk about their way of life and tell their stories. The road guide includes music, songs, anecdotes and suggested stops.

Patrimoine familial de Gilles Vigneault I Birthplace

17 Allée des Galets, Natashquan 418-726-3166 - <u>avecnatashquan.com</u> - **1** Open: June to September, Monday to Sunday.

A visit to the Maison Vigneault heritage and family site takes visitors back in time to the childhood of the famous poet and singer-songwriter, Gilles Vigneault. Reception is at the home of Grandfather Jean, where you can also view a documentary and listen to interpreterguides tell you about the family, the villagers and, of course, Gilles' childhood. Approximate time: 1 hour.

Les galets de Natashguan I Heritage buildings

s¥.

Allée des Galets, Natashguan 418-726-3054 - copactenatashquan.net - 6 Open: Year-round.

The village within a village known as Les Galets was designated a cultural asset by the Québec government. The name refers to both the fishing sheds themselves, built 150 years ago, and the stone island upon which they stand, mute witness to a long-gone way of life. Their presence brings back fond memories of a time when people could earn a living from cod fishing in Natashquan.

Centre d'interprétation le Bord du cap | Interpretation centre

32 Chemin d'en Haut, Natashguan 418-726-3233 - copactenatashguan.net - **6** Open: June to September.



This replica of the old Natashquan general store displays photographs and artifacts illustrating the storekeeper's job in times gone by. It also features exhibits with 39 different historical themes on the history of the village and the store, including photographs, objects, an audiovisual presentation, and a short biography of Gilles Vigneault, with some information in English. Average time: 45 min. Stop by the Visitor Information Centre first. Reservations recommended for groups.

La vieille école | Old schoolhouse

Natashguan

418-726-3054 - <u>copactenatashquan.net</u> - **1** Open: June to September.

An unassuming wooden structure erected in 1913, today the old schoolhouse serves as a museum, a monument to the memory of all the schoolchildren of yesteryear, and a place to commemorate local poet Gilles Vigneault, Visitors are introduced to the lively characters that people Vigneault's songs, all of whom have a name and a story. Average time: 45 min. Stop by the Visitor Information Centre first, Group rates available

Un air de par ici Gallery and Boutique

24 rue des Galets, Natashquan 418-654-8791 - unairdeparici.com - • Open: June to Mid-September.

LCome and browse the original creations of artists and artisans from near and far, imbued with the distinctive spirit of Natashquan and the North Shore. Stroll along Chemin des Galets and enjoy the town's distinctive vibe as you shop for souvenirs: ceramics, photographs, watercolour and oil paintings, prints, sculptures, maps, books. CDs and T-shirts and different kinds of soap.





Nutashkuan

Population: 878

∻®

59 km from Baie-Johan-Beetz mamit-innuat com/membres/nutashkuan asnx

Located on the banks of the Rivière Natashguan, Nutashkuan is proud of its internationally recognized Atlantic salmon fishery. The community's main economic activities are producing arts and crafts. trapping and tourism.

Famille Lalo



199 rue Pashin, Nutashkuan 418-350-5635 - lafamillelalo@gmail.com Open: June 1 to July 31.

Kuei, kuei! We're promoting the culture of the Nutashkuan Innu by offering trips on the water and traditional activities in the magnificent, breathtaking wilderness that is our Nitassinan, with stunning natural surroundings and the most beautiful sunsets. Stay in an Innu tent, complete with the fragrance of pine forests and try traditional Innu dishes, eaten by the fire, as you listen to the sound of the waves - a unique and unforgettable experience. Niaut!



tourismecote-nord.com 97 © S. St-Jean, Optik 360







TOUTIST III OTHER LOSS 3.50-2.512

TOUTIST III OTHE



Our cruises and riverbus service will make you discover the unique scenaries of the Mingan Archipelago!

1010 Promenade des Anciens, Havre-Saint-Pierre

1 866 538-2865 | smboreale.com

Power generation adjusted to meet the needs of salmon!



So much to discover!
Free tours of
Romaine-1 generating station.

1833 994-3648 hydroquebec.com/visit



HERE COMES THE NEW AIR LIAISON NETWORK



FLIGHT FROM SEPT-ÎLES TO QUEBEC 2 TIMES PER DAY FROM MONDAY TO FRIDAY

> FLIGHT BETWEEN SEPT-ÎLES, BAIE-COMEAU & QUEBEC ON SUNDAY

COMPLETE NETWORK IN THE BASSE-CÔTE-NORD FROM SUNDAY TO FRIDAY

- Anticosti
- Havre-Saint-Pierre
- Natashquan
- La Romaine
- Chevery
- Tête-à-la-Baleine
- La Tabatière
- Saint-Augustin
- Blanc-Sablon

Visit us on **airliaison.ca** to know our schedules Check the Air Liaison Facebook ft to read our news.





Le Golfe-du-Saint-Laurent

Between Kegaska and Blanc-Sablon, the Golfe-du-Saint-Laurent RCM, known locally as the Basse-Côte-Nord, or Lower North Shore, extends over 375 km of coastline punctuated by countless bays, coves and rivers. The colourful villages are reached primarily by sea, with the MV Bella-Desgagnés supply ship, but can also be accessed by air, by ferry from the island of Newfoundland, and by snowmobile on the Route blanche (White trail). This region is inhabited by Anglophones, Francophones and Innu who, over time, have developed a unique culture and way of life visitors are sure to enjoy discovering. You can get to Labrador from Blanc-Sablon on Route 510.

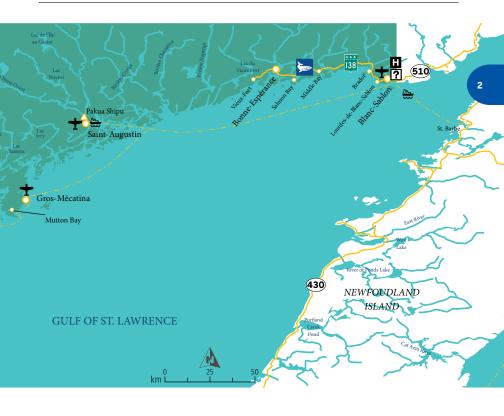


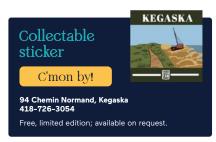
Listen to the podcast: Basse-Côte-Nord Sur la Route de la Côte-Nord (in French)



Watch the video: Minganie et Basse-Côte-Nord Découvrez votre Côte-Nord (in French)









Kegaska

Population: 83

51 km from Natashquan mcngsl@xplornet.com

Trails covered with crushed seashells and white sand immediately catch the visitors' eye. Village life centres on the commercial crab, lobster, and scallop fishery. You can now make the roughly 40-km trip east from Natashquan to Kegaska by road, on Route 138. Ad p.104

Crossing the St. Lawrence by ferry	p. 135
Food markets	p.179
Outfitters	p.156

© S. St-Jean tourismecote-nord.com 103





La Romaine

Population: 85

Access by boat - mcngsl@xplornet.com

Francophones and Innu live together in this area, which has a population of close to 997, including the Indigenous inhabitants. East of La Romaine, the landscape changes as peat bog gives way to the rocky soil that precedes the tundra.

Crossing the St. Lawrence by ferry p. 135
Outfitters p. 156

La Romaine Interpretation Centre

24 Chemin du Ruisseau, La Romaine Côte-Nord-du-Golfe-du-Saint-Laurent - 418-229-2912

The village of La Romaine owes its existence to commercial salmon fishing. The interpretation centre tells the story of the village and of the fisherfolk who were its first inhabitants. Many vintage artifacts and photos are on display. Discover the world of these early settlers and their giant family tree. The centre also has a display on the village of Musquaro, a fishing village whose inhabitants migrated to La Romaine in 1968. The Mini-Golf des Marées is located at the same address.

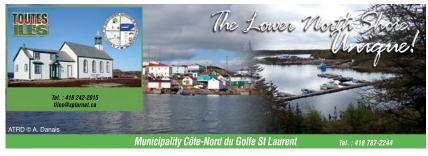
+ Unamen Shipu

Population: 994

unamenshipu.com - 6

This community, located in the RCM Golfe-du-Saint-Laurent (formerly known as the Basse-Côte-Nord), can be reached by plane or by boat. It has a population of approximately 1,200 inhabitants, including roughly 1,000 Innu and approximately 100 non-Indigenous and Maliseet. The Innu were one of the last nomadic Indigenous groups in North America, but today they are sedentary.





ť.

Tourisme Winipeukut Nature | Nature tourism

46 rue du Large, La Romaine 418-229-2218, ext. 103 - winipeukut.ca - 🚯 Open: May to August.

Immerse yourself in the culture of the Innu community of Unamen Shipu (La Romaine). With your Innu host, learn about their way of life, watch artisans at work, explore the archipelago in a Zodiac, sleep in an Innu tent on an island, go salmon or lobster fishing and taste traditional foods. Visits: 1 to 4 days or personalized. Summer access is by boat from Kegaska.





Chevery

Population: 240

mcngsl@xplornet.com

Named after Captain Jean-Baptiste Chevery. the village rests on a sandy tip of land accessible by boat from Harrington Harbour, by plane from Chevery Airport, and by the Route Blanche (white road) in winter. It's the administrative centre for the municipality of Côte-Nord-du-Golfe-du-Saint-Laurent, There's trout fishing on the Nétagamiou and La Croix rivers near the village, and moose hunting in season. A 4-km hiking trail runs from the marina along the Rivière Nétagamiou, where a beautiful waterfall invites visitors to rest and reflect.



Harrington Harbour

Population: 235

mcngsl@xplornet.com

With its port sheltered by several islands, its sturdy white- and pastel-painted houses, wide boardwalks, and bridges crossing gullies and coves. Harrington Harbour has a distinctive and endearing seaside charm. In summer, watch for the bustle of activity from the Coopérative de fruits de mer de Harrington Harbour down by the pier - the centre of island life.

Crossing the St. Lawrence by ferry p. 135



Tête-à-la-Baleine

Population: 145

+

mcngsl@xplornet.com

Tête-à-la-Baleine (Head-of-the-Whale) is named after a geological feature on one of the adjacent islands of the Toutes-Îles archipelago that looks like a whale's head. In winter, you can travel to Tête-à-la-Baleine via snowmobile on the Route Blanche, a wonderful opportunity to experience the distinctive charms of northern life.

Crossing the St. Lawrence by ferry p. 135

Sainte-Anne-de l'Île Providence Chapel

Tête-à-la-Baleine. Côte-Nord-du-Golfe-du-Saint-Laurent 418-242-2015 - mecama@xplornet.ca Open: Year-round.

During fishing season, Tête-à-la-Baleine families move to their summer village on Île Providence. Although tapering off now, before the advent of motorized boats, this seasonal migration was essential for getting closer to the fishing grounds. The chapel. erected in 1895, is the oldest in the RCM Golfedu-Saint-Laurent (formerly known as the Basse-Côte-Nord). The rectory is now an inn featuring typical Ouébec cuisine. Every Saturday, there's a 2-hour guided tour of the island when the supply ship stops over

Maison Jos Hébert | Historic Home

rds⊀.

Association de développement touristique de Tête-à-la-Baleine 152 rue de la Salle. Tête-à-la-Baleine 418-965-1353, 418-242-2176 - nmonger3@hotmail.com Open: Year-round.

Located on Île de la Passe, this historic home bears witness to the island inhabitants' way of life. In 1879. when the federal government began regular postal service to the RCM Golfe-du-Saint-Laurent (formerly known as the Basse-Côte-Nord). Joseph Hébert (who had arrived in the region at the age of 15) began making the journey from Blanc-Sablon to Pointe-aux-Esquimaux (today Havre-Saint-Pierre) to deliver the mail. And, he did so year-round (including at least twice each winter) for the rest of his life - nearly 35 vears!



Pakuashipi (Pakua Shipu)

Population: 295

mamit-innuat.com/membres/pakua shipu.aspx

Over 500 km from Sept-Îles lies the Innu community of Pakua Shipu, which in Innu-aimun means "river of sand". Until recently, the nomadic Innu moved inland along the Rivière Saint-Augustin to fish and hunt, and to trap the abundant salmon, trout and fur-bearing animals found there.

Bonne-Espérance

Population: 670

info@bonneesperance.ca -

The municipality of Bonne Esperance consists of three picturesque fishing villages - Middle Bay, Rivière-Saint-Paul and Vieux-Fort located 55 km west of Blanc-Sablon along Route 138. While each village has spectacular views and breathtaking scenery, they are nevertheless unique. Middle Bay and Rivière-Saint-Paul have historic sites and restaurants. and Rivière-Saint-Paul also offers hotel and B&B accommodation. Visitors to Vieux-Fort will find B&B accommodation and boat trips.

Regional products

p. 177

Musée Whiteley | Museum

302 Blvd de Bonne-Espérance, Bonne-Espérance 418-379-2211, 418-379-2996 info@whiteleymuseum.com

Open: Year-round.

Bonne-Espérance has close ties to the cod fishing industry. Named after William Henry Whiteley, inventor of the cod trap, the museum uses interpretive panels and artifacts to illustrate the history and way of life of the inhabitants of the RCM Golfe-du-Saint-Laurent (formerly known as the Basse-Côte-Nord). Visitors can take home a handmade souvenir in the gift shop, and sample top-notch local cuisine and a variety of beverages at the Cod Trap Café.

106

Gros-Mécatina

Population: 406

Saint-Augustin

Population: 670

Brador

Population: 70

56 km from Bonne-Espérance mbsablon@globetrotter.net - **f**

Archeological digs near this village have uncovered thousands of objects associated with the large French trading post established by Augustin Le Gardeur de Courtemanche in the early 18th century. Much earlier, Brador Bay was a stop for European fisherfolk. An interpretation centre recounts the story of this enduring industry. The lookout at Chute Brador offers a splendid view to visitors who pause to look.

Lourdes-de-Blanc-Sablon

Population: 703

8 km from Brador mbsablon@globetrotter.net

The health centre and government offices make this village the administrative centre of this part of the RCM Golfe-du-Saint-Laurent (formerly known as the Basse-Côte-Nord). It also boasts a museum, that presents the history and way of life of the inhabitants. The fishing sheds and boats on the rocky shore show that the natural seaport is still used by fisherfolk. On the headland overlooking the village stands a statue of Notre-Dame-de-Lourdes, draped in a rosary, shipped all the way from France. In addition to this natural observation point, visitors should tour the interpretation site with information on whales, puffins, and icebergs.

+ Musée Scheffer | Museum

Eglise Notre-Dame-de-Lourdes, Lourdes-de-Blanc-Sablon, Blanc-Sablon 418-461-2000, 418-461-3246, 418-768-6006 harveyburke@gmail.com → Open: Year-round.

Housed in Notre-Dame-de-Lourdes church, this museum presents the life of Msgr Scheffer, who was the first vicar apostolic of Schefferville-Labrador, from 1946 to 1966. Come and visit the new permanent exhibition, featuring artifacts, photographs and a video that brings to life the history of the village and the region. Average time: 20 min.



Blanc-Sablon

+?

Population: 330

4 km from Lourdes-de-Blanc-Sablon - 6

A

Near the village, archaeological digs have revealed the presence of Europeans as early as the 16th century. A year-round ferry service links Québec to Newfoundland, with daily sailings from Blanc-Sablon to St. Barbe from April to January. From January to April, another service takes passengers to Corner Brook, NL. Two kilometres to the east is the 57th meridian, which marks the boundary between Québec and Labrador.

Crossing the St. Lawrence by ferry p. 135
Fish markets p. 173

Vibrant Cities and Festivities

Due to COVID-19, when this guide was printed, the dates and scheduling of festivals and cultural events were still not confirmed. Contact the organization and visit the event's website before you leave.



Organized by date.

Events

From May 12 to 15

Salon du livre | Côte-Nord Book Fair

Sept-Rivières

Cégep de Sept-Îles 175 rue De La Vérendrye, Sept-Îles 418-968-4634 - <u>salondulivrecotenord.com</u> - **9 ©**

This major book fair offers a varied lineup, with cultural programming that includes meet-the-author events, books signings, seminars and round-table discussions and many other exciting literary activities.



From June 10 to 12

Happening des Arts de Tadoussac | Art Happening

La Haute-Côte-Nord

happarts.com - f 🖸

More than 40 artists working in different media come together for a weekend of creativity and discovery. Rather than simply exhibiting works of art, this event takes visitors on a walk to different parts of the village to meet artists, painters, writers, potters, and textile artists and learn about their creative process. We hope you'll come and participate in the artistic process.

(\$)

From June 25 to August 15

Escale musicale du Vieux-Quai | Musical performances

Sept-Rivières

Parc du Vieux-Quai, Sept-Îles 418-962-2525, ext. 2950 - <u>septiles.ca</u> - **{}**

Stop awhile and lend an ear to performances by local and international artists that take place here throughout the summer season. L'Escale musicale is also where the public market takes place, every Saturday starting July.



From June 22 to 26

Baie-Comeau Painting Symposium

Manicouagan

Baie-Comeau Arts Center 1660, rue de Bretagne, Baie-Comeau 418 297-4101 sympobaiecomeau.ca - 6

Treat yourself to a cultural experience at Ouébec's most prestigious painting symposium, with over 30 artists and more than 300 paintings. From 10 a.m. to 9 p.m.: art exhibition, painting demonstrations, entertainment, educational activities, and opportunities to talk with the artists.



From June 16 to 19

Tadoussac Song Festival

La Haute-Côte-Nord

180 rue de l'Église, Tadoussac 418-235-4108 or 1-866-861-4108 chansontadoussac.com - 600

This internationally known event transforms Tadoussac into a great musical celebration. Meet more than forty artists from Quebec, in intimate venues in Tadoussac and on more than a dozen stages. On site: shuttles, accommodation, restaurants,



June 24, 25

(2)

Festival du Fiord en fête de Sacré-Cœur I Family festival

Sacré-Cœur 418-236-4621 - sacre-coeur.ca - •

Bring the whole family to this welcoming event that features a variety of fun and festive activities for all ages, including a must-see themed competition and an evening show.

July 1,2

Chute-aux-Outardes Bike Show

Manicouagan

2076, 2º rang, Ragueneau 418-297-6857, 418-293-4256 kendesbiens@lives.ca - •

Chute-aux-Outardes welcomes visitors once again this year to the largest gathering of motorcycle enthusiasts in eastern Québec. The show has an exciting program, headlined by Breen Leboeuf and a number of tribute bands. Follow us on Facebook. Everyone welcome!

July 9, August 13, September 10

Moonlight Jazz Concerts

άŝ

La Haute-Côte-Nord

₹\$(\$)

Marine Environment Discovery Centre 41 rue des Pilotes, Les Escoumins 418-232-6653 - odysseeartistique.jimdofree.com - 6

Experience a magical outdoor concert on the shores of the majestic St. Lawrence, under the full moon, with whale sounds in the background. Odvssée Artistique presents three multi-sensory musical adventures.



July 13 to 17

Festival intime de musique classique I Classical Music Festival

52 rue Principale, Les Bergeronnes 418-232-6653 - odysseeartistique.jimdofree.com -

Come and hear intimate performances of classical pieces in Les Bergeronnes' century-old wooden church, renowned for its outstanding acoustics. The schedule includes: advanced music workshops, discovery and art workshops, exhibitions, musical brunches, and a varied lineup of evening concerts.



July

Animation de la Promenade | **Boardwalk entertainment**

Les Escoumins - 418-233-2766 - escoumins.ca

Against the stunning backdrop of the bay, the Les Escoumins boardwalk thrills to the sound of music, mascots and artisans, who set up booths to display their varied creations. In the evening, the event moves indoors for some hearty country cooking and musical performances.



July 7 to 9

Festival Eau Grand Air de Baie-Comeau I Outdoor festival

Manicouagan

Parc des Pionniers, Baie-Comeau 418-476-1137 - eaugrandair.com - 😝 🚳



The festival features musical performances by well-known local artists and a wide variety of family-friendly activities. The festival takes place in Parc des Pionniers, one of the most scenic spots in Baie-Comeau



From July 14 to 17

Vieux-Quai en fête | Festival

Sept-Rivières

(S)

Sept-Îles - 418-968-1422, 418-964-3345 vieuxquaienfete.com - 🚱

This popular family festival features some 75 activities over four days, including shows, street entertainers, inflatable games and surprises galore!

From July 1st to August 18

Théâtre des Béloufilles I Theatre performance

La Haute-Côte-Nord

180 rue de l'Église. Tadoussac 418-554-6550

theatredesbeloufilles.com - 😝 🛭



Camping sauvage et domestique is a comedy for all ages, featuring skits, monologues and dialogues about the enduring myths of camping, the endless associated gadgets, and the simple pleasures of scary stories told around a camp fire. The actors will make you laugh, and maybe pause to reflect ...

From July 21 to 24

Family Festival

Minganie

1769 rue de l'Anse. Havre-Saint-Pierre 418-538-6994 - festivaldelafamille.com - 6



This year marks the 24nd edition of the Havre-Saint-Pierre festival, a fun-filled annual event where the young and not-so-young can come and enjoy themselves by the sea. Everyone welcome!

From July 15 to 30

Baie-Comeau, D'aventure et de culture I i⊾®s Multimedia show

Manicouagan

Baie-Comeau Arts Centre 1660 rue de Bretagne, Baie-Comeau 1-866-525-2499 - bcaventureetculture.com - •



This multimedia extravaganza uses archives, firstperson accounts and outstanding musical numbers to take you deep into Baie-Comeau history and bring the town's greatest achievements of the past few decades to life. You won't want to miss this exciting cultural and artistic experience!



From August 4 to 6

Côte-Nord Beer Festival

Manicouagan

Parc des Pionniers, Baie-Comeau 418-297-4101 - festivalbierecotenord.com - G



Baie-Comeau invites you to explore the fascinating world of beer during this event-filled weekend. Come and savour Québec's best craft brewery products and enjoy musical performances in a warm and lively atmosphere. See website for schedule.

From August 4 to 7

Innu Nikamu Festival

Sept-Rivières

15 rue Innut, outdoor location, Maliotenam 418-927-2476 - innunikamu.ca - **(7 9 9**

The 36th edition of the biggest Indigenous traditional and contemporary music festival in eastern North America invites artists from different nations to take the festival stage. Come and meet members of the First Peoples and share in their heritage and culture.

From August 11 to 14

UCI Route Paracycling World Championships

(S)

١ ،

Manicouagan

59 Place La Salle, Baie-Comeau 418-296-5959 - paracyclismebaiecomeau.com - 🕶 😉



Be a part of this exciting province-wide road cycling competition, held on a safe route on the streets of Baie-Comeau. The event brings together over 200 Québec athletes in the junior, senior and master categories. Or come and watch: Québec's cycling elite puts on a great show!

From August 11 to 13

Festi-GrÎLes de la Côte-Nord | BBQ Cook-Off

ΘŚ

Sept-Rivières

1151 Ave De Quen, Uashat 418-964-9877 - festigrilescotenord.com - 😝 😉



Come and attend Bob the Chef's workshops. Festival venues include restaurants, microbreweries and distilleries. For BBO enthusiasts: training (\$) with Projet BBQ's Alex Turcotte on Friday and Saturday; amateur BBQ competition on Saturday. Learn about Innu culture by sampling traditional dishes. Musical performances by renowned artists. Meeting point is at the Site culturel Innu de Uashat.



August 13

Moonlight Jazz Concerts (See p. 109)

From August 11 to 14

Festival du conte et de la légende de l'Innucadie | Storytelling festival

Minganie

17 Chemin d'en Haut, Natashguan 418-726-3213, 581-622-0449 - innucadie.com - **(f)**

Innucadie is a famous, imaginary homeland that's a powerful symbol of unity, bringing the Innu and the Acadian people together to share their traditional skills. The festival comes alive through words, songs and music. Discover the vibrant cultures of these two peoples.



From August 18 to 21

Festival Country des Nord-Côtiers | Country music festival

Manicouagan

197 rue de Baie-Saint-Ludger, Pointe-aux-Outardes 418-295-5073, 418-567-7984 festivalcountrydesnord-cotiers.com -

Country music is great for bringing people together! This festival features performances by professional musicians, dance classes, horseback riding as well as organized games, contests, exhibits and more. Mix 'n mingle with other country music fans during this fun weekend! Admission: different packages available.

From August 26 to 28

Sacré-Coeur Gymkhana

La Haute-Côte-Nord

Sacré-Cœur - 418-236-4621 sacre-coeur.ca - 🙃

This event features a horseback riding competition, an evening show and other festive events.

From September 2 to 5

is s

≘\s

Les Escoumins Maritime Festival

Marine Environment Discovery Centre 41 rue des Pilotes, Les Escoumins 418-233-2766. ext. 26 - escoumins.ca -

An exciting lineup of activities enables festivalgoers to discover the unique underwater world of the Escoumins region, its varied marine life and astonishing treasures.

From September 2 to 5

Grande Corvée des monts Groulx | Cleanup ®

Manicouagan et Caniapiscau

10 Chemin du lac Daigle, Fermont 581-444-1924 - amisdesmontsgroulx.com - 🚯

The 21st edition of this annual gathering brings together volunteers who are committed to protecting and promoting the Mont Groulx mountains. This communal effort, open to all, is a perfect opportunity to explore this beautiful wilderness and share the pleasures of the great outdoors.

September 10

Moonlight Jazz Concerts (See p. 109)

is c

(2)

September 10, 11

Marché d'automne de Port-Cartier| Fall market

(\$)

Sept-Rivières

Port-Cartier - 418-766-3855 tourisme@villeport-cartier.com - 🚯



Meet Port-Cartier's market gardeners and artisans at our friendly, local public market. Come for the fresh vegetables, many crafts, eco-friendly and local products, handmade pottery and other original items, on display under a tent. The market takes place on Île McCormick, on a weekend in mid-September, from 11 a.m. to 4 p.m.

September 17

Béluga Ultra Trail

(\$)\$

La Haute-Côte-Nord

418-487-5247 - belugaultratrail.ca - 🕶 🚳



This family event focuses on protecting the beluga, currently an endangered species, and is open to all types of runners. Some trails run along the Sentier du Fjord in Saguenay Fjord National Park, and provide opportunities to see these "white whales". The event goes from Sacré-Coeur to Tadoussac.

(3)

From September 22 to 25

Côte-Nord Migratory Bird Festival

750 Chemin du Moulin-à-Baude, Tadoussac 418-232-6249, ext. 28 or 1-877-637-1877 festivalmigrateurs.com -

Bird enthusiasts and experts gather in the fall to watch the annual migration. Activities on the dunes themselves or in nearby birding locations: excursions, cultural events and seminars by experts from the OOT (Observatoire d'oiseaux de Tadoussac). See website for details on the festival's 12th edition

September 24, 25

Envol d'automne - Parc Nature | Fall birdwatching event

Manicouagan

Parc Nature de Pointe-aux-Outardes 4 rue Labrie, Pointe-aux-Outardes - 418-567-4227 parcnature.com - **?**

This event, held on the official site of the Côte-Nord Migratory Bird Festival, celebrates the park's biodiversity with a varied lineup of activities. Over 255 species of birds pass through the park against a backdrop of brightly coloured fall foliage; no wonder it was named one of the five best birdwatching sites in Québec! Ad p. 56

December 3, 4

Marché de Noël de Tadoussac | Christmas market

La Haute-Côte-Nord

Tadoussac - 🚯

This market has over 20 exhibitors selling handcrafted jewellery, artisanal sweets, regional delicacies and more! Shop at this friendly little market to find unusual Holiday gifts and encourage local business.

November 12

Marché de Noël au Coeur du Fjord | Christmas market

Sacré-Cœur - 418-236-4621 sacre-coeur.ca - **G**

Meet the artisans and creators from the Upper North Shore, admire their creations and learn about their skills. Who knows, you might just find the perfect holiday gift for that hard-to-find person on your list!

3rd Saturday in November

Défilé de Noël de Port-Cartier | Christmas parade

Sept-Rivières

Port-Cartier 418-766-4414, 418-766-3855 or 1-888-766-6944 villeport-cartier.com -

The themed floats, entertainment along the route, tree-lighting ceremonies, fireworks, candy and festive ambiance of this Christmas parade are sure to make you feel like a kid again. And, tell your inner child that the REAL Santa has promised to be there!

December 9, 10

Sentier de Noël | Christmas Trail

La Haute-Côte-Nord

170 rue Principale, Portneuf-sur-Mer 418-238-2642 – <u>portneuf-sur-mer.ca</u> – **ਿ 🌣 😉**

Costumed volunteer actors take visitors along wooded trails and tell them magical tales about Christmas past. These surprising, colourful stories rekindle memories for those who know the village and first-time visitors will discover a fascinating new world!



From January 19 to 29, 2023

Cinoche - International Baie-Comeau Film Festival

Manicouagan

Ciné-Centre, 600 Blvd Laflèche, Baie-Comeau 418-282-1581 - <u>festivalcinoche.ca</u> - **f**

Festival films are screened in 4 different theatres. The varied programming includes "Images on Ice", a series of outdoor screenings on a giant screen made of snow, and film talks with famous guests. In 2018, Cinoche celebrated its 30th anniversary.

February 2 to 6, 2023

Festival du film de Sept-Îles - Ciné 7 | Film festival

Sept-Rivières

410 Ave Évangeline, Sept-Îles cine7.ca - 🕶 😉

Despite the winter chill, Sept-Îles burns with a passion for cinema, as expressed in a varied lineup of films from around the world, as well as special events, meetings with actors and filmmakers, short films, talks and more.

February 18, 2023

Boréal Loppet

La Haute-Côte-Nord

16A 5th Avenue, Forestville 418-587-4160, 418-587-4491, ext. 6100 borealloppet.ca -

This cross-country ski race for athletes and families has routes for all ages and all levels. The event now includes a number of fathike races. See website for details



February 2023

Festival des Hivernants | Winter Festival

Sept-Rivières

(\$)\$

Vieux-Poste de Sept-Îles rue Shimun Via boulevard des Montagnais, Sept-Îles 418-962-1238 or 1-888-880-1238 tourismeseptiles.ca - 🕶

The Fur Traders' Winter Festival honours those traders from a bygone era who stayed at the Historic Trading Post through the long, cold winter. This multigenerational festival brings together Indigenous and non-Indigenous people through original activities that focus on culture, and just generally enjoying winter.





Organized by sub-theme, from west to east.

Performance venues

Manicouagan

Baie-Comeau

Baie-Comeau Arts Centre

This major performing arts venue boasts two spaces: an 840-seat Theatre for major shows by leading artists, and Espace Alcoa, a multi-purpose venue that can seat up to 400 people in cabaret-style, bleacher or regular seating. There's a branch of the Alice Lane Library and local music and dance organization offices. Three summer shows: Ayrad (world music), Amarelinha (family theatre) and Jay Scott (song). For details, visit: centredesartsbc.com.

Sept-Rivières

Port-Cartier

Café-théâtre Graffiti

50 Chemin des Îles, Île McCormick, Port-Cartier 418-766-0101 or 1-866-766-0101 - <u>legraffiti.ca</u> - **1** Ticket office: <u>legraffiti.tuxedobillet.com</u> Open: Year-round.

With over forty shows a year, this intimate downtown venue is well-known for its varied lineup. The new Ciné-Graff schedule presents repertory films. Ad p. 81

Sept-Îles

Salle Jean-Marc-Dion | Performance venue

546 Blvd Laure, Sept-Îles 418-962-0100 or 1-888-671-0101 sallejmd.com - **♀ ⑤ ⑤** Open: Year-round.

Renowned for its friendly atmosphere and dedicated team, this venue offers standout programming in all the performing arts. A major venue since 1993, it showcases work by emerging as well as established artists.

Minganie

Open: Year-round.

in 🖘

6 🕏

k 🖘

Havre-Saint-Pierre

Salle de diffusion de la Shed-à-Morue | Screening centre

ફ કું

951 rue de la Berge, Havre-Saint-Pierre 418-538-1836, 418-538-2717 havresaintpierre.com -

Conveniently located in the centre of the city's tourist and cultural attractions, this seaside entertainment venue presents film screenings and an exciting schedule of live events that include a carefully selected mix of dance, music and theatre that's bound to please! On summer evenings, check out the local talent at the Soirées Cayennes evenings. Find out what's on when you're next in town.



Natashquan

Café-Bistro l'Échouerie

55 Allée des Galets, Natashquan
Ticket office: 581-622-0350, 418-726-6005
comspecnatashquan@gmail.com -
Open: June to September.

Located on the Les Galets heritage site, this venue boasts a beachfront patio with lovely ocean views and a nautical ambiance where original versions of regional specialties and bistro-style dishes are served. This popular, intimate space has just over 105 seats and doubles as a performance venue for local and visiting performers. On performance nights, the kitchen closes at 7 p.m.

≎X

Shopping

Manicouagan

Baie-Comeau

Centre Manicouagan | Shopping mall

600 Blvd Laflèche, Baie-Comeau 418-589-9651 - <u>centremanicouagan.com</u> - **G ©** Open: Daily, year-round.

This mall is the Côte-Nord's top shopping destination, with around 30 stores and services, including a Walmart, Maxi grocery store and restaurants. The mall provides a number of free services to make your shopping experience more pleasant and, above all, hassle-free: free WiFi, family parking, nursing room, stroller wheelchair and walker rental.

Galeries Baie-Comeau | Shopping mall

300 Blvd La Salle, Baie-Comeau 418-296-6461, 418-297-8020 galeriesbaiecomeau.com - • Open: Daily, year-round.

Located in the town's Marquette neighbourhood, this mall has a bank, grocery store, drugstore, SAQ outlet (liquor store) and many other local businesses and international chains.

Sept-Rivières

Sept-Îles

Brassard Buro

25 rue Napoléon, Sept-Îles 418-968-8119, 418-965-1865 or 1-877-968-8119 brassardburo.com - •

Open: Year-round; closed Saturdays and Sundays.

Stationery and office supplies, furniture, lighting, and home décor. Sale and repair.

Capelan

Sept-Îles - 418-444-7760 - capelan.ca - 🕶 😉 Open: Year-round.

Capelan sells exclusive clothing, accessories and other North Shore-themed items through its online store. Artist Viviane Vallerand transforms various parts of the North Shore – the Monts Groulx mountains, the Pointe-des-Monts lighthouse, Route 138 and Place de Ville in Sept-Îles – into unique and colourful works of art. **Ad p. 14**

Les Galeries Montagnaises | Shopping mall

1005 Blvd Laure, Sept-Îles 418-962-4979 - galeriesmontagnaises.com - **()**

The Galeries Montagnaises mall, the largest Indigenous-owned shopping centre in Québec, belongs to the Uashat mak Mani-Utenam Band Council. It houses over 40 stores and businesses, including retail giants Walmart and Maxi. The building is both a great place to meet and shop and a symbol of Innu pride.

Minganie

Havre-Saint-Pierre

Les Dériveuses

lesderiveuses.com - 😝 🕥

Open: Year-round; closed Saturdays and Sundays.

Les Dériveuses is the brainchild of two young entrepreneurs from Havre-Saint-Pierre. The online store sells original clothing and accessories inspired by the natural beauty of the Minganie region.

Indigenous Tourism

Tourisme Autochtone Québec

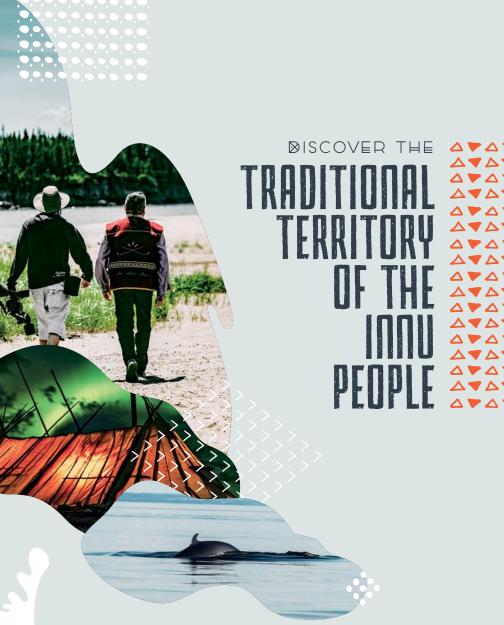
50 Blvd Maurice-Bastien, local 510, Wendake 418-843-5030 or 1-877-698-7827 indigenousquebec.com - 🔞 🕲 Open: Year-round.

From Essipit to Pakua Shipi, Québec Aboriginal Tourism invites you to experience the multiple facets of a rich and authentic culture that combines age-old traditions and contemporary ways. See what the Innu, and Québec's 10 other Aboriginal First Nations, have to offer throughout Aboriginal Québec: ethno-cultural tourism, arts and crafts, hunting and fishing, cruises, unusual accommodation, and much more. **Ad at right**

Tshakapesh Institute

1034 Ave Brochu, Uashat 418-968-4424 or 1-800-391-4424 - <u>tshakapesh.ca</u> - **①** Open: Year-round.

In pursuit of its mission to preserve the Innu heritage while remaining open to other cultures, the Tshakapesh Institute provides local Innu communities with quality services in the fields of language, culture and education, with the goal of helping all its clients grow.



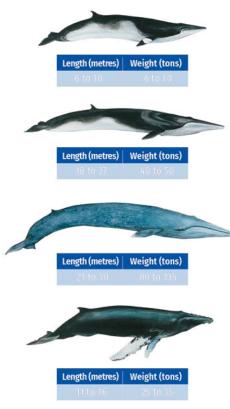
More than 135 authentic experiences are waiting for you everywhere in Quebec indigenous lands.

quebec aboriginal.com 1 877 698-7827



Route des Baleines (Whale Route)

Follow the blue signs with the little white whale and discover the secrets of the Whale Route! Blue road signs indicate points of interest and natural attractions for visitors. Some towns feature little-known access points to the coast, great whale observation sites, or interpretation facilities.



Baleen whales

Minke whale

The minke whale can often be spotted near the shore along the Whale Route. Its blow is rarely visible, and its head and dorsal fin appear almost simultaneously. It often executes spectacular surface manoeuvres to catch its prey, displaying its pink underside.

Fin whale

The second largest living animal on the planet, the fin whale is generally solitary or lives in small groups. It can be identified by its highly visible blow in the shape of a column, its grey back and sizeable dorsal fin. Some fin whales return every year to their summer feeding grounds in the St. Lawrence.

Blue whale

The St. Lawrence is one of the rare places in the world where the blue whale – the largest animal on the planet – can be observed close to the shore. You will recognize this giant from its explosive blow, blue-grey coloration and small dorsal fin set far back on its body.

Humpback whale

Despite its stocky body, the humpback whale swims gracefully, breaches often and shows its tail every time it dives. It spends the winter in the Caribbean Sea and returns each summer to feed in the nutrient-rich St. Lawrence.



Toothed whales

Beluga whale

Typically an arctic dweller, the beluga whale also lives in the St. Lawrence. St. Lawrence belugas spend the summer in the mouth of the Saguenay. These fascinating and intensely curious whales have a complex social life and a wide vocal range. Although hunting stopped 30 years ago, the beluga population is still in decline

Sperm whale

Herman Melville's Moby Dick prefers very deep waters. The sperm whale's distinctive bushy blow is angled forward; it also slowly lifts its tail very high out of the water before beginning a deep dive that can last over half an hour. Sperm whales have been sighted regularly in the St. Lawrence Estuary since 1991.

Killer whale

The largest member of the dolphin family and the most fascinating of the whales, killer whales are rarely sighted in the St. Lawrence. Don't be fooled: minkes can easily be mistaken for killer whales, especially when they are feeding near the surface.

Harbour porpoise

The harbour porpoise is the smallest of the St. Lawrence cetaceans and is therefore harder to spot. But keep your eyes peeled, as there are over 20,000 of them! Often seen in small groups, their characteristic swimming style makes it look as though they are rolling on the surface of the water.

Atlantic white-sided dolphin

Curious and playful by nature, the Atlantic white-sided dolphin swims in pods and loves to surf in the wakes of passing boats. It is found in great numbers in the Gulf of St. Lawrence and occasionally visits the St. Lawrence Estuary.



Live the St. Lawrence River

Being on or near the St. Lawrence is a guaranteed thrilling experience. The river and its many attractions and activities – stunning scenery, a marine park, over 1,000 km of shoreline and beaches, whale-watching, kayaking, sailing, cruises – are an essential part of the Québec identity.



Marine protected area

1.2 wy

Tadoussac - 418-235-4703 or 1-888-773-8888 parcmarin.gc.ca - **€ © ©**

The Saguenay-St. Lawrence Marine Park is both an exceptionally biodiverse protected marine area and one of the best places in the world for whale watching.

The Discovery Network enables visitors to discover its natural beauty and cultural treasures through a wide range of activities related to the local marine environment and its maritime history. On-site: marine mammal and bird watching, sea excursions, diving, interpretation centres and museums, hiking, picnics and spectacular sunsets over the fjord or the river.

Planning a sea excursion

Whether you're operating a motorized or non-motorized craft, did you know your presence can disturb marine mammals and encourage them to change their natural behaviour. To learn about the park's regulations, watch the free online training video at boaters.navigatingwhales.ca.

When you see a marine mammal, be sure to keep a 200-m distance from them, which increases to 400 m for endangered populations such as belugas and blue whales.

Being on the water in the Marine Park can also be dangerous. Don't underestimate the effects of water temperature, wind, tides and other changing weather conditions. Learn about them before you head out.

Ad p. 2





Sea Excursions

La Haute-Côte-Nord

Tadoussac

Croisières AML I Cruises

177 rue des Pionniers, Tadoussac (Departure from Tadoussac Pier) 418-692-2634, 418-235-4642 or 1-800-563-4643 croisieresamLcom - 🕶 🕥 🚳

Ad p. 1

Go on a Zodiac adventure

Join us for a breath-taking adventure aboard our specially designed vessels that give passengers a 360-degree view that is ideally suited for whale watching. Your captain guides you safely through this spectacular environment that is sure to give you a new appreciation of the St. Lawrence plant and animal life. Guaranteed thrills! Children 6 years and older (minimum height: 47" (140 cm) may come aboard.





Whale-watching in style

Go whale-watching in comfort and style aboard the company's sightseeing vessels, designed for observing the giants of the sea. These cruises promise passengers an unforgettable encounter with the whales aboard the best sightseeing boats in Canada. Our experienced bilingual naturalists share their knowledge and enthusiasm for the spectacular marine mammals



The St-Laurent VIP Lounge Experience

Enjoy a distinctive whale-watching experience in the brand-new AML Cruises St-Laurent VIP Lounge. Meet the giants of the sea in the comfort of a glassed-in area on the upper deck. The staff is happy to serve you on the outdoor deck or in one of the two VIP lounges, where you can kick back with snacks and drinks made with local products.



© © AML tourismecote-nord.com **121**

Tadoussac autrement | Whale-watching tours

100 rue du Bord-de-l'Eau, Tadoussac (Departures from the marina's commercial dock) 418-235-3333 - tadoussacautrement.com - **6** Open: May 18 to October 31.

This family-owned business offers cruises in a closed 12-passenger Zodiacs with sliding windows so passengers can observe marine mammals in comfort. Our two experienced captains take you on a tour of the river and the fjord that their family has navigated for centuries. A great alternative to the offerings of more commercial tourist companies. Looking for a fishing package? Contact us by email. Departures depend on the tides. Reservations required.





Les Bergeronnes

@s

Croisières Essipit | Cruises

s9 **%. ‰**

Get ready for a thrilling encounter with the majestic whales that travel through the deep, food-rich waters of the Laurentian Channel. See whales in complete safety and comfort aboard one of six 12- or 36-passenger Zodiacs, all piloted by experienced captain-guides. Don't miss this chance for an up-close encounter with the world's largest mammals. Average time: 2 hours. Reservations recommended. Ad back cover.







Croisières Neptune | Cruises

507 rue du Boisé, Les Bergeronnes 418-232-6716 or 1-877-763-7886 croisieresneptune.net - • • Open: May to October.

Welcome aboard our safe and comfortable Zodiacs equipped with retractable windows, and let our experienced captains take you to the best whale watching spots. Free shuttle service provided. Ticket offices at Les Bergeronnes and Les Escoumins. Ticket sales, free parking and souvenir shop at both locations. Average time: 2 - 2.5 hours. Reservations recommended. See website for details.



Les Escoumins

Les Écumeurs du Saint-Laurent | Cruises \$1.56

31 rue des Pilotes, Les Escoumins 418-233-2141 or 1-888-817-9999 lesecumeurs.com - • Open: June to October; 4 departures daily.

Whale-watching from our 12- and 24-passenger Zodiac-style boat ensures passengers get top-quality, personalized service, Cruses depart from the safe, scenic wharf at Les ECLOSED minutes from Tadoussac and close to the many whale feeding grounds. Private parking the parking deep surveillance. Average time: 2 hours. Satisfaction guaranteed or your money refunded.



Croisière Escoumins | Cruises

≑**म**ऽख़

37 rue des Pilotes, Les Escoumins 418-905-2340 or 1-866-225-3463 <u>croisierebaleine.ca</u> - **€ ○** Open: June to October.

Whale sightings guaranteed or your money refunded! Hop aboard one of our new, safer, family and environmentally friendly Zodiacs designed to make whale spotting a cinch! Les Escoumins is THE whale-watching destination in Québec. We use local boat captains and offer bilingual commentary by experienced naturalists, as well as themed and VIP cruises and charters. At the boarding site: secure parking, picnic area and fast-food restaurants, restrooms, private dock and motorhome/RV stopover. Average time: 2 hours.





Mériscope Marine Research Station

37 rue des Pilotes, Les Escoumins 581-323-1027, 581-623-8940 - <u>meriscope.com</u> - **9** Open: July 1 to October 15.

This non-profit organization has been conducting whale research and working to protect the marine environment for 22 years. Go on a real scientific daytrip with enthusiastic marine biologists to explore the world of large whales and marine birds, aboard an 8-passenger Zodiac with a trilingual guide. Average time: 5 hrs. Reservation required. Talks and packages upon request.





Manicouagan

s Tee

Baie-Comeau et Godbout

Société des traversiers du Québec ★S▲ 媛参X (ferry corporation) | Sea Excursions

14 Route Maritime, Baie-Comeau 1-877-787-7483 - <u>traversiers.com</u> - **9 3** Open: Daily, 9 a.m. to 5 p.m.

Discover the splendours of the majestic St.

Lawrence River on a ferry trip between Matane and Baie-Comeau or Godbout. Average time: 2 hrs
15 minutes. Book your trip on our website, or by calling 1-877-787-7483. Ad: detachable map





Baie-Comeau

birds from the water.

Les Expéditions Pirsuq | Boat trips

20 Ave Cartier, Baie-Comeau 418-296-9717 - victorhamel57@gmail.com -
Open: June to September.

This outdoor adventure company offers harbour tours, boat trips to visit the region's enormous glacial grooves, a stopover at Anse Saint-Pancrace, and opportunities to observe marine mammals and sea

tourismecote-nord.com

124

Sept-Rivières

Sept-Îles

Les Croisières du Capitaine | Cruises

Boat launch on rue Maltais, Sept-Îles 418-968-2173, 418-962-0469
lescroisieresducapitaine.com

The goal of this company is to help passengers learn about the history of the Sept-Îles Archipelago and the diversity of local marine life. On board our inflatable boats, you can observe up to 30 local seabird species and, if you're lucky, different species of whales, seals and dolphins. A shuttle service runs from the marina to Île La Grande Basque, where you can enjoy guided or self-guided hikes, camping and exploring tidal pools. Reservations recommended.



Île La Grosse Boule Purmer Ocean Farm (*)

Marina, in front of the volleyball courts Sept Îles Archipelago 418-960-4915, 418-962-9753 - <u>ferme-purmer.com</u> -

- A

\$ 8

Come and learn fascinating details about marine species by touring an underwater farm. Stay in one of our three 4- to 8-person yurts located right on the shore. Take a trip in an inflatable boat that includes commentary and tasting of products straight from the sea. Average time: 3 hrs. Reservations required.

Croisières Sept-Îles

Promenade du Vieux-Quai (pier in front of the volleyball courts) Sept-Îles 418-409-5522, 819 440-8015 croisieresseptiles.com

Croisières Sept-Îles is ready to welcome you and help you experience the amazing world of the St. Lawrence. Discover the wonders of the archipelago on a private or group cruise aboard a zodiac. Rent a private shuttle and explore the mythical island of La Grande Basque, or try your hand at deep-sea fishing. You could also rent a paddle board to get a different view of this hiodiverse marine environment



© Optik 360, R. Pintiaux
 tourismecote-nord.com

Minganie

Longue-Pointe-de-Mingan

Excursions du Phare | Lighthouse excursions \$

126 rue de la Mer, Longue-Pointe-de-Mingan 418-949-2302 or 1-877-949-2302 minganie.info -

Be amazed at the varied plant and animal life of the Mingan islands. Gaze at monoliths, fish for sea urchins (subsequently released) and see puffins, seals, and whales aboard a safe and comfortable 12-passenger boat, guided by Marius and one of his captains. Before every departure, the daughter of the lighthouse keeper give an informative talk. Departures at 8, 10 and 11:30 a.m. and 3 p.m.





Excursions Famille Loiselle

207 rue de la Mer, Longue-Pointe-de-Mingan (Departures: across from the church) 418-949-2689 or 1-866-949-2307, ext. 2 tourisme-loiselle.com • • Open: Mid-May to mid-September.

Let the Loiselle family take you to a world of unforgettable beauty – the Mingan Islands – aboard the 12-passenger *Macareux* and *Perroquet*. You'll learn about the region's abundant plant life, gaze at monoliths, observe puffins, fin whales and seals, and fish for sea urchins, with our experienced guide during the 3.5-hour excursion (with 2 stopovers). Packages include accommodation at the Minganie Campground. Reservations required. **Ad p. 91**



Havre-Saint-Pierre

required.

Croisières du Capitaine Richard | Cruises

₹\$**₩**≜

1010 Promenade des Anciens Pélagie-Cormier Terminal, Havre-Saint-Pierre
418-538-3375 - caloupechu@hotmail.com Open: June 10 to October 10.



5:00 p.m.) for groups of 10 to 12 passengers includes commentary on the park and its history. Reservations

126

Services Maritimes Boréale | Marine Services

1010 Promenade des Anciens – Pélagie-Cormier Terminal, Havre-Saint-Pierre (Departures from Havre-Saint-Pierre Marina) 418-538-2865, 418-538-2<u>5</u>76

smboreale.com - 60

Ads pp. 99, below

s 🕶

47-passenger vessels: Choose from a variety of cruises in the Mingan Archipelago, including 2 stopovers, aboard the *Perroquet de Mer or Calculot*. Interpretation by Parks Canada guides. Average time: 3.5 hours to 6 hours. Open: Early June to late September, 1 to 3 departures daily. Packages available. Reservations required.





Zodiac boats: Trips to observe Atlantic puffins in the eastern part of the Mingan Archipelago, including a stop at the lighthouse on Petite Île au Marteau. Reservations required



Zodiac riverbus: Get personalized access to the entire eastern and central part of the Mingan Archipelago. Ideal for self-guided hikes, camping or a family picnic. We also offer diving trips. Variable schedule and trip duration.





Le Golfe-du-Saint-Laurent

Relais Nordik

ΔC ★ S C X X R F

17 Ave Lebrun, C. P. 1113 succ. A , Rimouski 418-723-8787 or 1-800-463-0680 relaisnordik.com - 🚇 Open: April to January.

Experience life on board a cargo-passenger ship that serves Île d'Anticosti and the Basse-Côte-Nord (Lower North Shore). The MV Bella-Desgagnés offers one-way or return all-inclusive fares that include cabin and meals. This ultra-modern vessel provides guests with the comfort of private cabins (double or quadruple occupancy), spacious lounges and top-notch cuisine. Short stopovers made in ports of call. Reservations required.



Sailing

La Haute-Côte-Nord

Tadoussac

L'Estuaire Sailing School

261 rue de l'Hôtel-de-Ville. Tadoussac 418-235-4474, 581-882-2611 voilestuaire.com - 6

Learn to sail and discover the magnificent Saguenay-St. Lawrence Marine Park through talks on local plant and animal life, oceanography, geology as well as Tadoussac's history and heritage. Whether you choose an introductory session or an overnight package on board, we share our love for sailing with all comers. The Chelona, our 45.1-ft Jeanneau Sun Odyssey, is a comfortable 4-cabin boat that sleeps 8 people. Departures from the marina.

Sept-Rivières

Sept-Îles

KiteNord

101 rue Doire, Sept-Îles 418-964-6084 - <u>kitenord.ca</u> - **1**



Our introductory course teaches you how to fly a trainer kite and how to fly in the water. You'll learn: setting up a kite sail; flying the kite; features of the equipment: how to move around in the water without a board; and how to start on the board. There's a safety component at the end of the course. Then, you learn to take off and land on your own, get on the board and go for long rides. Depending on your progress, you'll learn how to change tack and go unwind Advanced sessions offered

The sea seen from the air

La Haute-Côte-Nord

Les Escoumins

Totem Aviation

<u>ج</u>ود

Escoumins Airfield 14 Chemin du Lac-Saint-Onge, Les Escoumins 581-235-5235 - <u>totemaviation.ca</u> - 😝 🕝 Open: May 15 to November 20.

Come and admire the wonders of nature from high in the air, including the beautiful vistas between the Saguenay Fiord and Les Escoumins, Watch marine traffic, see local boat captains boarding international boats, and try and spot different species of marine mammals, including belugas – visible due to their white colour. The airfield is just 25 minutes from Tadoussac. For reservations, visit the website.



Canoeing, Kayaking, Paddlebording and Surfing

Neighbouring regions

Saguenay—Lac-Saint-Jean

Fjord en kayak | Kayaking tours

⊜\$₩

359 rue Saint-Jean-Baptiste, L'Anse-Saint-Jean 418-272-3024 or 1-866-725-2925 fjordenkayak.ca • 🕶 😉 Open: May 15 to October 10.

Rated a Signature Experience by Destination Canada, and a two-time gold medal winner at Les Grands Prix du tourisme québécois (Québec tourism awards), this company offers a variety of excursions: 2 hours (families with children aged 3 to 14); 3 hours, and up to 5-day trips in the Saguenay Fjord. We have fibreglass kayaks for small groups. We also offer Levels 1, 2 & 3 skills certification for sea kayaks, paddle boards (SUP) and recreational kayaks. Reservations recommended.





La Haute-Côte-Nord

Tadoussac

Mer et Monde Écotours

⊜s

148 rue du Bord-de-l'Eau, on Tadoussac Beach 418-232-6779 or 1-866-637-6663 meretmonde.ca • 🕶 🖾 Open: June 17 to September 4.

Paddle in one of the world's 10 most beautiful bays, admire the sheer cliffs of the Saguenay Fjord or the Tadoussac dunes. We offer a wide variety of outings on the water, either by stand-up paddle board or sea kayak. Children over 12 welcome. Our small groups (max. 8 people; children over 12 welcome) leave from Tadoussac beach and enjoy a safe, friendly and personalized experience Average time: 3.5 hrs. Daily departures according to tides. Day trips and packages. Reservations required. Ad p.C-2





Sacré-Cœur

Ferme 5 Étoiles Family Vacation Resort

465 Route 172. Sacré-Cœur 418-236-4833 or 1-877-236-4551 ferme5etoiles.com - 🔞 🚳 Open: Daily, May to October.

Paddle on the stunning Saguenay Fjord, admire its towering cliffs and watch for friendly belugas. Around Anse-de-Roche, nature lovers can enjoy half-day outings, while families can try an introductory kayaking trip on the calm morning or evening water. More adventurous types will love our excursion packages, accompanied by a certified guide. Ad p. 224



Les Bergeronnes

Les Kayaks du Paradis | Kayaking tours

4C Chemin Émile-Boulianne, Les Bergeronnes 418-232-1027 - campingparadismarin.com -Open: Daily, June to September.

These guided sea kayaking tours focus on safely practicing this wonderful sport and learning about the land, air and water environments and the animals that inhabit, making you feel you could reach out and touch them! The 3-hour trip includes: instruction, an experienced interpretive guide and a double kavak. Easy access to the boat put-in. Reservations recommended. Contact us for rates. Ad below



Mer et Monde Écotours | Kayaking tours

20 Chemin Jalbert, Les Bergeronnes 418-232-6779 or 1-866-637-6663 meretmonde.ca - 🔞 🕝

Open: June 11 to October 9.

⊜s

Led by a team of naturalist guides, come to Anse à la Cave, a popular marine mammal observation site, and explore the St. Lawrence by stand-up paddle board or sea kayak. The company is known for its marine interpretation program, its expert guides and its "Quality-Safety" accreditation. Through its packages and activities, it encourages people to discover the marine plant and animal life is a sustainable, environmentally friendly way. Reservations required. its focus on safety, its expertise and top-quality equipment. Accommodation options include unserviced campsites, ready-to-camp units and shelters, all with views of the St. Lawrence, Several packages available. Ad p. C-2

Portneuf-sur-Mer

Azimut Plein-Air Côte-Nord | Craft rental

1 Chemin de la Marina, Portneuf-sur-Mer 581-990-6809 - azimutpleinair.ca - 🚯 Open: Daily.

Azimut Plein-Air Côte-Nord rents kayaks, water bikes and paddle boards (SUP) from the Portneuf-sur-Mer marina for self-guided outings on the river, for 3-hour blocks or longer.

Manicouagan

Baie-Comeau

Attitude Nordique Plein Air

41 Place La Salle, Baie-Comeau

418-445-6673 - <u>attitudenordique.com</u> - **{ } @**

With the help of a professional guide, try your hand at different water sports: sea kayaking, paddleboarding, diving, rabaska (a BIG canoe!) against the stunning backdrop of Saint-Pancrace Bay, accompanied by the sound of nearby whales. The food for the sushi served on our sea kavak tours, rabaska excursions and "boys' nights out" is all locally sourced and prepared. Create a customized package for family or friends. Reservations required.



@s

Øs

Groulx Mountain Adventure | Kayaking

Km 211 Route 389, Manic-5, Baie-Comeau 418-297-6703 - mereveil.com -

Travel up the Manicouagan River in a sea kayak and view the Manic-5 dam's immense size from water level. Groups (minimum of 4 people required) are accompanied by an experienced guide who provides fascinating details of local history. Accommodation and meals provided. Reservations required.

Sept-Rivières

Sept-Îles

Boutique-École Surfshack | Surf/SUP

1025 rue Mars (Moisie area), Sept-Îles 418-444-SURF (7873) - <u>surfshack.ca</u> - **G**

A byword on the Côte-Nord for surfing and paddleboarding, SurfShack was founded in 2010 by Frédéric Dumoulin. To ensure that everyone who wants to has access to the sea, it has created a community of local surfers, gives lessons for beginners and welcomes visitors. It also organizes surfing and paddleboarding events. The school/surf/SUP shop is located on the water, in the Moisie area of Sept-îles, conveniently near several easily accessible surf spots.

Surfing in Sept-lies

Minganie

⊜s

Longue-Pointe-de-Mingan

Norvak Aventures

@s**™**

Km 1201 Route 138: departure point between the Lechasseur and Malec Rivers, Longue-Pointe-de-Mingan 418-949-2707 - norvak.ca - 🕶 🕲

Noryak Aventures specializes in whitewater adventures on untamed and spectacular waterways. If offers: 1- to 4-day sea kayak tours in the majestic Mingan Archipelago for beginners, experts and families; 5-day trips down the famous Rivière Magpie; and kayaking lessons (upon request). Customers will enjoy the gourmet meals made with local ingredients, top-notch equipment and professional guides.



Havre-Saint-Pierre

Les vagues | Marine adventure

1740 rue de l'Anse, Havre-Saint-Pierre 418-553-3849, 514-758-8388 - <u>lesvagues.ca</u> - **1 3** Open: lune 15 to September 15.

Discover the sea and the local scenery from a new vantage point. We specialize in SUP (Stand Up Paddleboarding) and offer introductory courses and guided paddles along the coast and in the stunning Mingan Archipelago. Equipment rental. Closed on stormy days.



Scuba Diving

You'll be amazed by the St. Lawrence River's beautiful and diverse marine wildlife and underwater landscapes. Only a few metres below the surface, this colourful world can be explored by beginner and expert alike.

La Haute-Côte-Nord

Les Bergeronnes

École de plongée Immersion Côte-Nord | Dive School

302 rue de la Rivière, Les Bergeronnes 418-232-6249, ext. 22 or 1-877-637-1877 explosnature.ca/plongee -

This dive school run by Explos-Nature offers courses, from introductory level to Divemaster, as well as specialty classes, where enthusiasts and curious first-timers can learn to dive at one of the most beautiful dive sites in North America. It also offers customized, all-inclusive diving trips.

Les Escoumins

Marine Environment Discovery Centre (Parks Canada)

41 rue des Pilotes, Les Escoumins - 418-233-4025 <u>parkscanada.gc.ca/saguenay</u> - **6 3 3** Open: June 18 to September 5: daily; September 6 to October 10: Wednesday to Sunday and holidays.

Dive in the heart of the cold, brakish waters of the Saguenay–St. Lawrence Marine Park and discover an abundance of colourful plant and animal life hidden beneath the surface. The Centre collaborates with the Fédération québécoise des activités subaquatiques to offer snorkelling and scuba diving to beginners and advanced divers in a breathtaking underwater setting. Other activities include: whale watching and discovery activities for the whole family. Diving equipment rental; reservations recommended. Ad p. 2

Complexe hôtelier Pelchat | Hotel

445 Route 138, Les Escoumins 418-233-2401 or 1-888-225-3463 complexepelchat.com - • • Open: Year-round.

This hotel complex provides guests with tank fills, a drying room and a rinse tank. Packages available. Compressor available, call 418-233-4025.

Minganie

Havre-Saint-Pierre

Services Maritimes Boréale | Marine Services \$

Pélagie-Cormier Terminal, 1010 Promenade des Anciens, Havre-Saint-Pierre 418-538-2865, 418-538-2576 - smboreale.com - **9** Open: June to October.

This company offers everything you need to discover the wonders of the sea floor in a safe environment. The dive sites – located around the Mingan Archipelago (only accessible by boat) – are for all levels of ability and enable divers to discover the area's truly unique plant and animal life, and some of the most beautiful sites in Québec. Why not take the plunge? (See Boat Trips, page 127.) Reservations required. Ads pp. 99, 127





Marinas and Seaports

La Haute-Côte-Nord

Tadoussac

Tadoussac Marina

100 rue du Bord-de-l'Eau, Tadoussac 418-235-4585, 581-235-7164 marinatadoussac.com -

Located on one of the most beautiful bays in the world, Tadoussac Marina offers a variety of services: a restaurant-bar with an indoor and outdoor deck, fuel pumps (gas and diesel; 8 a.m. to 7 p.m.), a municipal boat launch for recreational boaters, a laundry room and showers. It earned two provincial awards (a three-anchor rating and a three "water drops" certification) for reducing its environmental impact. During the summer period, several events are organized here.

Sacré-Cœur

L'Anse-de-Roche Yacht Club

346 Chemin de l'Anse-de-Roche, Sacré-Cœur 418-236-4325, 418-236-9201 clement.dufour@sympatico.ca

Located at the L'Anse-de-Roche Pier, this association provides a variety of services for boaters, including parking, washrooms, a launch ramp for kayaks, sailboats and powerboats (up to 32 ft.), a 26-slip marina. and the Casta Fiord restaurant and bar.

Les Bergeronnes

Marina des Bergeronnes

498 rue de la Mer, Les Bergeronnes 418-232-1115, 418-232-6778 marinabergeronnes.com - **€ ○** Open: June 3 to September 25.

This is a peaceful and welcoming place to stop for a day or longer. Visitors are welcomed by an enthusiastic team, and have access to such modern facilities as: restrooms, showers, water, electricity, laundry room and a boat launch. There are about 20 pleasure boat slips available. For reservations, write to essipit@marinabergeronnes.com.

Manicouagan

Baie-Comeau

Club nautique de Baie-Comeau



The Baie-Comeau Marina has 20 visitor slips. Its modern building has new pontoons, a restaurant and services such as: fuel (gas and diesel), electricity, WiFi, showers, laundry room and a concrete boat ramp. The Anse Saint-Pancrace is a fjard – a rocky inlet with steep cliffs formed by retreating glaciers – that's fed by large and small waterfalls. It has room to dock 15 boats. See website for details.



'nΧ

© © S. St-Jean tourismecote-nord.com 133

Sept-Rivières

Sept-Îles

Port of Sept-Îles

1 quai Monseigneur-Blanche, Sept-Îles 418-968-1231 - portsi.com - **?** Open: Year-round.

The port of Sept-Îles is one of North America's largest iron ore ports. It has very deep water and a 10-km wide semi-circular bay. It also has fourteen docks, nine of which are owned by the port. Nearly 30 million tons of cargo are handled here every year.

Minganie

Havre-Saint-Pierre

Havre-Saint-Pierre Port

1010 Promenade des Anciens, Havre-Saint-Pierre 418-538-1520 - porthsp.ca - **6** Open: Year-round.

Standing on a wharf at the port of Havre-Saint-Pierre, visitors have a unique opportunity to admire the islands in the Mingan Archipelago National Park Reserve and catch a glimpse of passing whales or seals. The port can accommodate ships, barges, cargo vessels and fishing boats as well as national and international cruise ships and liners.

Crossing the St. Lawrence by Ferry

La Haute-Côte-Nord

Tadoussac

Société des traversiers du Québec, 집★⑤益 延参 Tadoussac - Baie-Sainte-Catherine

98 rue du Bateau-Passeur, Tadoussac



Pass through the gateway to the North Shore, admire the majestic Saguenay Fjord and the Saguenay-St. Lawrence Marine Park. Watch the water during the crossing, you might catch a glimpse of whales! Departures: every 20 minutes during the day (summer: every 13 min.); evenings: every 40 minutes, every 60 minutes at night. Average time: 10 min. Continuous crossings, see our schedule. Departures: every 20 minutes during the day; evenings: every 40 minutes, every 60 minutes at night. Average time: 10 min. Ad:

detachable map

is X





Les Escoumins

Les Escoumins-Trois-Pistoles Compagnie de navigation des Basques

Rue du Traversier, Les Escoumins
11 rue du Parc, Trois-Pistoles
418-581-4676, 418-551-7406 or 1-877-851-4677
traversiercnb.ca • • Open: June to October.

The L'Héritage I ferry provides a safe and pleasant link between the Côte-Nord and Bas-Saint-Laurent regions. On the crossing between Trois-Pistoles and Les Escoumins, be sure to look out for marine mammals. Average time: 90 minutes. Ad p.37



Manicouagan

Baie-Comeau

Société des traversiers du Québec, ffs参金でが Matane – Baie-Comeau – Godbout

14 Route Maritime, Baie-Comeau 117 rue Pascal-Comeau, Godbout Admin.: 1410 rue de Matane-sur-Mer, Matane 1-877-787-7483 - <u>traversiers.com</u> - **§ ©**

Discover the splendours of the majestic St. Lawrence River on a ferry trip between Matane and Baie-Comeau or Godbout. Follow us on Facebook and Twitter. Book your trip on our website, or by calling 1-877-787-7483. Average time: 2 hrs 15 minutes. **Ad: detachable map**



Le Golfe-du-Saint-Laurent

Relais Nordik

AC ★\$ \$\hat{\alpha} \forall \

17 Ave Lebrun, C. P. 1113, succ. A, Rimouski 418-723-8787 or 1-800-463-0680 relaisnordik.com -

Experience life on board a 63-cabin cargo-passenger ship, the MV Bella-Desgagnés, that serves Île d'Anticosti and the Basse-Côte-Nord. Discover coastal scenery, remote villages and isolated communities. Deck 8 features a bistro and an outdoor observation lounge. The ship has a cafeteria and a dining room that serves local seafood. Packages include passage, cabin accommodation (with ensuite bathroom) and meals, either one-way (downstream or upstream, with or without car) or return from Rimouski, Sept-Îles, Havre-Saint-Pierre or Blanc-Sablon. Reservations required.





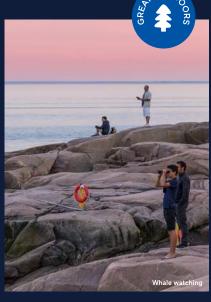
Côte-Nord region, an outdoor lover's paradise!

There's no shortage of places to enjoy outdoor activities on Québec's Côte-Nord, and the new website makes them easy to find. Summer or winter, come to the North Shore to discover brand new ways to have fun in the great outdoors.

For more information, go to the local Visitor Information Centre (pp. 207 and 208).











Activities:

Hiking
Birdwatching
Beaches
Watching marine mammals
Biking
Snowshoeing
Cross country skiing

And much more...



Tourisme Côte-Nord promotes sites where people can do outdoor activities. Users are responsible for ensuring their own safety at all times, and that of the people in their care. If doing an outdoor activity involves any degree of risk, it is the user's responsibility to be aware of their physical abilities and to comply with the rules both of the site itself and of the activity.



Prêt-à-partir (hiking map service), list of municipalities:

Tadoussac
Les Bergeronnes
Les Escoumins
Portneuf-sur-Mer
Forestville
Ragueneau
Pointe-aux-Outardes
Chute-aux-Outardes
Baie-Comeau
Port-Cartier
Sept-Îles
Les monts Groulx
Fermont
Rivière-au-Tonnerre
Île-d'Anticosti



Bicycle Rental

La Haute-Côte-Nord

Tadoussac

Vélo E-Go | Bike rental

197B rue des Pionniers, Tadoussac 581-327-1109 - <u>veloego.com</u> - **9** Open: Daily, 9 a.m. to 5 p.m.

Explore the area on land or on water, by renting one of our e-bikes or paddle boards (hourly rates). We also suggest routes, give guided tours and offer themed group outings. Our store sells sports-related items and does bike repairs.

Manicouagan

Baie-Comeau

Mon Vélo | Bike shop

838 rue Bossé, Baie-Comeau 418-293-9700 - <u>gomonvelo.com</u> - **G**

Come to this bike shop for its exceptional advice and service. It's dedicated staff share their passion for the sport by selling new and used bicycles and doing any kind of repair on every brand of bike. Rent a fatbike for some outdoor winter fun, or to discover the region's beaches.

Sept-Rivières

Sept-Îles

#\$

Tourisme Sept-Îles

1401 Blvd Laure Ouest, Sept-Îles 418-962-1238 or 1-888-880-1238 tourismeseptiles.ca - **GO**

If you love ecotourism and are ready to admire Sept-Îles' beautiful scenery, you'll definitely want to take advantage of the bicycle rental service at Tourisme Sept-Îles. You'll find quality bikes and all the gear you need, including helmets, locks, luggage carriers and child trailers. Whether you're heading east to discover downtown or west along the scenic natural trails, Tourisme Sept-Îles is ideally located to start your adventure! **Ads pp. 83, 84**

Camping Laurent-Val | Bike rental

\$ 🎎

1000 rue Fournier (Moisie area), Sept-Îles 418-927-2899 - <u>campinglaurentval.com</u> - **①** Open: May to September.

1,2,3, off we go! Whether you're staying at the campground or not, come and rent one of ourelectric fatbikes. From the campground, you can ride, alone or with friends, along forest trails to the Rivière Moisie or to the St. Lawrence River beaches. Want less speed and more of a workout? We also have regular fatbikes for the more physically fit. Try it, you'll like it!





Bicycle Touring

Manicouagan

Corporation Véloroute des Baleines

11 Ave du Parc, Baie-Comeau – 418-296-6423 – veloroute-des-baleines.ca – 🚯



The Véloroute des Baleines (Whale Trail) - part of Québec's renowned Route Verte cycling route – runs through Tadoussac and Sacré-Cœur to Baie-Trinité. It goes for 300 km along the St. Lawrence, primarily on the shoulder of Route 138, past lakes, over mountains and through forests. Leaving Route 138, head closer to the river and its picturesque villages. Use the ferries to make a loop to the south shore. We offer different routes and, to plan your trip, an official map and website.

The Cycling the Whale Trails

The Cycling the Whale Trails: from Sacré-Cœur to Tadoussac and Baie-Trinité. More information on the official Côte-Nord Cycling Map and at veloroute-des-baleines.ca.



Golfing

La Haute-Côte-Nord

Tadoussac

Tadoussac Golf Club

367 rue des Pionniers, Tadoussac 418-235-4306 - golftadoussac.ca - 🚯 Open: Mid-May to mid-October.

Course: 9 - Par: 32 Length (yds): 2 140

Details: an exciting technical challenge on one of Ouébec's oldest golf courses, Services; equipment rental, snack bar, conference facilities, pro shop and patio-bar. Different packages available. Tournaments welcome

Forestville

Le Méandre Golf Club

40 1st Avenue, Forestville 418-587-6363 - golflemeandre.com - **1** Open: Mid-May to mid-October.

Course: 9 - Par: 36 Length (vds): 3 235

Details: view of the St. Lawrence and the Rivière du Sault aux Cochons. Design by golf course architect Darrell Huxham. Services: practice range, patio-bar with snack bar, specialized equipment and golf cart rentals. Different packages available. Reservations recommended. Check website for tournament dates.

Manicouagan

Chute-aux-Outardes

Chute-aux-Outardes Golf Club

18-B rue du Golf. Chute-aux-Outardes 418-567-1333 - henrydenis@videotron.ca - 1



Open: Mid-May to mid-October.

Course: 9 - Par: 36 Length (yds): 2 862

Details: wooded course with beautiful vistas. Services: snack bar, practice range, equipment rental. Different packages available. Reservations recommended.



Baie-Comeau

Baie-Comeau Golf Club

1700 rue de Bretagne, Baie-Comeau 418-295-1819 - golfbaiecomeau.ca - **9** Open: Mid-May to mid-October.

Course: 18 - Par: 71 Length (vds): 6 456

Details: a wooded course with water hazards located right in the city. Services: patio-bar and restaurant, conference facilities, practice range, pro shop, equipment and golf cart rentals, pro golf lessons. Reservations recommended

Sept-Rivières

Sept-Îles

Sainte-Marguerite Golf Club

19 rue Thom, (Clarke area) Sept-Îles 418-583-2844, 418-583-2488 golfste-marguerite.qc.ca - • Open: Mid-May to mid-October.

Course: 18 - Par: 72 Length (yds): 6 476

Details: located 25 minutes from Sept-Îles with a view of the river. Services: golf school, pro shop, practice range, golf cart rental, restaurant and bar. Different packages available. Reservations recommended.



Recreational Equipment Rental

Sept-Rivières

Sept-Îles

Aventures 138 | RV rentals

1202 Blvd Laure, Sept-Îles 418-962-3031 or 1-866-962-3031 <u>aventures138.com</u> - **1 3** Open: Year-round.

Aventures 138 is a trusted dealer of recreational vehicles, including Keystone and ProLite. We rent RVs to those dreaming of a romantic getaway, or travelling with family or friends. ATV, snowmobile and trailer rentals also available. Feel free to call or drop by, to meet the team, ask questions, and learn about our rental rates.

Motorcycle Touring

More and more tourists are discovering the Whale Route by motorcycle, an increasingly popular way to travel. They can travel along the shores of the St. Lawrence, past lakes, rivers and mountains and see hundreds of kilometres of beautiful scenery and have many beautiful experiences.

The Route des Baleines, or Whale Route (Route 138) runs first along the estuary and then the Gulf of St. Lawrence, offering breathtaking vistas along the way. With no shortage of lookouts and rest areas, you can enjoy the wide-open spaces to your heart's content. To the east, the road goes beyond Natashquan and takes you to Kegaska – the end of the road!

Most of the backcountry roads are paved, at least as far as the Manic-5 generating station at km 214.

For more information or to get your Carnet Moto motorcycle guide (in French only) with the most scenic routes in Québec, contact a regional tourism association. Visit motorcyclingquebec.com/en for information on all the packages and options available for your next trip.

ATVs

La Haute-Côte-Nord

Sacré-Cœur

Ferme 5 Étoiles Family Vacation Resort

465 Route 172 Nord, Sacré-Cœur 418-236-4551 or 1-877-236-4551 ferme5etoiles.com - 🔞 🕝

Set off on a guided tour of the region on a single or double quad bike with fabulous views of the Saguenay Fjord. Learn to ride a guad, explore the forest and mountains, and enjoy a safe, memorable experience. Our packages range from 1.5 hours to half- and full-day outings. Ad p.224

Les Escoumins

Complexe hôtelier Pelchat I Hotel

445 Route 138, Les Escoumins 418-233-2401 or 1-888-225-3463 complexepelchat.com - 🙃

Guests staying at our hotel have direct access to the Trans-Québec #50 federated trail and can plan their own self-guided routes. Packages and guad cleaning area available.



Quad Clubs

Côte-Nord

@s

Association régionale des clubs quads de la Côte-Nord (ARCQCN)

9 rue Plante, Port-Cartier 418-766-8036 - gaudreaultremi@hotmail.com fgcg.gc.ca

La Haute-Côte-Nord

Portneuf-sur-Mer

Club Quad Haute-Côte-Nord

418-238-2720 - marianne3113@hotmail.com - 🚯

Manicouagan

Baie-Comeau

Club Manic Quad (VTT) inc.

418-295-8040 - yolande.jean@entreprisesljean.com - 🚯

Caniapiscau

Fermont

Club VTT du Grand Nord

418-287-5559 - clubvttdugrandnord@hotmail.com - 🚺



Sept-Rivières

Port-Cartier

Club Quad les Aventuriers des 7 Rivières

418-766-8036, 418-768-6623 gaudreaultremi@hotmail.com - 🚯

Sept-Îles

Club QUAD (VTT) Les Nord-Côtiers

418-964-9424 - nord-cotiers.fgcg.gc.ca - **6**



Winter Fun

When winter comes, Côte-Nord residents head outside to go tobogganing, skiing (downhill and cross-country), and snowshoeing. Snowmobilers explore the forests, backcountry or the shores of the St. Lawrence on marked trails, and expert winter hikers summit the northern peaks.

Organized by sub-theme, from west to east.

Winter Activities

La Haute-Côte-Nord

Sacré-Cœur

Ferme 5 Étoiles Family Vacation Resort

This resort offers a wide variety of activities, all overlooking the majestic Saguenay Fjord: snowmobiling, ice fishing, helping care for the animals, chilling in the relaxation centre, or dogsledding trips of different lengths led by professional guides where YOU get to drive the sled! Overnight trips (max. 24 hrs) include accommodation and meals. See website for details. Reservations required. **Ad p. 224**



Hockey

Manicouagan

Baie-Comeau

Le Drakkar

⊜s

70 rue Michel-Hémon, Baie-Comeau 418-296-8484 or 1-888-296-8484 - <u>le-drakkar.com</u> - **1** Open: September to March.

The Côte-Nord is represented by the Baie-Comeau Drakkar hockey team, one of 18 teams in the QMJHL (Québec Major Junior Hockey League). A total of 34 games are played every year at Baie-Comeau's Centre Henry-Leonard. See website for information about activities and game schedule.



Downhill Skiing

Ski Lifts:

A: Chairlift **B**: T-bar **C**: Rope tow **D**: Gondola **E:** Magic carpet

Trail Raiting:

•: Easy ■: Difficult •: Very difficult ••: Extreme

Ski Resort

Mountain Facts			
Total number of trails (lit trails)	Vertical Drop	Ski Lifts	Trail Rating

Services

Manicouagan

20 Chemin du Mont-Tibasse, Baie-Comeau 418-296-8311, 418-296-8309

monttibasse.com - 🗗 🖸

Mont Ti-Basse Ski Centre

ts.	

182 m

ik 令沙国 **XX** ★ and 1 snowpark

Sept-Rivières

Station Gallix | Resort

600 Chemin du Club de ski Gallix (secteur Gallix), Sept-Îles 418-766-7547, 418-766-5900 - <u>skigallix.com</u> - **G 3** Open: Mid-December to mid-April. 22 (7)

15

(9)

185 m A C

•

? → S **X** Y → and 2 snowpark

Cross-country skiing

Sept-Rivières

Sept-Îles

Sept-Îles Rapido Cross-Country Ski Club

\$\$<u>*</u>#

480 Chemin du Lac des Rapides, Sept-Îles 418-968-4011 - <u>clubrapido.ca</u> - **\$** Open: Early November to end of April.

Located on the shores of Lac des Rapides, the club has an extensive network of snowshoe and cross-country ski trails, both classic and skate, with different levels for families and sports enthusiasts. The ski school gives lessons to kids from 6 to 16 and teaches them about the sport's many benefits. It also offers introductory and advanced cross-country ski lessons for adults, equipment rental, and has reduced rates for students and seniors.





Dogsledding

La Haute-Côte-Nord

Sacré-Cœur

Ferme 5 Étoiles Family Vacation Resort

465 Route 172 Nord, Sacré-Cœur 418-236-4551 or 1-877-236-4551 ferme5etoiles.com - ♠ ຝ Open: December to April.

Dogsledding is our specialty! Feel the thrill of driving your own team and getting to know your dogs. Our trips to the majestic Saguenay Fjord (2-hour, half-day, full day and 24-hour outings) are supervised by professional guides who love to share their passion for the sport. Overnight trips (max. 24 hrs) include accommodation in yurts and delicious meals prepared by our head chef. Ad p. 224

Snowmobiling

Association des motoneigistes du Nord | Snowmobilers association

104 Blvd Comeau, Baie-Comeau 418-295-5377, 418-296-9158 - <u>stationuapishka.com</u> Open: January to April.

This organization invites you to come on guided snowmobile tours in the Mont Groulx mountains and around the region. We have many trained guides ready to take you on all kinds of adventures. Reservations required. For information: info@uapishka.com, 418-296-8514.

La Haute-Côte-Nord

Sacré-Cœur

Ferme 5 Étoiles Family Vacation Resort

465 Route 172 Nord, Sacré-Cœur 418-236-4551 or 1-877-236-4551 ferme5etoiles.com - 🕶 🕥

Set off by snowmobile to discover the snowy landscape along the St. Lawrence River and around the Saguenay Fjord. We offer a variety of trips, from 1.5 hours to half- and full-day. Protective, low-temperature clothing available on site. Snowmobile rental also available; experience required. Ad p. 224







Les Escoumins

Complexe hôtelier Pelchat | Hotel

445 Route 138, Les Escoumins 418-233-2401 or 1-888-225-3463 complexepelchat.com -

Guests staying at this snowmobile-friendly hotel have direct access to the Trans-Québec #3 federated trail and a network of trail loops (maintained by the hotel) leading to the Monts-Valin mountains, Longue-Rive and Portneuf-sur-Mer. Trail map and snowmobile packages available.

Manicouagan

Baie-Comeau

Baie-Comeau Motosports

2633 Blvd Laflèche, Baie-Comeau 418-589-2012 - <u>bcmotosports.com</u> - **4 3** Open: Year-round.

Rent a snowmobile or ATVs from us, to appreciate the joy of riding a high-performance machine specifically designed for local conditions. We specialize in motorized sports, with a focus on Yamaha, Polaris and Suzuki machines. We sell parts, accessories, clothing, ATVs, snowmobiles, motorcycles, boats, motors, generators, and do repairs.

Caniapiscau

Fermont

Nord Expé

354 rue Auclair, Sainte-Brigitte-de-Laval 418-825-1772 - <u>nordexpe.com</u> - **1 3** Open: Year-round.

We organize off-trail snowmobiling expeditions and safaris and rent utility, mountain, and hybrid snowmobiles. Our services include experienced, professional guides and northern expedition experts; transportation is by enclosed trailer. We offer regular trips led by accredited guides to the Mont Groulx mountains from: Baie-Comeau, Fermont, Happy Valley-Goose Bay (N.L.), Blanc-Sablon and Sept-Îles.



Sept-Rivières

Sept-Îles

Atelier Laforge | Vendor and dealer

1167 Blvd Laure, Sept-Îles 418-962-6051 or 1-866-962-6051 atelierlaforge.com - 🕶 🕲 Open: Year-round.

Atelier Laforge is a BRP and Honda dealer and a trusted RV vendor. We also rent Ski-Doos to anyone who dreams of adventure, either on a couples' weekend or a trip along the *Route blanche* (White Trail). Call us or check out our website for rates and FAQs. Visit our store for our selection of protective, cold-weather clothing before you leave.



Sept-Îles Motosports

487 Ave du Québec, Sept-Îles 418-968-4151 - <u>simotosports.com</u> - **9 3** Open: Year-round.

We rent snowmobiles and ATVs so our clients can appreciate the joy of riding a high-performance machine specifically designed for local conditions. We specialize in motorized sports, with a focus on Yamaha, Polaris and Suzuki products. We sell parts, accessories, clothing, ATVs, snowmobiles, motorcycles, boats, motors, generators, and do repairs. We're happy to serve you, and look forward to giving you the best advice.

Snowmobile Clubs

La Haute-Côte-Nord

Sacré-Cœur

Les Rôdeurs Club

C.P. 115, Sacré-Cœur - 418-236-9149, 418-236-1338 clublesrodeurs@hotmail.com - 6

Les Escoumins

Les Bouleaux blancs Sports Club

581-221-0731, 418-233-3200 iim16@bell.net - 😚

Longue-Rive

Exploreurs Club

418-231-1112 - marcabouchard@hotmail.com - 6

Portneuf-sur-Mer

Bouranne Club

418-238-2038, 418-238-5518 lisette.tr@videotron.ca -

Forestville

Nord-Neige Club

418-587-4664, 418-587-3151 agaant@globetrotter.net - 6

Manicouagan

Ragueneau

Bolides Club

418-567-9384, 418-567-2818 bolidesragueneau@hotmail.ca -

Baie-Comeau

AMMI Club

418-294-2054 - Lammi@outlook.com

Godbout

Zigglous Club

418-568-7729, 418-297-2598 b.kinn@hotmail.ca

Baie-Trinité

Harfang du Nord Club

418-296-9785 - rousf@globetrotter.net - **?**

Caniapiscau

Fermont

Les Lagopèdes Club

418-287-3383, 418-965-1176 - pwip083@hotmail.com - 🚺

Sept-Rivières

Port-Cartier

Odanak Club

418-965-1550 - guy235ing@hotmail.com - 🚯

Sept-Îles

Ook-Pik Club

C. P. 273, Sept-Îles - 418-965-6012 bouboult@globetrotter.net - 6

Minganie

Longue-Pointe-de-Mingan

La Minganie Club

418-949-2808, 418-949-2474

Havre-Saint-Pierre

Le Blizzard Club

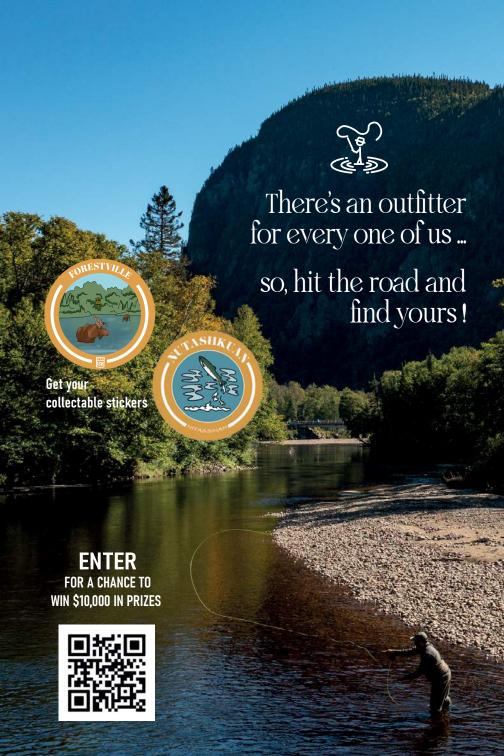
418-538-3940 . 418-538-6219 rasnadeau@rtccable.com - 6

Le Golfe-du-Saint-Laurent

Ministry of Transport

418-538-2866 - cotenord@mtg.gouv.gc.ca





Hunting and Fishing

Come and explore these vast hunting and fishing grounds teeming with abundant and varied wildlife. The outfitter camps and ZECs (controlled zones) located in forests, near rivers, beside lakes and on Anticosti Island have experienced guides that accompany experts and provide advice for beginners.

Organized by sub-theme, from west to east.

Hunting and Fishing Information

Québec Outfitters Federation

1-800-567-9009 - pourvoiries.com

Ministry of Forests, Wildlife and Parks

1-844-523-6738 - mffp.gouv.qc.ca

Sépaq (organization that manages provincially-owned outdoor centres)

1-800-665-6527 - <u>sepaq.com</u>

Salmon Rivers

Saumon Québec

3137 rue Laberge, Québec 418-847-9191 or 1-888-847-9191 saumonquebec.com - **↑ ♥ ⑤** Open: Year-round.

The Côte-Nord region is justly famous as a fishing destination. In the west, four rivers with ambercoloured water flow through deep mountain valleys. They are home to Atlantic salmon and brook (or sea) trout. The eastern part of the region has 27 rivers filled with salmon that are famous for their fighting spirit. Visitors to Île d'Anticosti are amazed by how clear the island's river are. Come and experience excellent fishing in in an untouched wilderness setting.

La Haute-Côte-Nord

Sacré-Cœur

Rivière Sainte-Marguerite Association (ARSM)

160 rue Principale Nord, Sacré-Cœur 418-236-4604 or 1-877-236-4604 rivieresainte-marguerite.com Open: June to September.

If you want to tickle a salmon or sea trout in an untamed natural setting, you're in the right spot! Fly fishing in the Rivière-Sainte-Marguerite dates back to 1860. This narrow river is perfect for beginners because of its proximity to Route 172 and the over 100 well-marked pools that can be reached by wading. Accommodation: Cottages and campground. Services: Equipment rental, hiking trails, guide, and licenses sold on-site. Some areas do not require a reservation.



Sept-Rivières

Moisie

Rivière Moisie Protection Association (APRM)

10 rue Mercier (Moisie area), Sept-Îles 418-962-3737, 418-927-2021 (in summer) rivieremoisie.com -

The APRM is a non-profit organization that operates and manages the first 23 km of the Rivière Moisie, 25 km east of Sept-Îles. Salmon fishing in its territory can only be done in motorboats. The Rivière Moisie ZEC has two sectors not subject to access quotas. The Winthrop-Campbell sector is subject to access quotas and a membership card is required. Access rights are determined by a draw on the fourth Saturday of March; the second draw starts May 30, 48 hours prior to the fishing date.

Controlled Zones (ZECs)

La Haute-Côte-Nord

Les Escoumins

Rivière Escoumins ZEC

24 rue de la Rivière, Les Escoumins 418-233-3121 - <u>riviereescoumins.com</u> - **9** Open: Year-round.

Access: take Route 138. Accommodation: campground. Body of water: 1 river (66 pools). Fishing: Atlantic salmon, sea trout. Services: Guides and licenses. ***** § §

Longue-Rive

Iberville ZEC

3 rue de l'Église, office 4, Longue-Rive 418-231-2937 (office), 418-907-7119 (reception) zeciberville.reseauzec.com - • • Open: Year-round.

Access: 5 km from Route 138. Accommodation: campground. Bodies of water: 3 rivers (50 pools) and 239 lakes. Fishing: indigenous brook trout. Services: permits sold. 70%

Forestville

Forestville and Rivière Laval ZEC

41 Route 138 Est, Forestville
418-587-4000 or 1-888-587-0112
zecforestville.reseauzec.com
Open: Year-round.

Access: take Route 138. Accommodation: campground and cabins. Bodies of water: 11 rivers (67 pools) and 935 lakes. Fishing: pike, indigenous brook trout, Atlantic salmon, sea trout, yellow perch, lake char. Hunting: hare, migratory birds, moose, bear and partridge. Services: licenses sold. *** 1883***

Manicouagan

Godbout

Rivières Godbout and Mistassini ZEC

117 Route 138, Godbout
418-568-7305 - rivieregodbout.com -
Open: June to September.

Access: via Highway 138. Accommodation: readyto-camp tents and rustic campsites. Body of water: river. Fishing: salmon in quota and non-quota zones. Services: fly fishing, equipment rental. **本**地图

Baie-Trinité

Baie-Trinité ZEC

1 rue de la Baie, Baie-Trinité 418-939-2242, 418-939-2243 - <u>sabt2010@live.ca</u> - **1** Open: Year-round.

Access: take Route 138. Accommodation: campground, cottages and hotel. Body of water: river (pools) and lakes. Fishing: indigenous brook trout, Atlantic salmon and sea trout. Hunting: small and large game. Services: licenses sold. 中盆 7窗图

Sept-Rivières

Sept-Îles

Matimek ZEC

Association de chasse et pêche septilienne, Sept-Îles 418-583-2677 - zecmatimek.reseauzec.com -
Open: Year-round.

Access: on Route 138, at km 19 W. Accommodation: campground and cottages. Body of water: 10 rivers and 350 lakes. Fishing: pike and indigenous brook trout. Hunting: hare, migratory birds, partridge, bear and moose.

Outfitters

Association des pourvoiries de la Côte-Nord

1251 rue des Rochers, Baie-Comeau 418-589-7273 - <u>pourvoiries-cotenord.com</u> - **9** Open: Year-round.

Our goal is to promote fishing, hunting and vacationing on the Côte-Nord, where vast, virtually untouched areas guarantee a thrilling outdoor experience in the boreal (northern) forest. Come and fish for salmon, trout and landlocked salmon, and hunt moose, bear, deer and partridge.

La Haute-Côte-Nord

Tadoussac

Club de chasse et pêche Tadoussac | 2* to 4* Hunting & fishing club

850464

418-235-4723 - <u>clubtadoussac.com</u> - **G**GPS: N 48.21437 W -69.68302, Lac Boulanger
Open: Year-round.

Rights: exclusive over 25.7 km² (daily fishing). Access: take Route 138, 9 km past the Baie-Sainte-Catherine – Tadoussac Ferry. Accommodation: 10 cottages, 1 campground and 1 lodge (6 rooms). Body of water: lake. Fishing: brook trout, indigenous brook trout. Hunting: ruffed grouse, spruce grouse, snowshoe hare, black bear and moose. Packages: Modified American Plan, European Plan and guide service.

\$ ॡऄॗ॔॓ढ़॒ढ़



Lacs à Jimmy Outfitter – Essipit Outfitters

850479

418-233-2266 or 1-888-868-6666 vacancesessipit.com - **P**

GPS: N 48.51963 W -69.7211, Lac à Jimmy Open: May to October.

Rights: exclusive over 24 km². Access: 7 km outside Tadoussac on Route 138. Accommodation: 8 cottages and 1 lodge (3 rooms). Body of water: lake. Fishing: brook trout, indigenous brook trout. Hunting: moose. Packages: European Plan and guide service. 允益된

Club Lac des Sables et Paradis (1974) inc.

3* to 4*

3* to 4*

850478

418-232-2020 - <u>clublacdessables.com</u> - **G**GPS: N 48.2620687 W -69.6313134, Lac des Sables
Open: May to October.

Rights: exclusive over 100 km². Access: from Les Bergeronnes, drive 4 km into the forest. Accommodation: 18 cottages. Body of water: lake. Fishing: brook trout, indigenous brook trout. Hunting: moose, black bear. Packages: American Plan, European Plan and guide service. 令 オ 込み 金米 🍕

Sacré-Cœur

Lac des Baies Club inc.

3∗ to 4∗

850483

418-665-6610 or 1 855 665-6610 <u>lacdesbaies.com</u> − **€** GPS: N 48.33045 W -69.79594, Lac des Baies Open: Year-round.

Rights: exclusive over 43.2 km² (daily fishing). Access: take Route 172 to Sacré-Coeur (not far from Tadoussac), follow the logging road for 14 km until the outfitter. Accommodation: 16 cottages. Body of water: lake and river. Fishing: brook trout, indigenous brook trout. Hunting: ruffed grouse, snowshoe hare, black bear and moose. Packages: American Plan upon request, European Plan and guide service.

多性病毒血经多色



Des Grands Ducs Outfitter

850474

418-514-8661 - pourvoiriedesgrandsducs.com - GPS: N 48.29168 W -69.81286, Lac Caribou Open: May to October.

Essipit

Club Claire – Essipit Outfitters

850465

Rights: exclusive over 81.5 km² (daily fishing). Access: follow Route 138 until Les Escoumins, then take the ZEC Nordique logging road for 41 km until the outfitter. Accommodation: 8 cottages. Body of water: lake and river. Fishing: indigenous brook trout. Hunting: moose. Package: European Plan. # 本题题》





Domaine du Lac Bernier inc. – Essipit Outfitters

850482

418-233-2266 or 1-888-868-6666

vacancesessipit.com - 69

GPS: N 48.4880964 W -69.6283641, Lac des Petits Escoumins Open: June to October.

Rights: exclusive over 32.7 km² (daily fishing). Access: follow Route 138 until Les Escoumins, then take the ZEC Nordique logging road for 25 km until the outfitter. Accommodation: 4 cottages. Body of water: lake. Fishing: indigenous brook trout. Hunting: ruffed grouse, spruce grouse, snowshoe hare and moose. Package: European Plan. ##388

Domaine du Lac des Cœurs inc. − 2* to 4* Essipit Outfitters

850481

3* to 4*

418-233-2266 or 1-888-868-6666 vacancesessipit.com - **6 9**

GPS: N 48.6797 W -69.96398, Lac des Cœurs and Lac Gilles Open: June to October.

Rights: exclusive over 189 km². Access: follow Route 138 until Les Escoumins, then take the ZFC Nordique logging roAd The Lac des Coeurs site is 74 km from Les Escoumins; the Lac Gilles site is 80 km. Accommodation: 22 cottages and 6 camps. Body of water: lake and river. Fishing: indigenous brook trout. Hunting: moose. Package: European Plan.

¥₩₩₩₩

Domaine sportif du Lac Loup inc. − 2* to 4* Essipit Outfitters

850496

418-233-2266 or 1-888-868-6666 <u>vacancesessipit.com</u> - **♠ ♥** GPS: N 48.66724 W -69.94016, Lac Loup Open: May to October.

Rights: exclusive over 54.7 km². Access: follow Route 138 until Les Escoumins, then take the ZEC Nordique logging road for 68 km until the outfitter. Accommodation: 9 cottages and 3 camps. Body of water: lake. Fishing: indigenous brook trout. Hunting: black bear and moose. Package: European Plan.

≠¥3₽₩



Les Escoumins

Pourvoirie Chez Pelchat | Outfitter # 850472

418-514-9903 or 1-888-394-2537 pourvoiriepelchat.com - 6 GPS: N 48.4975 W -69.7449. Lac du Pont Flottant Open: May to September (winter by reservation).

Rights: exclusive over 7.89 km². Access: follow Route 138 until Les Escoumins, then take the ZEC Nordique logging road for 36 km until the outfitter. Accommodation: 5 cottages. Body of water: lake. Fishing: brook trout, indigenous brook trout. Hunting: ruffed grouse, spruce grouse, snowshoe hare, black bear and moose. Package: European Plan.

林逸孟尼松肯宗

La Truite Rouge Outfitter

3* to 4* # 850463

418-540-0992. In season: 418-820-2337

pourvoiriedelatruiterouge.ca - 6 GPS: N 48.58881 W -69.83561, Lac Bezeau Open: May to October.

Rights: exclusive over 45.5 km² (daily fishing). Access: follow Route 138 to the Les Escoumins logging road. Drive 55 km on the ZEC road, then continue 2 km to the outfitter entrance. Accommodation: 8 cottages. Body of water: lake. Fishing: indigenous brook trout. Hunting: moose, Package: European Plan. ★基图

Pourvoirie du Grand Lac du Nord

850363

3*

418-233-3367. In forest: 418-476-5030 pourvoirie.org - 6 GPS: N 48.6902 W -69.6661, Lac Marot - Lac Florida Open: May to October.

3* to 4*

Rights: exclusive over 100 km². Access: take Route 138 to Portneuf-sur-Mer, then the forest road for 48 km. Accommodation: 9 cottages. Bodies of water: lake and river. Fishing: indigenous brook trout. Hunting: woodcock, ruffed grouse, black bear and moose. Package: European Plan. 零金法外B

Longue-Rive

Pourvoirie Club Kergus | Outfitter 3* to 4* # 850491

418-231-2382, 418-907-2395 - kergus.ca GPS: N 48.59127 W -69.72278, Lac Kergus Open: May to October.

Rights: exclusive over 43.7 km². Access: follow Route 138 until Longue-Rive, then take the logging road for 49 km until the outfitter. Accommodation: 9 cottages and 1 lodge (8 rooms). Body of water: lake and river. Fishing: brook trout, indigenous brook trout. Hunting: ruffed grouse, spruce grouse, snowshoe hare and moose, Packages; European Plan and Modified American Plan upon request. 令★妊娠過歇



Portneuf-sur-Mer

Pourvoirie des Bouleaux Blancs | 3∗ to 4∗ Outfitter

850429

418-587-6131 - <u>bouleaublanc.com</u> - **? 3** GPS: N 48.72958 W -69.23934, Lac Edmond and Lac Sauniat Open: May to October.

Rights: 130 km² of private land. Access: 8 km before Forestville on Route 138, turn left onto a logging road and drive for 13 km. Accommodation: 4 cottages and 3 camps. Body of water: lake. Fishing: indigenous brook trout. Hunting: ruffed grouse, spruce grouse, black bear and moose. Packages: American Plan and European Plan. #변화되었

Forestville

Domaine du Canyon 2010 inc. | 3* to 4*

850453

418-665-1583 or 1-866-559-2214 − <u>domaineducanyon.com</u> GPS: N 49.06569 W -69.72592, Lac Atisocagamac − **•** Open: May to October.

Rights: exclusive over 69.9 km². Access: follow Route 138 until Forestville, then take the logging road for 84 km until the outfitter. Accommodation: 9 cottages. Body of water: lake and river. Fishing: indigenous brook trout. Hunting: woodcock, ruffed grouse, black bear and moose. Package: European Plan. 중 # 金田

Le Domaine Orégnac inc. | Outfitter 4* # 850446

418-907-2387 or 418-559-2398 - <u>domaineoregnac.com</u> - **G** GPS: N 49.2991 W -69.5598, Lac Mimo Open: May to October.



Pourvoirie La Rocheuse | Outfitter

850470

418-587-4520 − <u>larocheuse.com</u> − **(**GPS: N 48.77870 W -69.58402, Lac Bourbeau
Open: May to October and December to March.

Rights: exclusive over 94.5 km² (daily fishing).

Access: follow Route 138 until Forestville, then take a logging road for 60 or 75 km until the outfitter.

Accommodation: 6 cottages. Body of water: lake and river. Fishing: indigenous brook trout. Hunting: ruffed grouse, spruce grouse, snowshoe hare, black bear and moose. Package: European Plan.

Pourvoirie Le Chenail du Nord | Outfitter

3∗ to 4∗

3* to 4*

850492

418-871-1479 or 1-888-871-1479 <u>lechenaildunord.com</u> − **€** GPS: N 48.7579 W -69.1152, Lac de Travers Open: June to October.

Manicouagan

Baie-Comeau

La pourvoirie du Lac Cyprès | Outfitter

2* to 3*

153

850484

418-589-7273, 581-805-9055 − <u>laccypres.ca</u> − **ਿ ⊚** GPS: N 49.72091 W -67.9065, Lac Achigan Open: May to October.

Rights: exclusive over 53.5 km². Access: follow Route 138 until chemin de la Toulnustouc (paved); at approx. km 66 after the bridge over the Rivière Pistuacanis, turn right onto logging road RP3-230 and continue for another 24 km. Look for the mileage and outfitter signs. Accommodation: 2 cottages and 1 camp. Body of water: lake and river. Fishing: indigenous brook trout. Hunting: ruffed grouse, black bear and moose. Package: European Plan and guide service.

Pourvoirie du Lac Dionne (2019) inc. | Outfitter

850462

418-297-4048 or 1-877-956-3466 pourvoiriedulacdionne.com - 6 GPS: N 49.58153 W -67.88044. Lac Dionne Open: May to November.

Rights: exclusive over 52.2 km² (daily fishing). Access: drive 4 km east of Baie-Comeau on Route 138 then. after the bridge over the Rivière aux Anglais, turn left onto chemin de la Toulnustouc; at km 44, turn right and drive 8 km until the outfitter Accommodation: 11 cottages, Body of water; lake, Fishing; indigenous brook trout. Hunting: ruffed grouse, spruce grouse, snowshoe hare, black bear and moose, Package: European Plan. ★哲学本意法国参



Pourvoirie Manicouagan Club Chambeaux inc. | Outfitter

418-589-9511. 418-548-9511 or 1-800-463-7991 labrador-airsafari.com GPS: N 50,6578 W -68,8187, Lac Berte Nord Open: Year-round.

Rights: exclusive and non-exclusive. Access: by seaplane from Baie-Comeau. Accommodation: 6 cottages and 5 camps. Body of water: lake. Fishing: indigenous brook trout, lake trout, landlocked salmon and pike, Hunting: moose and small game. Package: European Plan. 🗭

Route 389

Pourvoirie Panomaguy | Outfitter # 850419

2* to 3*

418-860-1612 or 418-862-7266 - panomaguy.com GPS: N 50.38289 W -68.89609, Lac Okaopéo Open: May to October.

Rights: non-exclusive, Access: follow Route 389 from Baie-Comeau: at km 179 take the logging road for 11 km until the outfitter. Accommodation: 8 cottages. Body of water: lake, river and reservoir, Fishing; landlocked salmon, lake trout, indigenous brook trout and pike. Hunting: ruffed grouse, spruce grouse and snowshoe hare. Open: Package: European Plan. 🗖 🕇 🌬

Relais Gabriel | Outfitter

2* to 3*

850433

418-589-8348 or 418-948-1304 pourvoirierelaisgabriel.com - 6 GPS: N 51,32603 W -68,12242, Réservoir Manicouagan Open: Year-round.

Rights: non-exclusive (daily fishing). Access: follow Route 389 from Baie-Comeau; at km 316 follow the signs for Fermont, 100 km after Manic-5. Accommodation: 6 cottages, 2 camps and 1 lodge (6 rooms). Body of water: lake and reservoir. Fishing: native brook trout, landlocked salmon, lake trout, rainbow trout and pike. Packages: European Plan, American Plan and guide service. 🖘 🛚 🎞 🗶 X





3+

2* to 4*

3* to 4*

3*

Sept-Rivières

Sept-Îles

Les Camps Trio Inc.

850473

418-350-0984 - <u>campstrio.com</u> GPS: N 50.1995 W -66.3731 Lac Grand Mesnil Sud, Rivière-Nipissis Open: June to September

Rights: non-exclusive. Access: Follow Route 138 to Sept-Îles, then take a seaplane to the outfitter. Accommodation: 1 cottage and 2 camps. Bodies of water: lake and river. Fishing: indigenous brook trout and lake trout. Package: European Plan.

Minganie

Port-Menier

Pourvoirie Lac Geneviève d'Anticosti | Outfitter

850450

418-535-0294 or 1-800-463-1777 - <u>anticostiplg.com</u> - **G** GPS: N 49.85289 W -63.97845, Lac Geneviève Open: June to December.

Rights: exclusive over 1,063.8 km² (daily fishing). Access: by plane or boat to Port-Menier, then by road to the outfitter. Accommodation: 11 cottages. Body of water: lake and river. Fishing: sea trout and indigenous brook trout. Hunting: ruffed grouse, spruce grouse, snowshoe hare and white-tailed deer. Packages: European Plan and American Plan. 🖘 🖫 🕹 Ad p. 98

Safari Anticosti senc | Outfitter 3* to 5* # 850451

418-225-9270 or 1-800-262-9496 safarianticosti.com - **G**

<u>safarianticosti.com</u> - **TD ©** GPS: N 49.4185 W -62.24479, Rivière aux Saumons Open: lune to December.

Rights: exclusive over 550 km². Access: by plane right to the outfitter. Accommodation: 2 cottages and 1 lodges (6 rooms). Body of water: river. Fishing: Atlantic salmon and sea trout. Hunting: ruffed grouse, spruce grouse and white-tailed deer. Packages: European Plan, American Plan and guide service.

X

Sépaq Anticosti | Outfitter

850440

2*

418-535-0231 or 1-800-463-0863 <u>sepaq.com/sepaq-anticosti</u> - **G** GPS: N 49.8191 W -64.348, Port-Menier Village Open: Year-round.

Rights: exclusive. Access: by boat or plane to Port-Menier, then by road to the outfitter. Accommodation: 42 cottages, 3 lodges (30 rooms) and 1 lodge (8 rooms). Body of water: river. Fishing: sea trout, brook trout and Atlantic salmon. Hunting: ruffed grouse and whitetailed deer. Packages: European Plan, American Plan and guide service. **§3 X Ad p. 98**

Rivière-Saint-Jean

Pourvoirie de la Haute-Saint-Jean | Outfitter

850441

2+ to 4+

418-949-2457, 418-949-2255 <u>hautesaintjean.com</u> - **€** GPS: N 50.3011 W -64.3192, Rivière Saint-Jean Open: June to August.

Rights: exclusive over 34.2 km². Access: on Route 138 at the mouth of the Rivière Saint-Jean; reception office at 300 rue Saint-Jean. Accommodation: 5 cottages. Body of water: river. Fishing: Atlantic salmon and sea trout. Packages: European Plan, American Plan and guide service.

© SIX

Mingan

Pourvoirie du Lac Allard et rivière Mingan inc. | Outfitter

850689

1-800-463-4673

<u>ekuanitshit.com/pourvoirie-lac-allard-et-riviere-mingan</u> GPS: N 50.46632 W -63.59154, Lac Allard and Rivière Mingan Open: June to October.

Rights: non-exclusive (daily fishing). Access: follow Route 138 until Havre-Saint-Pierre, then take a seaplane to Lac Allard. Accommodation: 2 cottages and 1 lodge (4 rooms). Body of water: lake. Fishing: brook trout, indigenous brook trout and landlocked salmon. Hunting: black bear and moose. Packages: European Plan, American Plan and guide service.

155

Baie-Johan-Beetz

9160-6335 QUÉBEC INC. | Outfitter 5* # 850448

514-447-6300 - <u>lacorneille.ca</u> - **€ ©** GPS: N 50.284 W -62.8964, Rivière Corneille Open: June to October.

Rights: exclusive over 19 km². Access: follow Route 138 until the outfitter, at km 1,279. Accommodation: 3 camps. Body of water: lake and river. Fishing: arctic char, landlocked salmon, Atlantic salmon and sea trout. Package: American Plan and guide service.

Pourvoirie Baie Johan-Beetz | Outfitter 3★ # 850447

514-447-6300 - <u>baiejohanbeetz.com</u> - **G** GPS: N 50.28925 W -62.80572

Open: June to October.

Rights: exclusive over 25.8 km². Access: follow Route 138 until Baie-Johan-Beetz. Accommodation: 1 lodge. Body of water: lake and river. Fishing: arctic char, indigenous brook trout, landlocked salmon, Atlantic salmon, sea trout. Packages: American Plan, European Plan and guide service. * American **Atantic**

Aguanish and L'Île-Michon

Pourvoirie Nabisipi Uenapeuhipu inc. | Outfitter

850490

450-544-5999 - <u>nabisipi.com</u> - **G** GPS: N 46.1727 W -71.8748, Lac Costebelle Open: June to August.

Rights: exclusive over 2.5 km². Access: by seaplane from Natashquan. Accommodation: 1 cottage. Body of water: river. Fishing: Atlantic salmon. Packages: American Plan and guide service. &S

Natashquan

Club Lac Victor | Outfitter

3∗ to 4∗

850455

514-447-6300 - <u>clublacvictor.com</u> - GPS: N 50.6071 W -61.8249, Lac Victor Open: June to October.

Rights: exclusive over 251.5 km². Access: follow Route 138 until Natashquan, then by seaplane or portage until the outfitter. Accommodation: 5 cottages. Body of water: lake and river. Fishing: arctic char, landlocked salmon, lake trout, indigenous brook trout and pike. Hunting: duck, spruce grouse, black bear and moose. Packages: European Plan and American Plan.

Le Golfe-du-Saint-Laurent

Kegaska

Pourvoirie Musquanousse | Outfitter 2★ to 3★ # 850435

514-707-7773 , 581-880-6014

pourvoiriecotenord.com -
GPS: N 50.2444 W-61.0169, Rivière Musquanousse
Open: June to September.

Rights: exclusive over 28.1 km². Access: take Route 138 to Natashquan, then the floatplane to the outfitter. Accommodation: 1 inn (4 rooms) and 1 cottage. Bodies of water: lake and river. Fishing: brook trout, indigenous brook trout, landlocked salmon, Atlantic salmon and sea trout. Packages: American Plan and guide service.

La Romaine

Société en commandite du Lac Musquaro | 4x Limited partnership

850468

819 623-6212 - <u>musquaro.com</u> - **G**GPS: N 50.62489 W -61.11248, Lac Musquaro
Open: June to August.

Rights: exclusive over 252 km². Access: by seaplane from Natashquan. Accommodation: 3 cottages. Body of water: lake and river. Fishing: arctic char, indigenous brook trout and landlocked salmon. Package: American Plan and guide service.

X

**Table 1. **Table 2. **Table







158 → Places to Eat

172 Local flavours

180 → Accommodation

180 Hotels

186 Bed & Breakfasts

188 Cottages, condos, housekeeping units

191 Resorts

192 Youth hostels

192 Other classified establishments

194 Campgrounds

199 Non-traditional accommodation

203 Health and relaxation

and Accommodation aces to

Places to Eat

Côte-Nord cuisine is constantly innovating with flavours and products from the St. Lawrence River and the boreal forest. Our creative chefs find new ways to prepare fish, seafood and game as well as plants, mushrooms, herbs and wild berries that can only be found locally.

Organized by sector, from west to east.

Chez Mathilde (#)

227 rue des Pionniers. Tadoussac 418-235-4443, 581-235-2455 chezmathildebistro.com - 60

\$\$\$\$ - 3 - ₹₹⊤

Started by a couple who are passionate about their craft. Chez Mathilde has become a must-visit Côte-Nord. destination. This Tadoussac fine dining mecca is known for the imaginative dishes created by chef-owner Jean-Sébastien Sicard, and for the dining room's warm ambiance, with sultry piano-bass duets. Tasting menus for pescatarians and vegetarians, made with top quality local products.

Price range

Breakfast

Lunch Supper Under \$15

\$15-\$30

\$31-\$50

•

Hôtel Tadoussac, Le Coverdale

165 rue du Bord-de-l'Eau. Tadoussac 418-235-4421 or 1-800-561-0718 hoteltadoussac.com - GO

\$\$\$ - 1.2.3 - k@*

Ad p.34

•

Specialties: local seafood, fish and meat dishes on the regular menu. The dining room's elegant wood panelling, murals, and pieces from the Coverdale collection bear witness to a rich history.



La Haute-Côte-Nord

Tadoussac

À l'emportée Coop | Artisanal bakery co-op

164B rue Morin, Tadoussac 418-235-4752 - alemportee.com - 6

\$ - 1.2.3 - T

At this artisanal bakery, we're passionate about creating playful, tasty items made with exotic Côte-Nord ingredients so our customers can taste or rediscover our local wild berries and plants. Day and night, we work hard to produce a wide range of delicious treats for you.



Bohème Café Bistrot

239 rue des pionniers. Tadoussac 418-235-1180 - <u>lecafeboheme.com</u> - **G**

•

\$\$ - 1.2.3 - ₹₹⊤

This friendly café located in the former general store is a place where culture, creativity and innovation come together. Whether it's your regular hang out or a stop on your weekend get-away, you're sure to love the relaxed yet lively ambiance and the top-notch cuisine featuring authentic regional and exotic ingredients.

158 tourismecote-nord.com

Hôtel Tadoussac, Le William

165 rue du Bord-de-l'Eau. Tadoussac 418-235-4421 or 1-800-561-0718

hoteltadoussac.com - (700)

\$\$\$\$ - 3 - ₺╤Ұ⊕

Ad p.34

•

Specialties: gourmet dishes made with local and regional ingredients, a range of fresh seafood and an outstanding duck leg confit. Experience fine dining in an intimate atmosphere with abundant natural light. stunning views of the St. Lawrence River and one of the most beautiful bays in the world. Awarded an AAA/CAA 4-diamond rating.



La Galouïne Auberge & Restaurant

•

251 rue des Pionniers, Tadoussac 418-235-4380 - <u>lagalouine.com</u> - **(7)**

\$\$\$ - 1.2.3 - ₺ኞ₹⊺

Ad p.34

Specialties: seafood, game, grilled meat, pasta, pizza. Chef/owner Martin Brisson uses local ingredients for the delicious table d'hôte, regular and take-out menu. Try the salmon and smoked marinated duck plate, local cheeses and microbrewery beers. House specialties: the Fjord croûtier and the Galouïne platter. Reservations recommended



Le Chantmartin

412 rue du Bateau-Passeur, Tadoussac 418-235-4733 or 1-800-731-4733 chantmartin.com - 6

\$\$ - 1.2.3 - ¥

Specialties: the seafood pizza alone is worth a visit. Open year-round, this restaurant serves a wide range of dishes, including grilled meat, pizza, seafood, sandwiches, pasta, fondue, fast food, and daily specials. Table d'hôte and children's menus also available

Restaurant Le Bateau

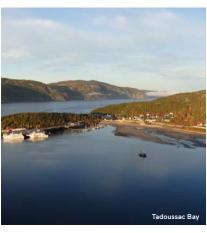
•

246 rue des Forgerons, Tadoussac 418-235-4427 or 1-866-212-4427 lebateau.com -

\$\$ - 2,3 - ₹₹

Customers have been coming for our home cooking and fabulous views since 1989. Our specialties include: tortière, salmon pie, pizza, nachos, Québec-style bread pudding, our famous vinegar pie, and more.





Resto L'Auberge du lac

191 rue des Pionniers. Tadoussac 418-235-4784 - <u>le-beluga.qc.ca</u> - **(f)**

\$\$\$ - 1,2,3 - ৳ৢৠ⊤

Ad p.180

•

Start your day off on the right foot with something from our extensive breakfast menu. Served in the dining room or on the terrace, we have a warm and welcoming space for you, right next door to Hotel Le Béluga. For summer 2022, we offer breakfasts for every taste.



Café l'Abri Côtier

171 rue du Bord de l'eau, Tadoussac

\$\$ - 1.2 - ₹₹

We're open for lunch, dinner and for afternoon snacks and offer counter service for on-site dining or takeout. Our indoor and outdoor seating has magnificent views of Tadoussac Bay. On the menu: pastries, smoothies, sandwiches, guiches, salads, coffee, hot chocolate and a selection of tea and herbal teas. We proudly use and sell Québec products.

Sacré-Cœur

Le Coronet

401 Route 172 Nord, Sacré-Cœur 418-236-9444 or 1-800-550-3123 hmcoronet.com - 6

\$\$ - 1.2.3 - ₹₹

85.a bA

Located inside the Hotel-Motel Coronet complex. this restaurant's large dining room has a relaxed and friendly atmosphere where guests can choose from among; grilled and roasted meat, seafood. sandwiches, pasta, pizza and daily specials.

Les Bergeronnes

La Rosepierre

66 rue Principale, Les Bergeronnes 418-232-6543 - rosepierre.com - 🔞 🕝

\$\$ - 1.3 - 🖘 ¥

Come and discover our new restaurant concept in downtown Les Bergeronnes, at Auberge La Rosepierre. At breakfast, lunch and dinner, we serve fresh, tasty local food in a warm and friendly atmosphere. We also offer a selection of cocktails and privately imported wine.

Les Escoumins

Kiboikoi - café-bar Culturel

319 Route 138, Les Escoumins 581-322-1221 - <u>kiboikoi.com</u> - **1**

\$ - 1.2.3 - ₹₹⊤

Specialties: homemade local and regional products. We proudly serve organic fair-trade coffee and chocolate, sell soup, salads and sandwiches and pastries and offer a catering service. We have a children's area, art exhibitions and shows, as well as board games and books to be enjoyed on-site.

Le Krill Cuisine Terre et Mer I Surf & Turf

•

287 Route 138, Les Escoumins 418-233-2121 - lekrill.ca - 🞧 🕝

\$\$ - 3 - ₹₹⊤

•

Whether you prefer sitting at the bar, in the dining room or in the sunroom, your cocktail awaits you. As you sip your drink, the chef and his team are being inspired by the sea air and the rugged Côte-Nord terrain to prepare a feast for you from our regular or seasonal menu. Souvenir store next door.



•

•

Restaurant Le Bouleau

454 Route 138, Les Escoumins 418-233-3330 - **(f**

This friendly seafood restaurant has a view of the St. Lawrence. Who knows? You may spot whales as you dine on our excellent seafood, grilled meat, pizza, pasta, and more, from the regular, table d'hôte or daily specials menu.



Restaurant Pêcherie Manicouagan

152 rue Saint-Marcellin Ouest, Les Escoumins 418-233-3122 - <u>fruitsdemeretpoissons.com</u> - **6**



Ad p.38

•

Specialties: freshly caught local fish and seafood, including; snow crab, shrimp, lobster, scallops, halibut, turbot, whelks, and Arctic surf clams – also served in our delicious chowder. Eat in at our fishmonger-restaurant, with great views of the river, or take out. A Philippe Mollé 2020 Top Pick.



Portneuf-sur-Mer

Cantine chez Braz | Chip truck

3 Route 138, Portneuf-sur-Mer 581-623-1051 - <u>lapatateatoto@gmail.com</u> - **f**

\$ - 2,3 - T

This chip truck offers patrons a top-notch menu featuring local and regional flavours, ingredients sourced from Montréal, Québec and Charlevoix, a gazebo-style eating area, and on-site washrooms. As for the name, you'll have to visit to find out why we chose it.

La Capitainerie de la Marina

1 Chemin de la Marina, Portneuf-sur-Mer 581-221-0419 - <u>portneuf-sur-mer.ca</u>

\$\$ - 1,2,3

Specialties: Côte-Nord products and seasonal seafood. Bring your family and friends or that special someone to sample our refined, delicious cuisine in a warm, friendly atmosphere. Enjoy fabulous views of the St. Lawrence and the mouth of the Rivière Portneuf as you dine.

Forestville

Le Danube bleu

5 Route 138 Est, Forestville 418-587-2278 or 1-877-677-2278 econolodgeforestville.com - •

\$\$ - 1,2,3 - ₹₹

Ad p.39

Specialties: all-you-can-eat lunch buffet and daily lunch specials. The extensive European-inspired menu includes grilled meat, pizza, hamburgers, pasta and sandwiches. Breakfast is served weekdays from 5 a.m. and weekends starting at 6 a.m.

Resto-Pub Le Chianti

5 Route 138 Est, Forestville 418-587-2278 or 1-877-677-2278 econolodgeforestville.com - •

\$\$ - 3 - ₹₹

Ad p.39

Specialties: bistro menu, single malt scotches, a selection of 40 wines and a variety of beers on tap, including Rickard's and Heineken. Come relax in friendly surroundings that include a central bar, a glass wine cellar, and big-screen TVs broadcasting sports events. Perfect choice for your next business meeting.

Manicouagan

Baie-Comeau

La Cache d'Amélie

37 Ave Marquette, Baie-Comeau 418-296-3722 - <u>lynn.harvey@cgocable.ca</u> - **1**

\$\$\$ - 3 - ®¥

Specialties: distinctive regional gourmet dishes from the regular and table d'hôte menu. We also have an extensive wine list, with many private imports, and a large selection of spirits, as well as private rooms for holding business or small group meetings. Reservations recommended.

Le Bistro La Marée Haute (*)

8 Ave Cabot, Baie-Comeau 418-296-3391 or 1-800-463-8567 bistro.cool -

\$\$\$ - 1,3 - ₹₹⊕⊤

Ad p.48

Specialties: homemade pâté, smoked meat and seafood. The gourmet menu features seafood and creative dishes made with local ingredients, many from the local Ferme Manicouagan. We have a regular and table d'hôte menu, room service for hotel guests, great views of the bay and the St. Lawrence River, and a selection of wines, beer and spirits.





Microbrasserie St-Pancrace - Le Pub (*)

55 Place La Salle. Baie-Comeau 418-296-0099 - <u>stpancrace.com</u> - **(7)**

\$\$ - 3 - %េទ្កា⇔េ¥т

This microbrewery is known for its innovative and high-quality beers inspired by Côte-Nord products. Located in the heart of downtown, Le Pub serves local cuisine, craft beers and Québec spirits in a friendly atmosphere. Check out our events online.



Le Manoir du Café

5 Place La Salle, Baie-Comeau 418-294-6652 - <u>manoirducafe.co</u>m - **G**

\$\$ - 1.2.3 - ia.\T

Ad p.41

In this roastery/neighbourhood restaurant, founded in 1992, you can choose from a wide range of freshly roasted specialty coffees. You can also purchase a variety of take-out dishes at the counter.



Pizza Royale

2674 Blvd Laflèche, Baie-Comeau 418-589-3838 - pizzaroyale1970.com - **f**

\$\$ - 2,3 - ₹₹

This friendly fast-food restaurant, open since 1970, still has the original wood-panelled dining room. The menu includes pizza, pasta, Chinese food, seafood, and more. We serve and deliver daily from 11 a.m. to 9 p.m. Popular with teams during sports tournaments.



Resto Bar Le Blues

48 Place La Salle, Baie-Comeau 418-296-2212, 418-297-6994 legrandhotel.ca -

\$\$\$ - 1,2,3 - ia \$\tau{7}

Ad p.57

Specialties: regional seafood as well as grilled meat, pasta and burgers. We offer daily happy hour specials and themed dinner menus. The wood-panelled dining room has a billiard table and a large-screen TV. There's also a heated outdoor patio.



Resto Bistro Pêcherie Manicouagan

334 Blvd La Salle, Baie-Comeau 418-589-8800 - <u>pecheriemanicouagan.com</u> - **•**

\$\$ - 2,3 - \T

Ad p.59

Treat yourself to a meal at this new fishmongerrestaurant that showcases the region's delicious, high-quality seafood: crab, shrimp, lobster and fresh fish. We sell a wide variety of fish and seafood, as well as prepared dishes for eat-in or take-out.



Resto-bar Les Trois Barils

200 Blvd La Salle, Baie-Comeau 418-296-3681, 418-378-7129 restaurant3barils.com - **G**

\$\$\$ - 2,3 - ₹₹T

Specialties: seafood, grilled meat and pizza on the regular, daily or table d'hôte menu. We also has an extensive wine list with many grand cru wines, private imports and microbrews. We offer guests their choice of three separate areas: a quiet section, a sunroom, and a patio-bar.

Toujours Mikes Baie-Comeau | Restaurant

304 Blvd La Salle, Baie-Comeau 418-296-8080

mikes.baiecomeau@gmail.com - 60

\$\$ - 1.2.3 - 🎅 🗑

This restaurant has a tasty lineup of subs, pizzas and pasta dishes, as well as hearty breakfasts, meat-lover specials and delicious breakfast pizzas. The friendly, accommodating staff is happy to adapt dishes to your needs, including food allergies and intolerances.

Saint-James au bar de l'eau

20 Ave Cartier, Baie-Comeau 418-296-0045, 418-445-1514 le-saint-james@hotmail.com - •

As you relax on the terrace, with magnificent views of the St. Lawrence (and perhaps even a whale), choose from the regular or table d'hôte menu featuring pasta, pizza, salads, sandwiches and grilled meat. Enjoy delicious seafood, fish and fresh crab in season, accompanied by a bottle from our reasonably priced wine cellar.

Godbout

LaRichardière

109 rue Saint-Régis, Godbout 418-568-7446 - larichardiere@hotmail.com -

Specialties: local meat, fish, seafood and wild berries. We offer a gourmet table d'hôte menu, and a selection of fine wines, spirits, tea and coffee. For a truly relaxing experience, treat yourself to our package, that includes dinner, accommodation and breakfast. Reservations required for meals.

Marché du Capitaine Restaurant

100 rue Monseigneur-Labrie, Godbout 418-568-7340 marcheducapitaine@hotmail.com -

This maritime-themed restaurant is located near the Matane-Godbout ferry terminal and serves a variety of tasty homemade meals and the freshest seafood. The dining room and patio have views of the St. Lawrence, and patrons enjoy strolling along the beach after their meal

Sandwicherie Thépi Bec Sucré | Sandwich shop

166 rue Pascal-Comeau, Godbout 418-568-7879, 418-293-7273 lartisaneduvillage.com - **6**

Specialties: fresh fish and seafood. Located across from the ferry dock, this spot offers locals and visitors a variety of tasty sandwiches as well as its new homemade poke bowl, made with different fresh local fish. Come and taste the authentic flavours of the sea, you're sure to love them all!

Baie-Trinité

•

Restaurant Domaine ensoleillé

15 Route 138, Les Islets-Caribou, Baie-Trinité 418-296-4813 or 1-866-939-2002 domaineensoleille.com - •

Specialties: seafood, including seafood roll and fresh crab, grilled meat, pasta, pizza, traditional dishes and local specialties served on Sunday. There's a daily menu, take-out options and breakfast on Saturday and Sunday.

Cafétéria-restaurant Relais Manic-Outardes

Km 94 Route 389, Baie-Comeau 418-294-2294 - <u>relaismanicoutardes@gmail.com</u> - **•**

Ad p.58

•

At this way-station for tourists and workers, halfway between Baie-Comeau and Manic-5, you'll find a cafeteria, convenience store, gas station, accommodation in private rooms, workers' camp, campground with full-service RV sites, and a snowmobile rest stop for off-roading. (We recommend sledders hire a guide.)

Motel de l'Énergie

Km 211 Route 389, Baie-Comeau 418-589-9293 or 1-800-760-2301 motelenergie.com -

•

At the foot of the Manic-5 dam, on the famous *Route du Nord* (Northern Route), is the place where motorcyclists meet up. Come and share your adventure with them over a Uapishka microbrew and a hearty meal. We have a gas station, restaurant, licensed convenience store and souvenir shop. Reservations required for groups.



Relais Gabriel Restaurant

Km 316 Route 389, Baie-Comeau 418-589-8348, 418-948-1304 pourvoirierelaisgabriel.com - •

\$\$ - 1,2,3 - ¥

At the foot of the Monts Groulx mountains, near the Manicouagan reservoir and only one hour from the Manic-5 hydroelectric dam, this restaurant has many daily specials. Be sure to take advantage of our 24-hour gas station and convenience store (5 a.m. to 9 p.m.) with a selection of handy items for travellers.

Caniapiscau

Pub le Réphil

299 Le Carrefour, suite 99, Fermont 418-287-3311 - publerephil@gmail.com - **f**

Specialties: we offer an extensive selection of microbrewery beer and spirits and a varied tapas menu served by our friendly staff. Come and soak up the laid-back atmosphere and appreciate the cozy, rustic décor

Sept-Rivières

Port-Cartier

Café-Théâtre Graffiti

50 Chemin des Îles, Île McCormick, Port-Cartier 418-766-0101 or 1-866-766-0101 - legraffiti.ca -

Known for its great shows and intimate décor, Graffiti Café-Theatre is located in an enchanting setting in the heart of Port-Cartier. In summer, come and enjoy a drink and a meal while you watch the show.

Chez VérOH

48 Ave Parent, Port-Cartier 418-766-1393, 418-960-6675 lebelveronique@hotmail.fr - •

Enjoy a treat on the patio of our family-friendly restaurant near the boardwalk and playground. From the dairy bar: sundaes, soft and hard ice cream, milkshakes, Sloche beverages, coffee, candy and Belgian chocolate. From the chip truck: homemade fries, burgers, hot dogs, poutine, onion rings, paninis, subs and hot dog sandwiches – a Québec specialty!

Le Pub Saint-Bernard

15 rue des Pins, Port-Cartier 418-766-1204 - le-pub-saint-bernard.business.site - •

\$\$ - 2,3 - ₹₹⊤

Regulars or newcomers: our warm welcome makes you feel instantly at home. We carefully source all our ingredients to guarantee a top-notch meal, and our team works hard to go above and beyond, so that you always leave wanting to return.

Sept-Îles

Café Chez Sophie

495 Ave Brochu, Sept-Îles 418-968-1616 - <u>cafechezsophie.ca</u> - **9**

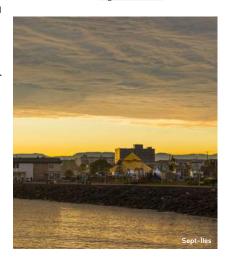
\$\$\$ - 3 - ₹¥T

Our specialties are pasta, salads and gourmet pizza. We also have many appetizer choices, a wide range of wines by the glass and many specialty beers and microbrews. Customers must be 18 years or older.

Edgar Café Bar

490 Ave Arnaud, Sept-Îles 418-968-6789 - edgarcafebar.com - **G**

Located in downtown Sept-Îles since 2007, this café-bar has a huge selection of Québec and Côte-Nord beers, an extensive wine and spirits list, the best local cheeses and many other quality gourmet products. Enjoy the view over the bay while you eat. Check out our store at edgarcafebar.com.



Gino Pizza

831 Blvd Laure, Sept-Îles 418-962-1010, 418-968-1010 pizzagino.ca -

\$\$ - 2,3

Founded over 35 years ago, Gino's is best known for its pizza, but also serves 25 different flavours of poutine and 27 kinds of hearty subs, plus delicious homemade fries, pasta, and sandwiches. Counter service and fast delivery.



Les Terrasses du Capitaine

295 Ave Arnaud, Sept-Îles 418-961-2535 - <u>dupecheur.ca</u> - **{} ③**

\$\$\$ - 2,3 - ₹₹

Specialties: crab, lobster, shrimp, mussels, halibut and many other mouth-watering seafood dishes. We share our space with Soucy Fishmongers, that sells a wide variety of local and seasonal products.

Restaurant bar Chez Omer

372 Ave Brochu, Sept-Îles 418-962-7777

restobarchezomer@globetrotter.net - (6)

\$\$\$ - 2,3 - ₺.₹₹

Specialties: seafood dishes with a distinctive touch, using mussels, locally caught crab, lobster, halibut and cod. Regulars appreciate the fresh, high-quality ingredients, top-notch wine list and friendly ambiance.

Bistro 7

451 Ave Arnaud, Sept-Îles 418-962-2581-ou 1-800-463-1753 hotelseptiles.ca/bistro-le-7 - **9**

\$\$\$ - 1,2,3 - \text{Y}T

This restaurant has the best views in town of the St. Lawrence and the marina. We have an extensive breakfast menu and a self-serve toast bar. On weekdays, the regular menu includes a salad and bread bar. In summer, we have theme nights and the freshest seafood; on Fridays and Saturdays, it's all-you-can-eat fondue.

Restaurant Le Bavard et L'Ivrogne

\$\$\$ - 3 - ₹₹⊤

Specialties: shared plates of regional and international cuisine skilfully prepared with seasonal ingredients. The goal of this fine dining bistro is to help patrons discover (or rediscover) the wide range of distinctive local flavours in a cheerful, relaxed ambiance. C'mon by and give us a try!

Restaurant L'Oriental du Nord

1006 Blvd Laure, Sept-Îles 418-968-6080 - orientaldunord.ca -

\$\$ - 2,3 - ₹₹

•

Specialties: Cantonese chow mein, General Tao chicken and other Chinese dishes; Canadian cuisine: surf 'n' turf, grilled meat, filet mignon, seafood, pizza and pasta. Open since June 2014, this family-style restaurant overlooking Sept-Îles Bay has a varied and affordable menu and take-out service. The friendly and efficient staff provide a warm welcome.



Restaurant Pasta

665 Blyd Laure, Sept-Îles 418-350-3000

hotel-mingan.com/restaurant-pasta - 🚯

\$\$\$ - 1,2,3 - ₹₹

Specialties: pasta and Italian dishes. Restaurant Pasta is known for its fine European and Italian cuisine and its impressive wine list, served in our dining room. We also offer take-out and delivery service. Children welcome



Rôtisserie St-Hubert

1005 Blvd Laure, Sept-Îles 418-968-9191 - st-hubert.com - •

\$\$ - 2,3 - ₹®₹

Try our legendary roast chicken or mouth-watering grilled dishes. We offer Lunch & Go meals for those in a hurry, plus table d'hôte and children's menus, all served in the dining room and at the bar and also available at the take-out counter and for delivery.

Snack-Bar Chez Mimi

144 rue des Plaquebières, Sept-Îles 418-962-6464 - gabwill2015@outlook.com - **(? ©**

\$\$ - 2.3 - T

Let yourself be tempted by our many find specialties: crab poutine, seafood, Angus beef burger, cloudberry ice cream sundae, and the best pizza in town. Mimi's Snack Bar is open from March to December, with indoor and outdoor seating.

Minganie

Rivière-au-Tonnerre

La Marinière du Nord

•

6 rue de l'Église, Rivière-au-Tonnerre 418-465-2031 - marinieredunord@gmail.com - 😘 🕥

\$-1- ≘⊤

Enjoy lunch on our patio with a breathtaking view of the village church, famous in Quebec. Enjoy a delicious seafood dish, or buy some to take home. Try local products and homemade dishes, and browse the items in our souvenir store.



Longue-Pointe-de-Mingan

Cantine Chez Nat

1045 Chemin du Roi, Longue-Pointe-de-Mingan 418-949-2634 - aniram-w@hotmail.com - 6

\$ - 2,3 - T

Specialties: simple but tasty food, like crab or shrimp roll and crab club. Come and try Nat's special poutine or her super pizza, and don't forget to try our delicious fries. We've been making them the same way for 23 years. We're happy to serve you and hope to see you again soon!

Havre-Saint-Pierre

Restaurant Chez Julie

1023 rue de la Dulcinée. Havre-Saint-Pierre 418-538-3070 - theoganas@hotmail.com - 6

\$\$\$ - 3 - ₹₹

Specialties: heaping seafood platters, fresh halibut and cod. Come to our popular restaurant and choose from our extensive menu. Since 1977, we have been serving typical Côte-Nord dishes like seafood pizza, cloudberry pie and the Chalutier, our famous seafood platter.

Restaurant La Promenade

1197 Promenade des Anciens, Havre-Saint-Pierre 418-538-2637 - •

\$\$\$ - 1,2,3 - ₺₹

Specialties: hot dog sandwiches, cod and seafood. Fans of Canadian cuisine, fish, and seafood will love this casual spot, open for breakfast, lunch, and dinner. Enjoy the ocean view as you sample our delicious lobster club sandwich.

Aguanish

Cantine chez Kathy S.E.N.C.

122 Route Jacques-Cartier, Aguanish 418-533-2111

\$ - 1,2,3 - T

Painted in bright Acadian colours and run by a collective, this canteen serves generous portions of delicious homemade food. Come try our tasty fries, pan-fried sausages and wicked poutines. Breakfast served on weekends only. At Kathy's Canteen, you'll eat well!

Fumoir Le Goynish | Smokehouse

237 Route Jacques-Cartier, Aguanish 418-533-2316, 418-533-2357 - <u>aacn@hotmail.fr</u> - **9**

\$\$ - 2,3 - ¥

Stop in at our friendly, welcoming smokehouse and restaurant to pick up local products like marinated or smoked salmon. Or stay for a meal in our comfortable dining room, featuring regional dishes made using local ingredients such as fish, seafood, and (of course!) our well-known and popular smoked salmon.

Natashquan

Café-Bistro de l'Échouerie

55 Allée des Galets, Natashquan 418-726-6005 - <u>copactenatashquan.net</u> - **•** •

\$\$ - 2,3 - ¥T

Specialties: seasonal cuisine featuring market fresh local ingredients. Boasting a beachfront terrace and lovely waterfront views, and only steps away from the Les Galets souvenir stores, this popular venue has a friendly, laid-back atmosphere, rustic décor and an extensive, revamped menu with many regional dishes.

Le goût du large

•

9 rue du Pré, Natashquan 418-726-3333 - <u>legoutdularge@hotmail.com</u> - **•**

\$\$ - 2,3 - ╤₹

Located on the banks of the Petite Rivière
Natashquan, this restaurant has something for
every taste: seafood and fish platters, pizza, burgers,
poutine with mouth-watering toppings. We also offer
a selection of beer and wine to accompany your meal.





LE GOÛT DE LA CÔTE-NORD TASTE OF THE NORTH SHORE



NORTH SHORE FLAVOURS AND THE COASTERS







Come to the Côte-Nord for the wide-open spaces, stay to discover the amazing variety of local flavours!

Here, there's a gourmet experience for every taste and budget, offered by places where you will feel instantly at home, and where talented chefs prepare products sourced from the surrounding sea and forest. During your stay, prepare at least one meal that features local products, and eat it outside, in the great outdoors.

The North Shore people (or "Coasters") are passionate about introducing visitors to the distinctive flavours of their corner of the world, produced by vegetable and algae growers, honey and Labrador tea producers, and mushroom and wild berry pickers.

In this section of the Guide, you'll find a wealth of information to help you choose which of the region's many gourmet and agritourism experiences you want to enjoy. Add the must-see destinations to your itinerary, and make your own discoveries as you travel through this vast region.





le Goût de la CÔTE-NORD

TASTE OF THE NORTH SHORE

MEMBERS



BISTRO LA MARÉE HAUTE

Baie-Comeau (p. 162)



DISTILLERIE VENT DU NORD(**DISTILLERY**)
Baie-Comeau (p. 173)



CONFISERIE BORÉALE (CANDY FACTORY)

Colombier (p. 175)



FERME MANICOUAGAN (FAMILY FARM)

Pointe-Lebel (p. 177)



CONFISERIE LA MÈRE MI-CHÈLE (CANDY STORE)

Baie-Comeau (p. 176)



FERME PURMER (OCEAN FARM)

Sept-Îles (p. 125)



DE BAIES ET DE SÈVE (LOCAL GOURMET PRODUCTS)

Natashquan (p. 176)



HERBAMIEL (HONEY FARM)

Sacré-Cœur (p. 175)





LA COMPAGNIE MICROBREWERY

Sept-Îles (p. 174)



RESTAURANT CHEZ MATHILDE

Tadoussac (p. 158)



RENARD BLEU (ECO-FRIENDLY GROCERY STORE)

Sept-Îles (pp. 177,178)



ST-PANCRACE MICROBREWERY

Baie-Comeau (p. 173)



LES SAVEURS BORÉALES (LOCAL GOURMET PRODUCTS)

Forestville (p. 175)



DISTILLERIE PUYJALON (DISTILLERY)

Havre-Saint-Pierre (p. 174)



TADOUSSAC MICROBREWERY

Tadoussac (p. 173)



TERROIR BORÉAL (LA GALOUÏNE) (INN & RESTAURANT)

Tadoussac (p. 175)



LA CHASSE GARDÉE MICROBREWERY

Sacré-Cœur (p. 173)



POISSONNERIE FORTIER (FISHMONGERS)

Sept-Îles (p. 172)



TRÉSORS DES BOIS (LOCAL GOURMET PRODUCTS)

Sept-Îles (p. 176)



BRASSERIE LA MOUCHE

Natashquan (p. 174)

Local Flavours

The Côte-Nord is finding increasingly bold and innovative ways to showcase the wild or farmed products it sources from the St. Lawrence or the famous boreal forest.





Businesses marked with the *Goût de la Côte-Nord* (Taste of the North Shore) logo sell authentic, eco-friendly products that express the region's wild beauty and untamed nature. Legoutdelacotenord.ca • •

Organized by sub-theme, from west to east.

Fish Markets

La Haute-Côte-Nord and Manicouagan

Les Escoumins and Baie-Comeau

Pêcherie Manicouagan

Les Escoumins:

152 rue Saint-Marcellin Ouest - 418-233-3122

Baie-Comeau:

334 Blvd La Salle - 418-296-4124 pecheriemanicouagan.com - 🕶 😉

Thanks to the culinary skill and beautiful presentation on display, these fishmongers and fishmonger-restaurants have become real local institutions. The owners and staff are proud to be part of the Québec fine dining revolution by treating their customers to delicious, freshly caught local fish and seafood. **Ads**

pp.38,59



Sept-Rivières

Sept-Îles

Poissonnerie Fortier & Frères | Fishmongers (1)

1 rue du Père-Divet, Sept-Îles 418-962-9187 - <u>poissonneriefortier.ca</u> - **9** Open: Year-round.

The reputation of this Old Pier fish market extends far beyond the town's borders. Fresh or on-site processed and prepared fish is sold year-round. Specialties include whole hand-peeled shrimp, fresh crab in season, whelk, lobster and Minganie scallops, as well as an extensive range of take-out dishes, sushi and pickled fish.



Poissonnerie Soucy

295 Ave Arnaud, Sept-Îles - 418-962-6322 <u>dupecheur.ca</u> - 😝 😉

Open: Daily in the summer, 9 a.m. to 6 p.m.

At Soucy Fishmongers, clients will find a wide variety of seafood, including delicious snow crab, lobster and Sept-Îles shrimp. Fresh and frozen fish and shellfish are also available.

Le Golfe-du-Saint-Laurent

Blanc-Sablon

Poissonnerie Blanc-Sablon | Fishmongers •

1183 Blvd Camille-Marcoux, Blanc-Sablon 418-461-3212 - poissonnerieblancsablon.com - 🕡

Poissonnerie Blanc-Sablon's over 800 customers are located locally and throughout the Labrador and Québec regions. Order your cod, salmon, halibut, scallop, shrimp, and lobster from us, you won't regret it. In the coming years, we plan on offering more ready-to-eat food such as sushi and cod liver spread.

Microbreweries and Distilleries

Recently founded North Shore microbreweries and distilleries keep on surprising locals and visitors alike with their top-notch, artisanal products featuring distinctive regional flavours. Tasting is believing!

La Haute-Côte-Nord

Sacré-Cœur

La Chasse gardée (*)

64, suite C rue Principale Nord, Sacré-Cœur 581-234-8297 - chassegardee.ca - 😯 Open: June 15 to September 15, from Tuesday to Saturday, noon to 9 p.m.; September 16 to June 14, Thursday to Saturday, 4 to 8 p.m.

A friendly neighbourhood craft brewery with a tasting room/store where visitors can buy and enjoy our products. Our skilled brewers create beers that reflect. the wild and untamed land and its inhabitants! Free guided tours on Saturdays from 3 to 4 p.m., by reservation in high season.

Tadoussac

x

≘(\$)

Microbrasserie Tadoussac I Microbrewery (4)

╤∦⊤

145 rue du Bord-de-l'Eau. Tadoussac 418-980-4900 - microtadoussac.com - **(F) (2)** Open: Year-round.



Take in the enchanting view of the bay as you try one of our 15 local brews - the results of local brewing expertise – and dine on dishes prepared by local chef-artisans. We also have board games, and sell beer and a wide range of products bearing the MT logo at our store. Families with children welcome. Ad p. 19

Manicouagan

Baie-Comeau

Distillerie Vent du Nord (3)

110 Blvd Comeau, Baie-Comeau 418-290-5981 - distillerieventdunord.ca - **G** Open: Year-round.

Our small-scale distillery promotes innovation, craftsmanship and local products, and offers customers high-quality spirits with unusual flavours. Come visit us and and taste what the region has to offer

Microbrasserie St-Pancrace - L'Usine (♣) 🕭 🗣 🕲



110 Blvd Comeau, Baie-Comeau - 418-296-0099 stpancrace.com - 60 Open: Year-round.

Looking for a wild and hoppy experience? Come tour the free self-guided brewery exhibition, dive into the brewers' creative world and discover the ingredients that inspired each of their beers. Browse the boutique where you can find the brewery's Côte-Nord beers and related merch. Ad p. 19



Sept-Rivières

Sept-Îles

Microbrasserie La Compagnie | Microbrewery (1)

15 rue du Père-Divet, Sept-Îles 418-961-2337 - microlacompagnie.com - **(70)**

Here in Sept-Îles, we're not afraid to say that our beer is made from iron ore, whale fat, paper pulp, and the stories of hard-working company employees. People used to say they work at La Company. Now, they say they drink at La Company! We're the only factory in town where your job is to drink beer, eat nachos and pizza, and laugh with your friends. Come do a shift with us! Ad p.19



Minganie

Havre-Saint-Pierre

Brasserie Distillerie Puyjalon | Distillery-Brewery (*)

1180 rue du Fer, Havre-Saint-Pierre 581-292-4954

distilleriepuyjalon.com - 🕶 😉

Open: Year-round.

Tour the first micro-distillery on the Côte-Nord and try our beer, brewed on-site, in the tasting pub or buy some to go. Our spirits and kinds of beer are made with distinctive local and regional flavours and ingredients, including aromatic herbs. Betchwan gin and Niapiskau vodka are also sold at SAO (Société des alcools du Québec) outlets. Guided tasting tour by reservation

Natashquan

≘(§)

Brasserie La Mouche | Microbrewery (3)

33 Chemin de l'Aéroport, Natashquan 418-962-6003 - <u>brasserielamouche.com</u> - 😯 🖸 Open: Daily, from 10 a.m. to 6 p.m. (in summer)

Come and try the Pirate, the Mickey Finn and other Natashguan-brewed beers made from indigenous yeasts. Look for them in the local stores, order them. in one of the village restaurants or come see us at our store, located next to the brewery. Ad p.19



Regional Products

Côte-Nord

Les Marchés Publics de la Côte-Nord I Public markets

418-962-0469, ext. 110 tablebioalimentairecotenord.ca - 6

Meeting and talking with local producers and admiring their wares will help you understand their devotion to the wild beauty of this untamed land. Journey into a world of bold new flavours and aromas at the public markets in Tadoussac, Sept-Îles and Longue-Pointede-Mingan.

Table bioalimentaire Côte-Nord I Organic food producers' association

Sept-Îles - 418-962-0469, ext. 110 tablebioalimentairecotenord.ca - 🙃 Open: Year-round.

On the Côte-Nord, seafood and northern berries come together like the Innu. Anglo-Saxon and French influences on the region's culinary heritage. Grown, produced or harvested in accordance with natural cycles, the flavours created by our member businesses will take you to the fields, the sea and the forests. Order them from us today.

La Haute-Côte-Nord

Tadoussac

Terroir Boréal Saveurs Natives | Local gourmet products (*)

251 rue des Pionniers, Tadoussac 418-235-4380 - <u>terroirbo</u>real.com - 😝 🕥 Open: April 24 to November 2.

Martin Brisson, well-known Aboriginal head chef at La Galouïne Inn and Restaurant has developed an environmentally friendly line of products from the boreal forest. The products, sold at the Inn and other points of sale, include aromatic herb blends, syrups, fruit and mushroom powders, herbal tea, preserves, spreads and local fleur de sel. They're also used in many of his restaurant's dishes. Ad p. 34



Sacré-Cœur

Herbamiel (1)

S

228 Chemin de l'Anse-de-Roche, Sacré-Cœur 418-236-8226 - herbamiel.ca - **♀**♥ **⑤** Open: June 1 to October 10.

Come to our bee farm and taste our honey or try our natural beauty products. We process beekeeping products into jam, propolis, soap, candles and lip balm, available for purchase at the farm store. Guided tour by reservation and self-guided tour of the farm. The Fête du miel (Honey Festival) is on September 10.



Les Bergeronnes

Boulangerie artisanale la « P'tite Cochonne » ("Li'l Pig" Artisanal Bakery)

● ⊤

482 rue de la Mer, toward the wharf (rue du Boisé / rue de la Mer), Les Bergeronnes 418-617-0384 - 🕶

goexploria.com/company/124612/boulangerie-la-ptite-cochonne-les-bergeronnes

Open: Mid-June to mid-October, daily, 6:30 a.m. to 5 p.m.

This friendly artisanal bakery uses only the most natural ingredients for its products: bread, baguettes, flat bread, Québec brioches and kouing- amann. We also sell: Québec gourmet and organic cheeses, organic sausages, pâtés and rillettes, organic coffee, beverages, tea and tisanes. A stone's throw from the water.

Forestville

Les Saveurs Boréales I Local gourmet products (*)

(\$)

12 1st Rue. Forestville 418-587-4884 - lessaveursboreales.com - 6

We specialize in harvesting edible Côte-Nord forest products: glasswort, Scottish lovage, Labrador tea, birch bark tea, fireweed flowers, lobster mushrooms, vellowfoot chanterelles, boletes, and spices such as sweet gale, dune pepper and powdered pine. We provide a link between harvesters and buyers: wholesalers, grocery stores, restaurants and the general public.

Colombier

Confiserie Boréale | Candy factory (*)

(2)

569 rue Principale, Colombier 418-565-3364 or 1-888-530-3364 lesdelicesdemichele.com - 60 Open: Year-round.

This facility produces chocolate, jam and candy made with local berries. Watch the workers and listen to guides explain the manufacturing process, then pick up some local products made with native Côte-Nord berries: cloudberries, lingonberries, sea buckthorn berries, honeyberries and crowberries, as well as the better-known blueberries, strawberries and red currants.

Manicouagan

Baie-Comeau

Confiserie La Mère Michèle | Candy store (1)

704 rue De Puyjalon, Baie-Comeau 418-589-2364 or 1-888-530-2364 meremichele.ca -

This candy store will delight your eyes and taste buds with local delicacies, fine chocolates, Asian and gourmet food, chocolate and cake accessories, fine china, and gift ideas galore. This is where Les Délices de Michèle creations see the light of day before being produced at the factory in Colombier.

Sept-Rivières

Port-Cartier

Chocolaterie Cartier

4E Blvd des îles, Port-Cartier 581-285-5846 - <u>chocolateriecartier.com</u> - **f ©** Open: Year-round.

This chocolate-maker creates products that combine Côte-Nord flavours with fine chocolate, freshly made on site. Inspired by Québec's untamed landscape and the animals that live there, its products provide a unique taste experience. Visit us to discover how chocolate is made, from fair-trade bean to bar.

Sept-Îles

Trésors des Bois (woodland products) 🕦

135 rue de l'Église (Clarke area), Sept-Îles 418-444-7634 - tresorsdesbois.com

Since 2007, Trésors des Bois has been collecting and processing Côte-Nord mushrooms, plants and berries using eco-friendly and artisanal methods. For a gourmet lunch or an amazing happy hour, put Trésors des Bois products on your plate! Our dried mushrooms, jellies, jams, spices and herbal teas can be purchased at our online store and retails outlets.

Fumeur en Nord I Smokehouse

493A Ave Brochu, Sept-Îles 418-960-1350, 418-350-1820 fumeurennord@gmail.com - •

We stock many unusual, house-made smoked products as well as the largest selection of hot and BBQ sauces, spices, cocktail ingredients, bubble tea and many other Québec specialty products. Many have tried, but none have succeeded in taking away our title as the Côte-Nord's smoking specialist!

Minganie

Port-Menier

Manowin | Ocean Farm

3 rue Velleda, Port-Menier 418-535-0323 - <u>jpaqua445@gmail.com</u> Open: May to October.

Manowin inc. est une ferme maricole spécialisée dans l'élevage des huitres. Elle produit également des fleurs sauvages typiques de l'île d'Anticosti. Visite d'interprétation du site maricole sur demande.

(\$)

•

■ X

Rivière-au-Tonnerre

Maison de la Chicoutai | Cloudberry products

(\$)

Rivière-au-Tonnerre 418-465-2140 - <u>chicoutai.ca</u> - **G**

The owner and their team focus exclusively on promoting and marketing cloudberries, an orange fruit that grows wild in local peat bogs. You can find the the cloudberry in all its forms – butter, jam, jelly, and herbal tea – in stores throughout the Côte-Nord and Bas-Saint-Laurent regions and in Québec City that are open year-round.

Aguanish and L'Île-Michon

Fumoir Le Goynish | Restaurant and smokehouse

237 Route Jacques-Cartier, Aguanish 418-533-2357 - <u>aacn@hotmail.fr</u> - **9** Open: June 5 to September 30.

This smokehouse specializes in smoked salmon and related products as well as regional dishes featuring smoked salmon, fish and seafood. Eat-in and take-out service.

Natashquan

De baies et de sève | Local gourmet products

33A Chemin de l'Aéroport, Natashquan 418-726-3141 debaiesetdeseve.ca - **f**

We make a range of specialty products using locally sourced plants, seaweed and fruit from the Minganie region. Spice up your meals with subtle and unusual flavours that range from woody to floral, from citrus notes to the saltwater taste of the sea. Since 2015, we also offer a line of body care products based on selected ingredients from the forest and the sea.

176

Le Golfe-du-Saint-Laurent

Bonne-Espérance

Ferme de pétoncle Aqua Labadie | Scallop farm

● 🕏\$

•

The company specializes in marine farming scallops at their Salmon Bay facility. Choose from a 1- or 2-hour guided tour that takes place either on land or on sea. On the tour, you can observe scallops, learn how they are grown and try the freshest scallops you've ever tasted, accompanied by a glass of wine. Groups welcome; coach parking available.

Fruit and Vegetables for Sale

La Haute-Côte-Nord

Colombier

Serre de Colombier | Greenhouses

524 rue Principale, Colombier 418-565-3343 - <u>serrecolombier.com</u> - **①** Open: Mid-June to mid-October.

Since 2016, this non-profit greenhouse has been selling more and more kinds of hot-house and permaculture vegetables such as cucumbers and tomatoes, and several kinds of berries: strawberries, raspberries as well as two tasty local varieties, honey berries and sea buckthorn berries.

Manicouagan

Pointe-Lebel

Ferme Manicouagan | Farm 📳

On rue Granier, about 1 km after the roundabout on Route 138; farm entrance is at the end of the road on the right, about 300 m after rue du Parc. 418-445-3552, 418-445-1413

418-445-3552, 418-445-1413 <u>fermemanicouagan.com</u> - **G**

Open: Depending on the harvests.

The Bérubé family has added many pick-your-own varieties to its lineup, with honeyberries, strawberries, raspberries, tomatoes, beans, fresh herbs, corn, fall squash and many other seasonal vegetables. Farm produce is sold on-site. For information, follow us on Facebook

Speciality Food Shops and Delis

Manicouagan

Baie-Comeau

Bonbonnerie Chapeau de Troll Baie-Comeau | Candy store

Bonbonnerie Chapeau de Troll sells a wide variety of bulk vintage, exclusive and Japanese candies. You'll enjoy browsing the over 100 varieties in our candy bar and making your own candy mix. Cotton candy and popcorn are made fresh every day. Step inside and revisit your childhood!

Renard Bleu Baie-Comeau | Eco-friendly grocery store (‡)

625 Blvd Laflèche, suite 109, Baie-Comeau 418-298-2591 - monrenardbleu.com - Garago Open: Year-round.

Discover a new way of doing your groceries! Renard bleu is a zero-waste bulk grocery store whose goal is to help consumers shop in an environmentally responsible manner without breaking the bank. We also provide education and support to make people aware of the social and environmental impact of their choices. We have three branches, in Sept-Îles, Port-Cartier and Baie-Comeau, all stocked with a wide variety of fresh. local and original items.

Sept-Rivières

Port-Cartier

Renard Bleu Port-Cartier | Eco-friendly grocery store (3)

4D Blvd des Îles, Port-Cartier 581-285-5846 - <u>renard-bleu.com</u> - **9** Open: Year-round.

This zero-waste bulk grocery store stocks a variety of affordable, environmentally friendly food. We also provide education and support to make people aware of the social and environmental impact of their choices. We have three branches, in Sept-Îles, Port-Cartier and Baie-Comeau, all stocked with a wide variety of fresh, local and original items.

Sept-Îles

Renard Bleu Sept-Îles| Eco-friendly grocery store (3)

700 Blvd Laure, Sept-Îles 581-285-5846, ext. 2 - <u>renard-bleu.com</u> - **6 3** Open: Year-round.

This zero-waste bulk grocery store stocks a variety of affordable, environmentally friendly food. We also provide education and support to make people aware of the social and environmental impact of their choices. We have three branches, in Sept-Îles, Port-Cartier and Baie-Comeau, all stocked with a wide variety of fresh, local and original items.

Bonbonnerie Chapeau de Troll | Candy store

The Chapeau de Troll candy store sells a wide variety of bulk vintage, exclusive and Japanese candies. You'll enjoy browsing the over 100 varieties in our candy bar and making your own candy mix. Cotton candy and popcorn are made fresh every day. Step inside and revisit your childhood!

MelLau Food Market

495 Place du Commerce, Sept-Îles 418-960-0858 - <u>marchemellau@cgocable.ca</u> - **G**

This grocery store stocks gourmet items, hot, cold, and frozen take-out meals, and allergen-free food.

Food Markets

La Haute-Côte-Nord

Essipit

Dépanneur VOISIN Essipit

44 rue de la Réserve, Essipit 418-233-2202 <u>vacancesessipit.com/services</u> - **♀ ○** Open: Daily, 7 a.m. to 6 p.m.

This pillar of the Innu community is more like a general store than a convenience store, as it offers a wide variety of services under one roof: gas, wine and liquor at the Société des Alcools du Québec (SAQ) outlet, grocery items, propane, coffee, ice, a candy area and gifts cards.

Manicouagan

Baie-Comeau

Baraque à bières Baie-Comeau | Beer store

1050 rue de Bretagne, Baie-Comeau 418-298-1375 - <u>adm@baraquebc.ca</u> - **13 3** Open: Year-round.

Located on the banks of the Rivière Amédée, this store sells microbrewery beers and fine Québec foods. Discover many gourmet items and beers produced on the Côte-Nord, from Tadoussac to Natashquan. Based on your preferences, our enthusiastic employees will be pleased to recommend some Québec microbrews to you.

Provigo

300 Blvd La Salle, Baie-Comeau 418-296-6868 - smp8537d@provigo.ca

This grocery store prides itself on offering a wide variety of fresh products as well as fast and courteous service to meet all your needs. Stock up on food and beverages for your travels. The catering service and convenient take-out meals have something for every taste.

Sept-Rivières

Port-Cartier

Alimentation COOP IGA Port-Cartier | Co-op

26 Blvd des Îles, Port-Cartier 418-766-0008 - <u>iga.net</u> - **6** Open: Year-round, 8 a.m. to 9 p.m.

The 1,300-member IGA Port-Cartier co-op serves the population of Port-Cartier and the surrounding villages, as well as campers. The store is known for its wide variety of microbrewery beers and its selection of local and regional products: lobster from Rivière-Pentecôte, Lefrançois strawberries, fresh crab and shrimp and many home-made products.

BoniSoir Shell Port-Cartier

62 Route 138, Port-Cartier
418-766-0005
bs05577portcartier@sobeys.com -
Open: Year-round.

Located at the entrance to Port-Cartier since 2017, this convenience store shares space with a McDonald's, Sépaq offices and a visitor information centre. You'll find basic fishing gear, a beer room, 24-hour service and much more

■ T

● T

Sept-Îles

Dépanneur Proxi Extra | Convenience store

5 rue Comeau, Sept-Îles 418-962-5545 - <u>proxiextra.com</u> Open: Daily, year-round.

You'll find everything you need at the 24-hour Proxi Extra convenience store in the Port-Cartier area of Sept-Îles. We carry a wide variety of products and propane for our customers. Ask for the customer loyalty card and use it to collect points on gas and convenience store purchases.

Minganie

Port-Menier

Coopérative de Consommation de l'Île d'Anticosti | Co-op

6 rue des Olympiades, Port-Menier 418-535-0129, 418-535-0173 - <u>cooperativeanticosti.com</u> Open: Year-round.

Conveniently located in the centre of the village, this consumer co-operative (a member of the FCAQ, or Fedération des coopératives d'alimentation du Québec) operates under the Métro-Richelieu banner. It has an in-house bakery, meat counter and SAQ (liquor store) outlet and sells prepared food, propane, and fuel.

Baie-Johan-Beetz

Les Choix de Marguerite | ® Baie-Johan-Beetz Solidarity Co-op

15A rue du Nord (access via Route 138), Baie-Johan-Beetz 418-539-0238 - <u>coop@baiejohanbeetz.qc.ca</u> - **①** Open: Year-round.

You're sure to receive a friendly welcome when you enter this bustling multi-service co-op, located near the Rivière Piashti. It has a grocery store, service station, an SAQ outlet (for wine and liquor), a coffee area with WiFi, a post office, and an exclusive selection of gourmet products.

Le Golfe-du-Saint-Laurent

Kegaska

Dépanneur Quegasca

104 Chemin Jacques-Cartier, Kegaska 418-726-3050 - <u>quegasca1@globetrotter.net</u> - **•**

Located directly on Route 138, this convenience store sells a variety of products and services, including locally handcrafted souvenirs, gas and lottery tickets, as well as restrooms and a coffee and snack area.

Sugar Shacks

La Haute-Côte-Nord

Sacré-Cœur

Ferme 5 Étoiles | Family Vacation Resort 🤶

465 Route 172, Sacré-Cœur 418-236-4833 or 1-877-236-4551 ferme5etoiles.com - **6**

Learn about Québec's famous sugaring-off traditions: a hearty meal, maple taffy on the snow, a tractor-drawn sleigh ride to visit the farm animals, live music and shows on weekends. Our Sugar Shack Package includes overnight stay, breakfast and special activities. Reservations required. Ad p. 224

Bars laitiers

La Haute-Côte-Nord

Tadoussac

Crèmerie Pause bonbons | Ice cream parlour

121 rue du Bord-de-l'Eau, Tadoussac 418-235-4865, 581-235-4479 franceboulianne/1@hotmail.com - • • Open: Every day in the summer season.

This ice cream parlour has a lovely patio overlooking the bay where customers can enjoy soft-serve, Sloche beverages, steamed hot dogs, baguette, croissants, drinks and prepared lunches. It's the perfect place to relax before or after a cruise, or stock up on supplies when heading to the beach.

Minganie

Longue-Pointe-de-Mingan

Bar laitier Chez Marina | Dairy bar

1045 Chemin du Roi, Longue-Pointe-de-Mingan 418-949-2634 - aniram-w@hotmail.com - **f**

We sell frozen desserts made with local berries like cloudberries and lingonberries, as well as blueberries, raspberries, and strawberries. Check out our 75 flavours of soft-serve, milkshakes, sundaes, Sloche beverages, candy and homemade jam. We've been serving visitors and the community for 28 years!

Accommodation

The Côte-Nord offers visitors a wide variety of different accommodation options, including some unusual types, located in villages, in the forest, and along the coast. Tourisme Québec's rigorous classification program ensures that all these places offer high levels of comfort, service and safety.

Price range: \$: Under \$75 \$ \$: \$75-\$100 \$ \$ \$: \$101-\$150

\$\$\$\$: \$151-\$200 **\$\$\$\$:** Over \$200

Organized by type of accommodation, from west to east.

Hotels

La Haute-Côte-Nord

Hôtel Le Béluga 🖲

064046

191 rue des Pionniers, Tadoussac 418-235-4784 - <u>le-beluga.qc.ca</u> - **G @**

29 units - \$\$ - AC ₹□

Ad below



Hôtel Sous la Croix

152725

3 rue Sous-la-Croix, Tadoussac 418-235-2022 or 1-866-247-2022 booking.com

Hôtel Tadoussac 🖲

040854

165 rue du Bord-de-l'Eau, Tadoussac 418-235-4421 or 1-800-561-0718

hoteltadoussac.com - 6

Ad p.34

149 units - **\$\$\$\$** - 核零畿通工艦墨





La Galouïne Auberge & Restaurant ■ # 083930

083930

251 rue des Pionniers, Tadoussac 418-235-4380 - lagalouine.com -

12 units - **\$\$\$** - 奈振AC— ■□

Ad p.34



Motel Chantmartin

024791

414 rue du Bateau-Passeur, Tadoussac 418-235-4733 or 1-800-731-4733 chantmartin.com –

24 units - \$\$ - ₹AC▲ இ

Motel de l'Anse-à-l'Eau ▣

031614

173 rue des Pionniers, Tadoussac 418-235-4313 - motellansealeau.com

20 units - \$\$\$ - ♠♣▼■□₩▲

Hôtel-Motel Restaurant Coronet

057326

401 Route 172 Nord, Sacré-Cœur 418-236-9444 or 1-800-550-3123 - hmcoronet.com

17 units - **\$\$** - ș**Ħ■□≟**

Auberge la Rosepierre

106164

66 rue Principale, Les Bergeronnes 418-232-6543 - <u>rosepierre.com</u> - **f**

10 units - \$\$\$ - ♠₺æヹċ□

Complexe hôtelier Pelchat

057282

445 Route 138, Les Escoumins 418-233-2401 or 1-888-225-3463 complexepelchat.com -

36 units - **\$\$\$** - ☜★ac←▼■▲□▲■雲



Motel Le Marinier

022330

289 Route 138, Les Escoumins 418-233-3309 - <u>mich1960@outlook.com</u>

12 units - \$\$\$ - 🦘 🖃 🖸

Ad p.37

Motel de la rivière Sault-au-Mouton # 085842

U8584.

333 rue Principale, Longue-Rive 418-231-2214 or 1-877-231-2214 motelsaultaumouton@gmail.com

8 units - \$\$ - ₹- ■□ & 2

Econolodge

041543

85.q bA

5 Route 138 Est, Forestville 418-587-2278 or 1-877-677-2278 econologgeforestville.com - •

55 units - **\$\$\$** - ♠ **★**AC□<u>▲</u>

Ad p.39



Motel 4 Saisons

104156

157 Route 138 Ouest, Forestville 418-587-6666 - motel4saisons.com - **6**

25 units - \$ - ₹ AC ■ □ ▲



Manicouagan

Motel La Relance

046141

126 rue Vallilée, Chute-aux-Outardes 418-567-8557 20 units - **\$\$** - M **?** AC ■ □ △

Hôtel Comfort Inn Baie-Comeau

026331

745 Blvd Laflèche, Baie-Comeau 418-589-8252 or 1-800-465-6116 choicehotels.com/cn322 -

60 units - \$\$\$\$ - ₺ ♠♠■□▲ Ad p.185

Hôtel Le Manoir

040924

8 Ave Cabot, Baie-Comeau 418-296-3391 or 1 866-796-3391 or <u>manoirbc.com</u> or <u>manoirbc.com</u>

60 units - \$\$\$ - ♠Achte ⊕ □ ■ ▲ ■ Ad p.48



Hôtel Travelodge Baie-Comeau

001024

**

285 Blvd La Salle, Baie-Comeau 418-296-9686, 514-518-8451 or 1-800-563-9686 travelodgebaiecomeau.com

100 units - \$\$ - ♠AC ★ ■□▲ Ad p.58

Hôtel-Motel Hauterive

040456

1145 rue Nouvel, Baie-Comeau 418-589-2041 or 1-800-463-2041 hotelsduplateau.com

37 units - \$\$\$ - ♠AC■□▲ Ad at right

Hôtel-Motel La Caravelle

042044

202 Blvd La Salle, Baie-Comeau 418-296-4986 or 1-800-463-4986 hotelcaravelle.ca -

72 units - \$\$ - ♠AC ★■□ඣ Ad p.59

Le Boréal

001525

1060 Blvd Laflèche, Baie-Comeau 418-589-7835 or 1-866-589-7835 hotelsduplateau.com

39 units - \$\$\$ - ♠AC■□▲ Ad at right

Le Grand Hôtel

045791

48 Place La Salle, Baie-Comeau 418-297-6994 or 1-888-838-8880 - <u>legrandhotel.ca</u>

48 units - \$\$\$ - ♠AC — ■□ Ad p.57



Motel Manic 2000

041742

2791 Blvd Laflèche, Baie-Comeau 418-589-3751 or 1-800-905-3751 - motelmanic2000.com 34 units - **\$\$\$** - **₹**4€.

Auberge Franquelin

038312

27 rue des Cèdres, Franquelin 418-298-0002 - <u>aubergefranquelin.com</u> - **6** units - **\$\$** - マオー製み B

Hôtel Place Saint-Laurent

221498

4 rue Saint-Laurent, Baie-Trinité 418-939-2148 - hotelstlaurent@globetrotter.net 6 units - \$ - 令日本

Motel de l'Énergie « Manicouagan V » ** # 007103

Km 211 Route 389 (next to Manic-5), Rivière-aux-Outardes 418-584-2301 or 1-800-760-2301 motelenergie.com

43 units - \$\$\$ - ♠★AC■□



Caniapiscau

Hôtel Fermont

062613

299 Le Carrefour, Fermont 418-287-5451 - <u>hotel-fermont.ca</u> - **①**

58 units - \$\$\$\$ - 旁ia★▲@

Sept-Rivières

Le Q'artier des Îles

061342

30 rue Élie-Rochefort, Port-Cartier 418-766-3444 - <u>legartier.com</u> - **f**

80 units - \$\$\$ - Ṣ琶☆AC團□



Château Arnaud

259490

403 Ave Arnaud, Sept-Îles 418-960-5511 or 1-855-960-5511 chateauarnaud.com -

80 units - **\$\$\$** - **≈**ACT -□■2







Hôtel Comfort Inn Sept-Îles

025852

854 Blvd Laure, Sept-Îles 418-968-6005 or 1-800-465-6116 septilescomfortinn.com -

60 units - **\$\$\$** - ₺��★AC■□

Ad at right

Hôtel Le Voyageur

004476

1415 Blvd Laure, Sept-Îles 418-962-2228 or 1-866-962-2228 hotellevoyageur.com - **G**

23 units - **\$\$\$** - ♠AC&:♠♠—■□▲·இ

Ad p.82

Hôtel Les Mouettes

066021

842 Blvd Laure, Sept-Îles 418-962-9427 or 1-877-962-9427 <u>hotellesmouettes.com</u> – **•**

43 units - **\$\$\$** - ₹**=**□□▲



Hôtel Mingan

055764



Hôtel Quality Inn Sept-Îles

285272

1009 Blvd Laure, Sept-Îles 418-960-5600 or 1-844-900-5600 qualityinnsept-Îles.com -

Ad below

61 units - \$\$\$ - ╤闆₺AC■□▲豐

Hôtel Sept-Îles

040482 451 Ave Arnaud, Sept-Îles 418-962-2581-ou 1-800-463-1753 reservation@hotelseptiles.com 78 units - \$\$\$ - *AC***





Comfort Inn Baie Comeau

745 boulevard Laflèche | Baie Comeau 418-589-8252

www.baiecomeaucomfortinn.com

CLICK HERE TO BOOK TODAY

Comfort Inn Sept-Iles

354 boulevard Laure | Sept-Iles 418-968-6005

www.septilescomfortinn.com

CLICK HERE TO BOOK TODAY











LEARN ABOUT OUR
COMMITMENT TO CLEAN



FREE GYM & WI-FI FULL AMERICAN BREAKFAST INCLUDED

42" HD TV, 4 FIRST CHOICE CHANNELS LONG DISTANCE NORTH AMERICA FREE

Security is our main priority for your vehicules: Trailers, Snowmobiles, ATV, Security Cameras, Chain, Padlocks...

1009 boul. Laure, Sept-Îles (Québec)

1 844 900-5600

Hôtels Gouverneur Sept-Îles

048031

666 Blvd Laure, Sept-Îles 418-962-7071 or 1-888-910-1111 sept-îles.gouverneur.com - **9**

120 units - \$\$\$ - iሌ ❤ ★ AC @ □



Minganie

L'Escale LAM-AIR

021361

454 rue Jacques-Cartier, Rivière-au-Tonnerre 418-465-2030 - <u>informations@lescalelamair.com</u> - **\$**

12 units - \$\$ - ₹□ & \$

Motel Maisonnettes des Îles

113735

126 rue de la Mer, Longue-Pointe-de-Mingan 418-949-2302 or 1-877-949-2302 - minganie.info - **9**

9 units - \$ - ₹ - □□ & 2



Auberge Boréale

1288 rue Boréale, Havre-Saint-Pierre 418-538-3912 , 418-538-6812 aubergeboreale.com -

10 units - \$ - ♠♣-€

Hôtel Motel du Havre

041860

**+

970 Blvd de l'Escale, Havre-Saint-Pierre 418-538-2800 or 1-888-797-2800 70 units - **\$\$** - **?AC**□**≦**

Motel de l'Archipel

095981

805 Blvd de l'Escale, Havre-Saint-Pierre 418-538-3900 or 1-800-463-3906 moteldelarchipel.com

24 units - **\$\$** - **₹■□**▲

Motel du Vieux Townside 🗉

222505

873 Blvd de l'Escale, Havre-Saint-Pierre 418-553-7387 - motelduvieuxtownside.com 11 units - \$ - ❤️■□▲

Le Port d'Attache

098475

70 rue du Pré, Natashquan 418-726-3569 or 1-877-726-3569 <u>aubergeleportdattache.ca</u>

8 units - \$ - ♠★★豐

Ad at right

Auberge Motel Quatre Saisons

103390

2 rue Beaudoin, Blanc-Sablon 418-461-2024 or 1-866-472-4766 <u>aubergequatresaisons.com</u> - **•**

8 units - \$\$\$ - ☜★இ

Bed & Breakfasts

La Haute-Côte-Nord

Gîte du Moulin Baude

294428

381 rue des Pionniers, Tadoussac 418-514-8278 - <u>charles.cb.breton@gmail.com</u> - **\$**

4 units - \$\$\$ - 奈了

Chez Lucie

222335

2 rue Dion, Les Escoumins 418-233-3055 - gitechezlucie.com

3 units - **\$\$** - **奈**璺

La Maison de la vieille côte

096526

118 rue Saint-Marcellin Ouest, Les Escoumins 418-233-4419 - <u>melisrouss@hotmail.com</u> - **f**

4 units - \$\$ - 🤶

Baie du Soleil Couchant

218223

26 Chemin du Barrage, Longue-Rive 418-231-2238

gitebaiedusoleilcouchant.godaddysites.com - 6

4 units - \$\$ - ♠♠ౖ



Gîte Bon matin

210195

412 rue Principale, Longue-Rive 418-587-0204 - <u>lynehovington@hotmail.com</u>

Manicouagan

Gîte La Mère Michèle

120164

920 Blvd Jolliet, Baie-Comeau - **1** 418-589-2364 or 1-888-530-2364 - meremichele.ca

5 units - **\$\$** - ₹

Gîte LaRichardière

109 rue Saint-Régis, Godbout 418-568-7446

gite-larichardiere@hotmail.com - 6

4 units - ຈac& â⊡ ≛

Thépi Bec Sucré

275730

166 rue Pascal-Comeau, Godbout 418-568-7879, 418-293-7273 <u>lartisaneduvillage.com</u> - **G**

3 units - \$\$ - ♠&▲®

L'auberge de la Maison du Gardien

084125

1830 Chemin du Vieux-Phare, Baie-Trinité 418-939-2400

pharedepointedesmonts.com/hebergement - 6

4 units - **\$\$\$** - **ஆ**■இ

Minganie

Gîte Chez Françoise

184321

1122 rue Boréale, Havre-Saint-Pierre 418-538-3778 or 1-855-219-3778 - gitechezfrancoise.ca

3 units - \$\$ - 🤿

Gîte Dupuis

129404

1126 rue du Duvet, Havre-Saint-Pierre - 418-538-2082 rosemarieturbis1947@outlook.com

3 units - \$ - ₹€

Gîte Chez Marie

234323

131 Chemin d'en Haut, Natashquan - 418-726-3331 3 units - **\$** - ♠▲இ



Le Golfe-du-Saint-Laurent

La maison de Jean – Jean's House

133991

Harrington Harbour - 418-795-3354 jeansboardinghouse@xplornet.com

3 units - \$\$ - ₹AC▲ இ

Séduction

269754

54 rue Harbour, Harrington Harbour - 418-795-3339 gite.seduction@gmail.com -

4 units - \$\$\$ - ♠▲இ



Le Gîte d'Émilie

208876

21 rue des Cormorans, Tête-à-la-Baleine 418-242-2045 - skyper20@hotmail.com

4 units - \$ - 豪▲



Cottages, Condos, Housekeeping Units

La Haute-Côte-Nord

Chalets Domaine des Dunes

100693

585 Chemin du Moulin-à-Baude, Tadoussac - 6418-235-4843 - domainedesdunes.com

10 units - **\$\$\$** - 🖘 🗐

Ad p.35



Hébergement du Bateau 🖲

‡ 120105

2 units - \$ - ₹ - ■□

La Maison Molson-Beattie

27615

145 rue du Bateau-Passeur, Tadoussac 514-393-1417 - <u>hcq-chq.org</u>

1 unit - **\$\$\$\$** - 🦘 🗖 🔳

Le Chalet de la Montagne

238232

1 rue Therrien, Tadoussac

418-214-0009 - nicolasflorence@hotmail.ca

1 unit - \$\$\$\$ - 🗕 🖃 🖸

Tadoushack

296157

179 rue des Pionniers, Tadoussac 418-235-1218 - <u>julibrisson@hotmail.com</u>

1 unit - \$ - 🤝

Bardsville

269920

Km 47 Route 172, Sacré-Cœur 418-236-4604, 418-514-3024 or 1-877-236-4604 rivieresainte-marguerite.com -

6 units - \$\$ - 🔳

Domaine de l'ours noir

192242

1895 Route 172 Sud, Sacré-Cœur 418-236-4833 or 1-877-236-4551 ours-noir.net

2 units - \$\$\$\$ - ♠★

Ad p.224

La Ferme-5-Étoiles / Centre de vacances ** # 220146

465 Route 172 Nord, Sacré-Cœur - 🕶 😉 418-236-4833 or 1-877-236-4551 - ferme5etoiles.com

7 units - \$\$\$\$\$ - ॎक्चि≣ें Ad p.224

Chalet du club de chasse et pêche de Tadoussac

45 Route 138, Sacré-Cœur 418-235-4723 - <u>clubtadoussac.com</u> - **9**

12 units - \$\$\$ - 🔳 🗻 🕮



MontFjord

303833

136 Chemin de l'Anse-Creuse, Sacré-Cœur 514-207-5060 - <u>chaletsfjordsaguenay.com</u> - **•**

1 unit - \$\$\$\$\$ - ஆ— ■□▲☆

Motel la Croisière

103460

1087 Route 138, Les Bergeronnes 418-232-6247 - <u>studiomotellacroisiere.com</u>

13 units - **\$\$\$** - **奈**■

Chalets de l'Anse à Jos et l'Anse à Yves ■ ★★★ # 091593

46 rue de la Réserve, Essipit 418-233-2266 or 1-888-868-6666 vacancesessipit.com - **9**

8 units - \$\$\$\$ - ─ ■□ Ad back cover



Chalets Shipek

185275

46 rue de la Réserve, Essipit 418-233-2266 or 1-888-868-6666 vacancesessipit.com - **€**

7 units - \$\$\$ - ♠ ★ ■ □ ■ Ad back cover





Condos hôtel Natakam vue sur mer

181156

46 rue de la Réserve, Essipit 418-233-2266 or 1-888-868-6666 <u>vacancesessipit.com</u> - **€ ○**

32 units - **\$\$\$\$** - 旁帳■靈

Ad back cover



Les Chalets au bord de la mer

131552

25 rue des Pilotes, Les Escoumins 418-233-2213 - <u>routedesbaleines.net</u>

3 units - \$\$\$ - 🦘 ■ 🏖



Le Sahara du fleuve

290570

14 rue Percé, Longue-Rive 418-297-9662, 418-587-8491 lesaharadufleuve@hotmail.com

1 unit - \$ - 🦘 🖃 🖳 🎎 💥

Manicouagan

Entre Mer et Montagne

299241

13 rue des Cèdres, Franquelin 418-295-8112, 418-293-2564 entremeretmontagne2019@hotmail.com -

1unit - 🖘 🛳 🛣 🏖

Chalet chez tante Lucille

135015

230 rue Pascal-Comeau, Godbout - 418-568-7830 <u>marcus540vk@gmail.com</u>

1unit - \$\$\$ - ★■急

093074

1 rue de la Baie, Baie-Trinité 418-939-2242

10 units - \$\$\$ - ★■畿霊

Havre du Phare

1954 Chemin du Vieux-Phare, Baie-Trinité 514-206-5492 - <u>info@havreduphare.com</u> - **①**

Sept-Rivières

La Maison des Pionniers

221657

4568 rue des Pionniers (Rivière-Pentecôte), Port-Cartier 514-217-7113 − <u>lamaisondespionniers.ca</u> − **ਿ ③**

1 unit - \$\$\$ - ኞ★一圓急益炎透黑

Refuge la petite ourse

302099

5397 rue Moreau (Rivière-Pentecôte), Port-Cartier - **4**18-768-6966, 418-768-6806 - refugelapetiteourse.com

1 unit - \$\$\$ - 令AC并一回絵本《丞

Hébergement Réserve faunique Port-Cartier-Sept-Îles ●

083484

64 Route 138, Port-Cartier 418-766-2524, 581-824-1008 or 1-800-665-6527

sepaq.com - 😯

12 units - 💲 - 🏖

Ad p.81

Domaine santé nature des Sept-Rivières

222141

500 Route du Club-de-Ski-de-Gallix, Sept-Îles 418-766-2425 - <u>domainesantenature.com</u> - **f**

5 units - \$\$\$\$\$ - 零圖益域並

Minganie

Hébergement Copaco Anticosti

272705

3 rue du Copaco, Port-Menier 418-535-0315, 418-965-6450 - <u>giteducopaco.com</u>

1unit - 🖘 🚉 🗆 🔳



Vacances Minganie

103740

392 rue Jacques-Cartier, Rivière-au-Tonnerre 514-231-1919, 418-465-2147 vacancesminganie.ca -

4 units - \$\$\$ - ෴்≾

Chalets Didoche

#304848

381 rue de la Mer, Longue-Pointe-de-Mingan 418-949-2256 - chaletsdidoche.com -

Condos de la Mer

156822

140 rue de la Mer, Longue-Pointe-de-Mingan 514-210-6127, 418-949-2689 - tourisme-loiselle.com

4 units - **\$\$\$** - 🦘 🛋 🏖 🍇 🚣

Ad p.91

Studio La Chicoutée

276861

198 rue de la Mer, Longue-Pointe-de-Mingan 418-949-0030 - <u>chicoutee.com</u>

1 unit - **\$\$\$\$** - 寮 🗐 🖻 📽

Chalet Minganie

274422

2000 Route 138 Est, Havre-Saint-Pierre chaletsminganie.ca

3 units - \$\$\$ - 🦘 🚾 💷 🖸

Résidence Un air de par ici

218665

24 Allée des Galets, Natashquan 418-654-8791 - <u>unairdeparici.com</u> - **G**

2 units - \$\$\$ - ♠♣ - ■□≇

Le Golfe-du-Saint-Laurent

Innuberge

300762

13 rue D, Unamen-Shipu, La Romaine 418-229-1300

4 units - \$\$\$\$\$ - ஔ்்்

Resorts

La Haute-Côte-Nord

Ferme 5 Étoiles | Family Vacation Resort ***

465 Route 172 Nord, Sacré-Cœur - **1** 418-236-4833 or 1-877-236-4551 - ferme5etoiles.com

58 units - ♠★★■□□☆▲ Ad p.224

Maison de la Mer d'Explos-Nature # 055915

302 rue de la Rivière, Les Bergeronnes 418-232-6249 or 1-877-637-1877 - explosnature.ca - **1**32 units - **1**33 uni

Minganie

Auberge de l'île aux Perroquets 🗉

282015

Reception: 878 Chemin du Roi, Longue-Pointe-de-Mingan 418-949-0005 or 1-855-717-5657 ileauxperroquets.ca • **G**

8 units - 🖘

+++

Youth Hostels

Manicouagan

Monts Groulx Aventure ■

279694

Km 211 Route 389, Baie-Comeau 418-584-2301 or 1-800-760-2301 motelenergie.com - •

40 units - \$\$ - ₹▲



Sept-Rivières

Auberge du Nord-Côtier

263502

4373 rue des Pionniers, Port-Cartier 418-799-1241 - aubergenordcotier.com - 6

4 units - \$ - इ≓€-▲-⁄₺

Auberge internationale Le Tangon

075493

555 Ave Cartier, Sept-Îles 418-962-8180 - <u>aubergeletangon.com</u> - **(f)**

29 units - \$ - ₹€-

Minganie

Auberge de la Pointe-Ouest

133350

Chemin de la Baie-Sainte-Claire, Port-Menier 418-535-0250 - destinationanticosti.ca/auberges Open: June 1st to September 7

10 units - \$ - €-

Other Classified **Establishments**

La Haute-Côte-Nord

Auberge chez Caro

116616

166 rue Principale Nord, Sacré-Cœur 418-236-9371 - aubergechezcaro.com

14 units - \$ - ╤□▲

Le Goéland

084136

261 rue de l'Hôtel-de-Ville, Tadoussac 418-235-4474, 581-882-2611 gitedugoeland.com - 6

5 units - **\$\$\$** - ຈີ⊥±⁄æ

Motel Le Béluga

144874

191 rue des Pionniers, Tadoussac 418-235-4784 - le-beluga.gc.ca

10 units - **\$\$** - ♠AC□

Ad p.180

Petit Hôtel La Passe-Pierre

104856

242 rue de l'Hôtel-de-Ville, Tadoussac 418-235-4380 - lagalouine.com - 6

7 units - \$\$\$ - 🖘 🗖

Ad p.34



Auberge Mon coin de Pays # 294976

45 rue Principale, Sacré-Cœur 418-236-4445, 418-514-8458 moncoindepays.com - 6

8 units - \$\$\$ - \$AC□ふ

Auberge La Grande

303908

215 Route 138, Les Bergeronnes 418-930-3622 - <u>aubergelagrande.com</u> - **•**

14 units - \$ - & **+**∈

Domaine du Lac-des-Cèdres

160274

4 Chemin du Lac-des-Cèdres, Longue-Rive 581-623-0772 - kathy.b.gagnon@hotmail.com

5 units - \$\$ - ♠AC ★ ###

Manicouagan

Camp St-Paul Gîte plein air

175980

155 Chemin Principal, Pointe-aux-Outardes 418-567-4486 or 1-866-233-4486 - campstpaul.com

5 units - **\$\$** - 🦘 🛣 🎕

Le Relais Manic-Outardes inc.

271876

Km 94 Route 389 (towards Manic-5), Baie-Comeau 418-294-2294 - lerelaismanicoutardes.com -

7 units - \$\$ - 🛜 Ad p.58



Station Uapishka

227323

Km 336 Route 389 418-296-8514-ou 1-833-296-8514 stationuapishka.com - **f ©**

18 units - **國宗孟畿法**豐





Camps rustiques du Gîte du Phare de Pointe-des-Monts ■

218945

1937 Chemin du Vieux-Phare, Pointe-des-Monts 418-939-2332 or 1-866-369-4083 pointe-des-monts.com -

18 units - **\$** - **★**■□



Sept-Rivières

Hôtel Boutique Atikuss

245151

136 Blvd des Montagnais, Uashat 418-962-6377 - atikuss.com -

10 units - \$\$ - AC ★ Ş - ■□▲ Ad p.75

Minganie

Complexe locatif La Familia

173670

450 Route Jacques-Cartier, Rivière-au-Tonnerre 418-961-3354 - <u>rinatremblay01@gmail.com</u>

9 units - \$\$\$ - ஔ⊡்≛&

Gîte La Chicoutée

084416

198 rue de la Mer, Longue-Pointe-de-Mingan 418-949-0030 - <u>chicoutee.com</u>

5 units - \$\$ - ♠♣▲ இ

Motel Le Poséïdon

074200

860 Chemin du Roi, Longue-Pointe-de-Mingan 418-949-0080 - marie-pier.renaud@poseidonmdmp.com

9 units - **\$\$** - 🤿 🚓

Auberge chez Aline

187552

1259 rue Boréale, Havre-Saint-Pierre 418-538-3181, 418-538-4931 petitasaline@hotmail.com

6 units - \$ - ♠ ⊕ ⊕ □

Hébergement de la Chute

088793

233 Route Jacques-Cartier, Aguanish 418-533-2316, 418-533-2091 - aacn@hotmail.fr

4 units - \$ - > ♣ € □ ▲ ★ ★

Le Golfe-du-Saint-Laurent

Auberge de l'Archipel

217490

**

260 Ave de l'Église, Tête-à-la-Baleine 418-242-2917, 418-242-2104 martinorr04@hotmail.com

7 units - \$\$\$ - 🦘 🚣

Campgrounds

Charlevoix Region

Camping du Fjord

205376

604 Route de la Grande-Alliance, Baie-Sainte-Catherine 418-237-4230 - <u>campingdufjord.com</u> - **f** Open: June 17 to September 6.

55 sites - ⊖ 50 % - \$31-\$46 - ♠★♠∰₽ౖౖౖౖ \$

La Haute-Côte-Nord

Camping Tadoussac

201110

428 rue du Bateau-Passeur, Tadoussac 418-235-4501, 418-233-2266 or 1-855-708-4501 vacancesessipit.com - ♠ Open: May 29 to 28 September 28.

193 sites / 8 ready-to-camp

Ad back cover



Camping Domaine des Dunes

206780

585 Chemin du Moulin-à-Baude, Tadoussac 418-235-4843 - domainedesdunes.com - • Open: May 1st to October 31.

47 sites / 6 ready-to-camp

● 50 % - \$35-\$45 - 令★愈躁国異靈 Ad p.35



Camping parc national du Fjord-du-Saguenay Le Bleuvet # 206990

1121 Route 172 Nord, Sacré-Cœur 1-800-665-6527 - <u>parcsquebec.com</u> - **1** Open: June 3 to October 9.

60 sites / 9 ready-to-camp ⊕ 60 % - \$30-\$44 - ♠େ% ﴿38 🕿



Camping Bon-Désir # 201084

198 Route 138. Les Bergeronnes 418-232-6297 or 1-877-632-6297 campingbondesir.com - 6 Open: May 20 to October 10.

135 sites / 4 ready-to-camp

□ 14 % - \$30-\$52 - 令★介號因果需

Camping Mer et Monde Écotours

213684

20 Chemin Jalbert, Les Bergeronnes 418-232-6779 or 1-866-637-6663 meretmonde.ca - 60 Open: May 20 to October 10.

45 sites / 3 ready-to-camp and 8 refuges rustiques

□ 10 % - \$39-\$44 - k★命⑤ Ad p.C-2

Camping Paradis-marin

206430

4 Chemin Émile-Boulianne, Les Bergeronnes 418-232-6237 - campingparadismarin.com - • Open: May 15 to October 10.

160 sites / 2 ready-to-camp

●5% - \$40-\$55 - ★愈躁%医果爨 Ad p.130

Camping Le Tipi

201176

46 rue de la Réserve, Essipit 418-233-2266 or 1-888-868-6666 vacancesessipit.com - 6 Open: May 16 to September 7.

50 sites / 1 ready-to-camp

● 40 % - \$33-\$44 - 奈★愈躁友⑤果

Ad back cover



Domaine du Lac-des-Cèdres # 213850

4 Chemin du Lac-des-Cèdres, Longue-Rive 581-623-0772

kathy.b.gagnon@hotmail.com - 6 Open: June 1st to September 15.

43 sites / 1 ready-to-camp \$25-\$40 - > # \$ 30 18 8

Camping Portneuf-sur-Mer

222497

3 Chemin de la Marina, Portneuf-sur-Mer 581-221-0437

camping.portneuf-sur-mer.ca - **9** Open: May 14 to September 17.

87 sites / 4 ready-to-camp

40 % - \$28-\$50 - ₹#\$@¾\$\$₽

Camping de la Baie-Verte

222858

172, 1° Avenue, Forestville 418-587-6561, 418-587-4160 forestville.ca/tourisme/camping-baie-verte -

Open: May 20 to September 20.



Manicouagan

Camping Parc de la rive

201854

197A rue de Baie-Saint-Ludger, Pointe-aux-Outardes 418-567-4021, 418-378-4727, 418-567-8696 michellavoie2010@hotmail.com Open: June 1st to September 7.

208 sites - ⊖ 50 % - \$29-\$39 - ♠★⑥樂九果黨



Camping Camp Saint-Paul

222533

155 Chemin Principal, Pointe-aux-Outardes 418-567-4486 or 1-866-233-4486 campstpaul.com

Open: May 15 to September 15.

25 sites - ⊖ 50 % - \$35-\$45 - ♠★♠️௸௳№இ

Camping Parc Nature de Pointe-aux-Outardes

627484

4 rue Labrie, Pointe-aux-Outardes 418-567-4227 - parcnature.com - **9** Open: June 5 to October 11.

20 sites / 5 ready-to-camp \$30-\$40 - № இ%

Ad p.56



Camping de la Mer

201095

72 rue Chouinard, Pointe-Lebel 418-589-6576 - <u>campingdelamer.net</u> Open: May 13 to November 10.

306 sites - ⊖ 50 % - \$35-\$52 - 奈核★分類類別果業



Camping Boréal

627066

20 chemin du Mont Ti-Basse, Baie-Comeau 418-296-6949, 418-296-0877 camping-boreal.com • • Open: May 20 to September 25.

.

201 sites / 1 ready-to-camp ② 35 % - \$32-\$55 - 全計分級人国果

Camping Lac Malfait

627544

Lac La Chesnaye, Baie-Comeau - 418-297-0789 associationlacmalfait@hotmail.com - Open: June 17 to September 5.

31 sites - \$20-\$25 - ₹#48 ₽₽

Camping L'Estuaire

204982

101 rue Conrad, Godbout 418-568-7581-ou 1-877-781-7247 municipalitegodbout.ca • **①** Open: May 15 to September 15.

48 sites - \$30-\$55

Camping de la Baie

204971

2 rue Saint-Laurent, Baie-Trinité 418-939-2010 - <u>sabt2010@live.ca</u> Open: June 1st to September 30.

40 sites - ⊖ 50 % - \$35-\$35 - ★�����

Camping Domaine Ensoleillé 2000 # 206544

15 Route 138 Est, Baie-Trinité 418-939-2002, 418-296-4813 or 1-866-939-2002 domaineensoleille.com - **\$** Open: May 20 to September 18.

65 sites - ⊖ 15 % - \$30-\$44 - ♠★⑥¾⑤№இ



Camping Manic 2

201806

Km 23 Route 389, Baie-Comeau 418-296-2810 - info@campingmanic2.com Open: June 1st to September 30.

83 sites - ● 50 % - \$34-\$45 - ★愈躁**况**學豐



Relais Manic-Outardes

Km 94 Route 389, Rivière-aux-Outardes 418-294-2294 - <u>relaismanicoutardes@gmail.com</u>

15 sites - 🤝

Ad p.58

Caniapiscau

Association loisir plein air de Fermont # 627397

62/39/

300 rue des Lagopèdes, Fermont 581-444-1172 - <u>alpaf@hotmail.ca</u> - **①** Open: June 15 to September 15.

108 sites - \$10-\$40 - ★® 💵 🕿

Sept-Rivières

Camping Lac Walker Réserve faunique de Sept-Îles-Port-Cartier

201666

64 Route 138 (lac Walker), Port-Cartier 581-824-1008, 418-766 2524 or 1-800-665-6527 sepaq.com/rf/spc - •

Open: June 10 to September 10.

50 sites / 2 ready-to-camp

♀30% - \$28-\$39 - ★寥彡⑤異雲

Ad p.81

Camping municipal Le Paradis

205063

Blvd du Portage-des-Mousses, Port-Cartier 418-766-8706 - villeport-cartier.com - **9** Open: June 11 to October 3.

39 sites - **Q** 40 % - \$25-\$37 - **₹ ₹ ? ¾**

Camping île Grande Basque

627013

29, île La Grande Basque (access by boat), Sept-Îles 418-962-1238 or 1-888-880-1238 tourismeseptiles.ca • **6 © ©** Open: June 12 to September 4.

18 sites / 1 ready-to-camp **○** 80 % - \$16-\$16 - **≅ss •**

Ad p.84



Camping site pour véhicule de camping # 206651

1401 Blvd Laure Ouest, Sept-Îles 418-962-1238 or 1-888-880-1238 tourismeseptiles.ca - ♠ ❤ ຜ Open: May 19 to October 11.

22 sites / 2 ready-to-camp \$30-\$30 - 令认**一**命疑果黑

Ad p.84



Camping Laurent-Val

205030

**

1000 rue Fournier (Moisie area), Sept-Îles 418-927-2899 - <u>campinglaurentval.com</u> - **①** Open: May 14 to September 12.

150 sites - ⊖ 20 % - \$30-\$60 - ₹#®%\$₽\$

Camping zec de la rivière-Moisie

205026

10 rue Mercier (Moisie area), Sept-îles - 418-927-2021 (in summer), 418-962-3737 rivieremoisie.com

Open: May 20 to September 4.

Minganie

Camping du château

627449

2 Chemin du Château, Port-Menier 418-535-0250 - <u>destinationanticosti.ca</u> Open: June 1st to September 15.

5 sites - ⊖ 80 % - \$25-\$25 - 🕫 🖫

Camping de la Pointe à la Perche

627747

1 rue du Quai, Baie-Johan-Beetz 418-539-0007 <u>directiongenerale@baiejohanbeetz.qc.ca</u> Open: June 26 to September 11.

12 sites - \$20-\$20

Camping de la Minganie

205015

109 rue de la Mer, Longue-Pointe-de-Mingan 418-949-2307 or 1-866-949-2307, ext. 1 tourisme-loiselle.com Open: May 15 to September 30.

.

101 sites / 16 ready-to-camp

⊕ 25 % - \$28-\$30 - ♠★廖骅‰ы點點 Ad p.91

Camping de la plage

206264

126 rue de la Mer, Longue-Pointe-de-Mingan 418-949-2302 or 1-877-949-2302 - <u>minganie.info</u> - **①** Open: May 1st to October 31.

10 sites / 2 ready-to-camp \$20-\$25 - 全世命《国里墨

Réserve de parc national de l'Archipel-de-Mingan

206102

1010 Promenade des Anciens. Havre-Saint-Pierre (access to camping on the archipelago islands is by boat) 418-538-3285 or 1-888-773-8888

parkscanada.gc.ca/mingan - 😝 🖸 Open: June 13 to September 30.

44 sites / 9 ready-to-camp \$25-\$25 - ବଳାସେ≇

Ad: detachable map



Camping municipal de Havre-Saint-Pierre # 200966

1730 rue Boréale, Havre-Saint-Pierre 418-538-2415 - <u>havresaintpierre.</u>com - **1** Open: May 30 to September 30.

86 sites - ⊖ 30 % - \$23-\$29 - 🎅 🖗 🕮

Camping des Caraïbes Nordiques # 627782

13 rue Tanguay, Baie-Johan-Beetz 514-447-6300 - caraibesnordiques.com - 🚯

6 sites - \$35-\$35 - ★雲

Camping Relais des Cayes # 206113

Open: June 13 to September 12.

101 Route Jacques-Cartier, Aguanish 418-533-2002 - 🚯

Open: June 1st to October 10.

39 sites / 1 ready-to-camp

→ 20 % - \$25-\$30 - ★★★★

Camping municipal Chemin Faisant

207104

Route 138 Est, Natashquan 418-726-3697 - natashquan.org Open: June 15 to September 14.

42 sites - ⊖ 50 % - \$25-\$34 - ★@�₽ౖ

** Non-traditional Accommodation

La Haute-Côte-Nord

Alfred le voisin d'Oscar

627497

306, rang Saint-Joseph, Sacré-Cœur 418-571-0533 - alfredoscar.com - **1** Open: Year-round.

We have four ready-to-camp four-person yurts overlooking the fjord, all equipped a dry toilet, shower and kitchenette. They are just a few minutes' walk from the parking area, and are close to the Saguenay Fjord National Park and the Bistro CastaFjord (3 km). On-site activities include hiking, backcountry skiing and snowshoeing. Rates: from \$180.

— \$↓\$B圖壽-龙面□常

Camping Domaine des Dunes

206780

585 Chemin du Moulin-à-Baude, Tadoussac 418-235-4843 - domainedesdunes.com - • Open: May 1st to October 31.

Our secluded, ready-to-camp, four-person tents and 2-person wooden tipi have lovely river views and are great for forest bathing. Tents have 2 double beds and a kitchenette (bedding not included); the tipi has 1 double bed and a kitchenette (kitchenware and bedding included). A 2-km treetop adventure trail is located nearby. Rates: \$149/night.

ş**≠**@ - □ \$1 @

Ad p.35

•



Camping Tadoussac | Ready-to-camp POD cabins and tents

201110

428 rue du Bateau-Passeur, Tadoussac 418-233-2266, 1-855-708-4501 or 1-888-868-6666 vacancesessipit.com - **€**

Open: May 27 to September 25.

Our ready-to-camp PODs are comfortable and fully equipped. This innovative option is the ultimate glamping experience, complete with heating, lighting, double beds (bedding included) and kitchenettes; outdoors, there's a picnic table, fire pit and patio chairs; toilets, showers and services are located nearby.



Ad back cover



Canopée Lit

627521

303 Chemin de l'Anse-de-Roche, Sacré-Cœur 418-236-9544 - <u>canopee-lit.com</u> - **1** Open: Year-round.

In the forest, on 26-ft (8-m) stilts with great views of the fjord, we offer: 4 glass-roofed cabins; four 4-season cabins with kitchenette and patio; and 6 "bubbles" (transparent rooms). Private bathrooms; bedding and towels provided. Breakfast brunch and pizza are served. Yoga, ebike rental and on-site interpretation trail. Rates: from \$189 to \$259.

╤═XB☐⋬⋞७७∰

Ferme 5 Étoiles | Family Vacation Resort

465 Route 172 Nord, Sacré-Cœur 418-236-4833 or 1-877-236-4551 <u>ferme5etoiles.com</u> - **分 ⑤** Open: Year-round.

Looking to spice up your vacation with some out-ofthe-ordinary accommodation? Our yurts overlooking the fjord, ready-to-camp units and Canadian log cabins are made for you! These comfortable accommodation options in a beautiful, natural setting make it easy to take advantage of the many outdoor activities nearby.

X❷╾┷₃≘⊞≌

Ad p.224

Saguenay Fjord National Park (Baie Sainte-Marguerite sector)

206990

1121 Route 172 Nord, Sacré-Cœur 418-236-1162 or 1-800-665-6527 sepaq.com/pq/sag - 🍎 💩 Open: May 15 to October 11.

Staying in a shelter, primitive campsite or lean-to just off a hiking trail is a great way to connect with nature. Or, try one of our ready-to-camp tents that deliver all the fun of camping with none of the hassle! Beds, tableware, kitchenware and heating are included. Reservations required.

÷@√1.5**~**2





Mer et Monde Écotours | Ready-to-camp tents & Rustic cabins

21368/

20 Chemin Jalbert, Les Bergeronnes 418-232-6779 or 1-866-637-6663 meretmonde ca - 6 Open: May 20 to October 10.

Surrounded by stunning scenery, or just a few feet away from the St. Lawrence River and its whales, our rustic accommodation and ready-to-camp options have large windows and a front porch, so you can eniov the sea air and magnificent views in comfort. Each cabin and tent is equipped with kitchen utensils and bedding, and has two bedrooms and a kitchenette. Reservations required.

Ad p.C-2

Manicouagan

Les Nichoirs d'oiseaux géants - Parc Nature | Giant birdhouses

627/18/1

4 rue Labrie, Pointe-aux-Outardes 418-567-4227 - <u>parcnatur</u>e.com - **@** Open: June 5 to October 11.

Ready-to-camp units: 5 units that resemble giant "birdhouses", inspired by the species that inhabit the park. Rental includes: water storage container, cooler, cooking utensils, space heaters, propane stove, solar lighting. A private dry toilet is located next to each Birdhouse, Parking is 50 m and the comfort station with showers is 300 m away.

Ad p.56



Village forestier d'Antan de Franquelin | Rustic accommodation

627676

16 rue des Érables. Franquelin 418-296-3203 villageforestierdantanfranguelin.com - 6

Open: June 5 to September 11.

This interpretation centre teaches visitors about the lumberiacks and brave Côte-Nord pioneers, Reserve a ready-to-camp prospector tent in the forest or by the river, complete with showers and toilets and trail access. By reservation: guided tours, fishing lessons, guided hikes, planting a herb garden. Meals and packages available.

₹#**₩**₩₩₩₩



L'Artisane du Village & Thépi Bec Sucré | Indigenous accommodation

166 rue Pascal-Comeau, Godbout 418-568-7879, 418-293-7273 lartisaneduvillage.com -Open: Year-round.

Close to the ferry terminal, spend a night in a comfortable, well-equipped tipi and immerse yourself in Aboriginal culture. Côte-Nord fish and seafood available at the sandwich shop. Two Indigenousthemed rooms. New feature: 10-person family yurt.

≈₩%(B

Zec Godbout | Ready-to-camp units

117 Route 138, Godbout 418-568-7305 - rivieregodbout.com - **(9** Open: June to September.

Stay in an exceptional campsite on the shores of the Godbout River, 5 km from Route 138, where you can recharge your batteries and fall asleep to the sound of the trees. The all-inclusive, ready-to-camp tents have two rooms with beds, an eat-in kitchen, covered porch, BBO and picnic table. Reservations recommended.

\$ \$ **\ \ \ \ **

Sept-Rivières

Ferme maricole Purmer | Yurts (‡)

627537

Marina, opposite the volleyball courts, Sept-Îles Archipelago, Sept-Îles 418-960-4915 - <u>ferme-purmer.com</u> Open: June to September.

Stay on an island, in one of our three 4- to 8-person yurts. Come and learn fascinating details about the underwater world by touring a farm that grows mussels, scallops and seaweed. Take a trip in an inflatable boat that includes commentary and tasting of products straight from the sea. Reservations required.

<u>- 4.5 & 64 ®</u>

Minganie

Ôasis – Mingan Archipelago National Park Reserve

206102

Havre-Saint-Pierre Welcome and Interpretation Centre 1010 Promenade des Anciens, Havre-Saint-Pierre (Pélagie-Cormier Terminal) 418-538-3285 or 1-888-773-8888 parkscanada.gc.ca/mingan → ♠ ♥ ❷ Open: June to September.

Spend the night in the tree canopy admiring the stars, from this water drop-shaped accommodation that has a bench bed and a mezzanine hammock. Rates: Ôasis: \$128; fire permit: \$9.25; reservation fee: \$11.50 online or \$13.50 by phone, plus park access fee. Kitchenware rental extra. Reservations recommended: 1-877-737-3783 or reservation.pc.gc.ca.

₽\$₩₽₽₽₽₽₩₩₩

Ad: detachable map



oTENTik Tents - Mingan Archipelago National Park Reserve

206102

Open: June to September.

Stay in a 6-person, furnished oTENTik tent on Quarry Island, complete with lighting and heating. Rates: tent: \$128; fire permit: \$9.25; reservation fee: \$11.50 ohline or \$13.50 by phone, plus park access fee. Kitchenware rental extra. Reservations recommended: 1-877-737-3783 or reservation.pc.gc.ca.

÷#&@***.**5*****\$

Ad: detachable map



Camping Nutshimit I Campground

27 rue Parent, Natashquan 581-622-0056 - camping-nutshimit.business.site

The campground was opened in the summer of 2021 with the goal of offering an Indigenous camping experience in our region and, specifically, in our community of Nutashkuan, so visitors can learn about our culture and our way of life. Accommodation is in Montagnais tents, equipped with running water and electricity, refrigerator, kitchen supplies, etc., there are also 4 showers and 4 toilets on site. Take a trip on the Rivière Natashquan, listen to talks in the shaputuan tent on the tales and legends passed down by our elders, and feast on lobster and traditionally smoked salmon. This new campground is here for you, our visitors, and to show our children that we can go far. The future is for us, the young people!

Health and Relaxation

La Haute-Côte-Nord

Tadoussac

L'Espace Bien-Être

165 rue du Bord-de-l'Eau, Tadoussac 418-235-4421 or 1-800-561-0718 hoteltadoussac.com

Treat yourself to a relaxation session at Hotel Tadoussac's Wellness Centre, which offers customized massage therapy. Choose from among different types of massage or body care, including wraps, body scrubs and beauty care. We also offer different types of treatment for children. Time stops as our hands knead your troubles away. Reservations required.

Sacré-Cœur

Ferme 5 Étoiles | Family Vacation Resort @\$

465 Route 172 Nord, Sacré-Cœur 418-236-4551 or 1-877-236-4551 ferme5etoiles.com - 🕶 Open: Year-round.

On a fabulous site that offers lodging, meals, and four-season activities, discover a relaxation centre that showcases local fauna. This innovative concept gives you the opportunity to relax while observing nature and wildlife. The centre offers a reading/lounge corner, spa. sauna, and massage therapy (couples' massage available) and NeuroSpa. Reservations required. Ad p. 224



Manicouagan

Baie-Comeau

Salon d'esthétique Liane

14 Ave Cabot, Baie-Comeau 418-296-3908 - salonliane.ca - 🚯



Come to this salon next to Le Manoir Hotel and pamper yourself in an enchanting setting that includes views of the majestic St. Lawrence! You'll always be treated to a warm welcome and spotless premises, and have a choice of massage therapy, body care, or standard beauty treatments. We use the Ella Baché line of professional products to guarantee our customers' satisfaction. See website for details of our Beauty packages.

Sept-Rivières

Sept-Îles

Spa Renaissance

451 Ave Arnaud, Sept-Îles 418-968-0606 or 1-833-738-0606 sparenaissance.ca - 🙃

Open: tous les jours, sauf dimanche.

The professional staff members at Spa Renaissance offer client-centred care through a wide variety of services, including: massage therapy, physiotherapy, lymphatic drainage, NeuroSpa massage, many different beauty treatments, hairstyling, balneotherapy (warm baths), voga, rain massage and Indigenous healing treatments like the sweat lodge.





Come and meet knowledgeable North Shore "Coasters" who are passionate about their region. They want to help you discover the Côte-Nord and its many attractions and hidden treasures!

? View the list of our information centres on pages 207 and 208, or look for our roadside signs.





Useful Information 206 →

206	Québec-wide
	Tourist Information
206	Tourist Information
	on the Côte-Nord
207	Tourist Information Co

entres

209 Transportation

211 Health

Accessibility

Services

Travelling in Québec 214 →

214	Bars, casinos and purchasing alcohol
214	Currency exchange
214	Driving in Québec
214	Cell phones
214	Drugs
214	Winter tires
214	Road conditions
214	Tourist routes

Tourist signage Village-relais

accredited services Voltage

Making a comment or conveying dissatisfaction

Canadian currency

Tipping

Taxes

Coast guard

S.O.S. Poaching

SOPFEU

Emergencies

216 → Index

Useful Information

Québec-wide **Tourist Information**

Phone: 1877 BONJOUR (266-5687) Email: info@bonjourquebec.com Online: boniourquebec.com Social media: #bonjourguebec

- <u>/tourismequebec</u>
- /TourismeQuebec ⊕ @BonjourQuebec
- /tourismequebec

Brick and mortar:

Centre Infotouriste in Montréal, Québec, Rigaud, Rivière-Beaudette and Degelis: permanent visitor information centres that provide a range of tourist services and products.

The Ministère du Tourisme du Québec is proud to support the province's tourism businesses, both large and small. The Ministry's website, bonjourquebec.com, presents valuable information for tourists and residents alike on attractions throughout Ouébec.

Plan your next trip to Québec at boniourquebec.

Tourisme Québec 🛣 🛣

Tourist Information on the Côte-Nord

Tourisme Côte-Nord

312 Ave Brochu, Sept-Îles (Québec) G4R 2W6 10 Ave Roméo-Vézina, Baie-Comeau (Québec) G4Z 2W2

1-888-463-0808

tourismecote-nord.com info@cotenordgc.com

- /tourismecotenord
- /cotenordac





Official visitor information centres are identified by the ② pictogram on road signs and in tourist brochures.

Tourist Information on the Côte-Nord



Permanent Centres

Bureau d'information touristique de Fermont

100 Le Carrefour, Fermont 418-287-5339 or 1-855-337-6668 caniapiscau.ca –

Ad p.61

Bureau d'information touristique de Sept-Îles

1401 Blvd Laure Ouest, Sept-Îles 418-962-1238 or 1-888-880-1238 tourismeseptiles.ca - (©

Ad pp.83,84

?

Tadoussac

197 rue des Pionniers, Tadoussac 418-235-4744 or 1-866-235-4744 <u>tadoussac.com</u>

Les Bergeronnes

Seasonal Centres

505 rue du Boisé, Les Bergeronnes 418-232-6595, 418-232-6326, 418-232-1434 bergeronnes.com

Les Escoumins

154 Route 138, Les Escoumins 418-233-2663, 418-233-2766 escoumins.ca

Ad p.36

法令开圈

Longue-Rive

331 rue Principale, Longue-Rive 418-231-2020, 418-231-2344 <u>longuerive.ca</u>

Portneuf-sur-Mer

391 rue Principale, Portneuf-sur-Mer 581-323-1050, 418-238-2642 portneuf-sur-mer.ca

Tourist Information Centres

Forestville

223 Route 138 Ouest, Forestville 418-587-4160, 418-587-2285, ext. 1109 ville.forestville.ca/tourisme

Ragueneau

595 Route 138, Ragueneau 418-567-8912 - tourismemanicouagan@gmail.com

Baie-Comeau

20 Ave Cartier, Baie-Comeau 418-296-8178 or 1-888-589-6497 tourismebaiecomeau.com

Godbout

144 rue Pascal-Comeau, Godbout 418-293-5506 municipalites-du-quebec.ca/godbout/

Port-Cartier (Pointe-aux-Anglais)

2088 rue Monseigneur-Labrie, Pointe-aux-Anglais 418-799-2212 or 1-888-766-6944 villeport-cartier.com - • Ad p.80

Port-Cartier

64 Route 138, Port-Cartier 418-766-4414 or 1-888-766-6944

villeport-cartier.com - 🗭

L'Île-d'Anticosti (Port-Menier)

7 Chemin des Forestiers, Port-Menier 418-535-0250, 418-535-0311 (off-season) destinationanticosti.ca

Rivière-au-Tonnerre (Minganie)

Km 1088 Route 138 (Rivière Manitou), Rivière-au-Tonnerre 418-538-2333, 418-538-2732 (off-season)

manitou@mrc.minganie.org

Havre-Saint-Pierre Pélagie-Cormier Terminal 1010 Promenade des Anciens, Havre-Saint-Pierre

418-538-2512 or 1-866-538-2512 tourismehsp.com

<u>0.com</u> Ad p.99

Baie-Johan-Beetz

16 rue Tanguay, Baie-Johan-Beetz 418-539-0243 – <u>baiejohanbeetz.qc.ca</u>

Ad p.32 Aguanish

14 (金)

法豪働

法章

ş

څ

is.

Ad p.80

250 Route Jacques-Cartier, Aguanish 418-533-2228, 418-533-2323 – aguanish.org **(a)**

\$

Natashquan

24 Chemin d'en Haut, Natashquan 418-726-3054 – copactenatashquan.net

Blanc-Sablon

2 Ave Jacques-Cartier, Blanc-Sablon 418-461-3961, 418-461-3450 tourismblancsablon@hotmail.com

209

Transportation



Air Travel

Aéroport de Baie-Comeau

210 Route de l'Aéroport, Pointe-Lebel 418-589-8285, 418-589-9177, 418-589-9133

mrcmanicouagan.qc.ca

Located in Pointe-Lebel, only 10 minutes from Baie-Comeau, this airport serves several airlines that will fly you to the North Shore, including Air Liaison and Pascan Aviation.

Air Liaison

607, 6th Ave de l'Aéroport, International Airport Jean-Lesage, Québec City 1-888-589-8972 – <u>airliaison.ca</u>

Ad p.101

This Québec-City based airline operates scheduled flights to North Shore cities and villages: Baie-Comeau, Sept-Îles, Havre-Saint-Pierre, Port-Menier (Anticosti Island) and Natashquan, and to villages on the Lower North Shore between La Romaine and Blanc-Sablon. Connecting flights from Québec City to Rouyn-Noranda or Gatineau also available. To book, visit our website.



PAL Airlines

1000 Blvd Laure Est, Sept-Îles 418-962-1222, 418-960-6489 (cell.) <u>palairlines.ca</u> – 👣 🎔

PAL Airlines is a leading provider of reliable airline service to over 27 destinations in Eastern Canada, offering daily flights to cities like Montréal, Québec City and Sept-Îles, and to several destinations in Newfoundland and Labrador. Free in-flight amenities include meals, drinks, snacks, hot towel service and magazines.

Air Canada

7373 Blvd de la Côte-Vertu Ouest, Montréal 1-888-247-2262 <u>aircanada.com</u> <u></u> **P 9** ®

Air Canada flies to and from Québec, including regular non-stop flights to Montreal's Pierre Elliott Trudeau International Airport, for connections within Canada and abroad. Its agreements with regional carriers Pascan Aviation and PAL Airlines guarantee a smooth and simple travel experience and access to its vast network.



Buses

Intercar

5675 rue des Tournelles, Québec 418-962-9736, 418-627-9108 or 1-888-861-4592 – <u>intercar.ca</u> Open: Daily, 9 a.m. to 9 p.m.

Bus service between Québec City and Havre-Saint-Pierre via all major towns. Bus charters leaving from the North Shore. The Sept-Îles Terminal is located at 27 rue Comeau

Transportation



Drive-home Service

Tz Baie-Comeau

Baie-Comeau 418-297-2611 , 418-298-1995 <u>tzbaiecomeau.com</u> – • Open: Daily, 6 p.m. to 4 a.m.

This organization serves the area between Ragueneau and Franquelin and provides a drive-home service to impaired drivers. If you are passing through the area and need our services, get in touch!



Ferries

Société des traversiers **I**S du Québec Tadoussac – Baie-Sainte-Catherine

98 rue du Bateau-Passeur, Tadoussac 119 Route 138, Baie-Sainte-Catherine 1-877-787-7483, ext. 3 traversiers.com — 🚱 🕲

Les Escoumins – Trois-Pistoles Compagnie de navigation des Basques

Rue du Traversier, Les Escoumins 11 rue du Parc, Trois-Pistoles 1-877-851-4677 – <u>traversiercnb.ca</u>

Ad p.37

Société des traversiers US du Québec
Matane - Baie-Comeau Godbout

14 Route Maritime, Baie-Comeau 117 rue Pascal-Comeau, Godbout Admin.: 1410 rue de

Matane-sur-Mer, Matane 1-877-787-7483 <u>traversiers.com</u> – ①

Ad: detachable map

Relais Nordik

17 Ave Lebrun, succ. A, Rimouski 418-723-8787 or 1-800-463-0680 <u>relaisnordik.com</u> Société des traversiers du Québec - Harrington Harbour - Chevery

traversiers.com – f 🖾

418-787-0100

Société des traversiers du Québec Pakuashipi – Saint-Augustin

traversiers.com - 100

Health

Accessibility



Hospitals

CMSSS des Escoumins

4 rue de l'Hôpital, Les Escoumins 418-233-2931

CMSSS de Forestville

2-7th rue, Forestville 418-587-2212

Hôpital Le Royer

635 Blvd Jolliet, Baie-Comeau 418-589-3701

CMSSS de Fermont

1 rue de l'Aquilon, Fermont 418-287-5461

CMSSS de Port-Cartier

3 rue de Shelter Bay, Port-Cartier 418-766-2572

Hôpital de Sept-Îles

45 rue du Père-Divet, Sept-Îles 418-962-9761

CMSSS de la Minganie

1035 Promenade des Anciens, Havre-Saint-Pierre 418-538-2212

CMSSS de la Basse-Côte-Nord

1070 Blvd Docteur-Camille-Marcoux, Blanc-Sablon 418-461-2144



Québec for All: Accessibility for People with Disabilities

514-252-3104 QuebecForAll.com

Kéroul assesses the accessibility of different businesses based on a set of criteria recognized by Tourisme Québec. Its platform Québec for All offers a wide range of cultural and tourist information for visitors with reduced mobility



The accessible rating means that the establishment meets all the accessibility criteria and offers a satisfactory visitor experience for the majority of people with reduced mobility.



The partially accessible rating means that the establishment meets the main accessibility criteria but has some missing elements that could affect the experience of some people with reduced mobility.





Tourist and Leisure Companion Sticker

1-833-693-2253 – <u>carteloisir.ca</u>

Companions of disabled individuals with this sticker are admitted free of charge to participating tourism, cultural and recreational attractions.

Services

Tourism Organizations and Corporations

Tourisme Baie-Comeau 20 Ave Cartier, Baie-Comeau 418-296-8178

tourismebaiecomeau.com - f

Organisme de bassins versants Manicouagan (OBVM)

57 Place La Salle, Baie-Comeau 418-298-0742 – obvm.org – f

Destination Sept-Îles Nakauinanu

Groupe ETNA

454 Route Jacques-Cartier Rivière-au-Tonnerre 418-965-0373 groupeetna.com -

Corporation de développement patrimonial, culturel et touristique de Natashquan (COPACTE)

24 Chemin d'en Haut, Natashquan 418-726-3054

copactenatashquan.net - 🚯

Natashquan pour la sauvegarde de la Source

418-726-3569 or 1-877-726-3569 avecnatashguan.com -

Association de développement touristique de Tête-à-la-Baleine

152 rue de la Salle, Tête-à-la-Baleine Côte-Nord-du-Golfe-du-Saint-Laurent 418-242-2015 or 1-888-242-2015 attb@xplornet.ca

Corporation de développement touristique et culturel de Canton-de-Brest

2 Ave Jacques-Cartier, Blanc-Sablon 418-461-3450, 418-461-3961

Associations

恼

Association forestière Côte-Nord

537 Blvd Blanche, suite C-117 Baie-Comeau 418-589-5707, ext. 181 afcn.qc.ca –

Chambre de commerce et d'industrie de Manicouagan

810 rue Bossé, suite 102, Baie-Comeau 418-296-2010 – ccmanic.qc.ca – f

Loisir et Sport Côte-Nord

203-337 Blvd La Salle, Baie-Comeau 418-296-5774 or 1-888-330-8757 urlscn.qc.ca - •

ManicAction

59 Place La Salle, Baie-Comeau 418-293-7957 jocelynpelletier@hotmail.com

Chambre de commerce de Port-Cartier

4C Blvd des Îles, Port-Cartier 418-766-3110 - ccportcartier.ca -

Chambre de commerce de Sept-Îles

700 Blvd Laure, Ste 237, Sept-Îles 418-968-3488 – <u>ccseptiles.com</u> – 😯

Local Media Companies

Radio Essipit Haute-Côte-Nord inc. CHME Rock ma vie, FM 94,9 et 99,7

34 rue de la Réserve, Essipit 418-233-2700 or 1-800-661-2701 <u>chme949.com</u> -

Les Éditions Nordiques -Les hebdos de la Côte-Nord

770 rue de Bretagne, Baie-Comeau 418-589-9990 <u>lemanic.ca</u> – 🕶

NousTV

323 Blvd La Salle, Baie-Comeau 418-296-9505, 418-962-3508 nous.tv –

ICI Radio-Canada

350 rue Smith, Ste 30, Sept-Îles 581-246-2864 or 1-800-463-1731 <u>ici.radio-canada.ca/cote-nord</u>

A O 0

TVA Est-du-Québec

337 Blvd La Salle, Baie-Comeau 418-296-8087, 418-297-5408, 418-968-6011 qub.ca/tvaplus -

Service Businesses and Organizations

Caisse populaire Desjardins du Saguenay-Saint-Laurent

11 rue Sirois, Les Escoumins 418-233-4140 or 1-877-233-3444 desiardins.com –

Place aux jeunes Haute-Côte-Nord

427 rue de la Mer, Les Bergeronnes 581-324-1110, ext. 236 placeauxjeunes.qc.ca – **f**

Ad p.57

MRC Haute-Côte-Nord

26 rue de la Rivière, Les Escoumins 418-233-2102, ext. 244 or 1-866-228-0223 mrchcn.qc.ca - •

SADC de Haute-Côte-Nord

459 Route 138, Ste 200, Les Escoumins 418-233-3495 - <u>sadchcn.com</u> - **f**

Caisse populaire Desjardins de Baie-Comeau

Caisse populaire Desjardins de Hauterive

990 Blvd Laflèche, Baie-Comeau 418-589-3734 or 1-866-589-3734 desjardins.com – •

Cégep de Baie-Comeau

537 Blvd Blanche, Baie-Comeau 418-589-5707 or 1-800-463-2030 cegepbc.ca - 😯 🔞

Culture Côte-Nord

22 Place La Salle, 1^{er} étage, Baie-Comeau 418-296-1450 or 1-866-295-6744 culturecotenord.com

DJAZZ Studio de design graphique

432 Ave Arthur-A.-Schmon Baie-Comeau (by appointment only) - 418-297-6494 diazz.ca - 🕶 🖾

Go Média Pub

761 Place Drapeau, Baie-Comeau 418-297-2578 gomediapub.com - 😝

Innovation et développement Manicouagan

1910 Ave Charles-Normand Baie-Comeau 418-295-2593 – <u>idmanic.ca</u> – **§**

MRC de Manicouagan

768 rue Bossé, Baie-Comeau 418-589-9594 <u>mrcmanicouagan.qc.ca</u>

Place aux jeunes Manicouagan

872 rue De Puyjalon, Baie-Comeau 418-589-8589, ext. 224 placeauxjeunes.qc.ca – • Ad p.57

Réserve mondiale de la biosphère de Manicouagan -Uapishka (RMBMU)

31 Ave Marquette, Baie-Comeau 418-296-1517 or 1-888-833-1517 rmbmu.com – 🕶

SADC Manicouagan

(A)

810 rue Bossé, Baie-Comeau 418-295-7232 – <u>sadcmanic.ca</u> – **f**

Voltige Communication

876 rue Bossé, Baie-Comeau 418-589-2389 – <u>voltige.ca</u> – **f**

aniscau

Place aux jeunes Caniapiscau 299 rue Le Carrefour, Fermont 833 363-1162, ext. 103 placeauxieunes.gc.ca –

MRC de Caniapiscau

100 Le Carrefour, Fermont 418-287-5339 or 1-855-337-6668 <u>caniapiscau.ca</u> • **?**

Ad p.61

Ad p.57

Développement économique Port-Cartier

24 Blvd des Îles, Port-Cartier 418-766-8383 villeport-cartier.com

Centre des Congrès de Sept-Îles

513 Ave Brochu, Sept-Îles 418-968-4515, 418-962-2668 or 1-866-962-2668 dv.ccsi@live.ca –

Desjardins Entreprises -Centre de services Sept-Îles 598 Blvd Laure, Sept-Îles

418-962-1414 or 1-877-650-1414 designations.com - (F) S

Développement économique Sept-Îles

690 Blvd Laure, Ste 217, Sept-Îles 418-962-7677 – <u>deseptiles.com</u> – **§**

Imprimerie B&E Coralis communication visuelle

325 Ave Brochu, Sept-Îles 418-962-9616 or 1-866-962-9616 imprimeriebe.com

Place aux jeunes Sept-Rivières

263 rue Papineau, Sept-Îles 418-961-2533, ext. 226 - **f** placeauxjeunes.qc.ca Ad p.57

SADC de la Côte-Nord

456 Ave Arnaud, Ste 205, Sept-Îles 418-962-7233 or 1-877-962-7233 sadccote-nord.org - •

Gabrielle Darveau stratège marketing

2-1406 rue Boréale Havre-Saint-Pierre – 418-538-4672 gabrielledarveau.com – ❤️ ຜ

MRC de Minganie

1303 rue de la Digue, Havre-Saint-Pierre 418-538-2732, ext. 1219 mrc.minganie.org Ad p.87

Place aux jeunes Minganie

1280 rue de la Digue, Havre-Saint-Pierre 418-538-2533, ext. 422 - 🕈 💩 placeauxjeunes.qc.ca Ad p.57

MRC Le Golfe-du-Saint-Laurent

29 Chemin d'Aylmer Sound, Ste 400 Chevery - 418-787-2020 or 1-844-887-2020 - <u>mrcgsl.ca</u> -

Place aux jeunes Golfe-du-Saint-Laurent

313 Blvd de Bonne-Espérance, Rivière-Saint-Paul – 780-691-6291 placeauxjeunes.qc.ca – 😯

Ad p.57

Imprimerie SOLISCO

120, 10° Rue, Scott 418-387-8908 or 1-800-463-4188 solisco.com - •

Travelling in Québec

Bars, Casinos and Purchasing Alcohol

You must be at least 18 years old to enter bars, pubs, nightclubs and casinos, as well as to purchase or consume alcohol (be prepared to produce ID if asked). Wines and spirits are sold through the Société des alcools du Québec (SAQ), the provincial liquor board. Beer is available at grocery and convenience stores, which also stock a limited selection of wines.

Currency Exchange

There are numerous exchange offices in Québec's main urban centres. Airports also offer exchange services. Some businesses accept American money, but tend to offer a less competitive rate than the exchange offices.

Driving in Québec

Since Canada uses the metric system, speed limits and distances are posted in kilometres per hour (km/h) and gasoline is sold by the litre (l).

It is illegal to transport or use radar detectors in Québec.

Cell Phones

Use of a cell phone is prohibited while driving.

Drugs

The Highway Safety Code introduced a zero-tolerance principle when it comes to drugs and driving by prohibiting anyone from driving a vehicle if there is a detectable presence of cannabis or any other drug in that person's saliva. Offenders are subject to an immediate 90-day suspension of their driver's licence.

According to the law, you must be at least 21 years old to purchase or consume cannabis (be prepared to produce ID if asked). The Code also includes other measures, such as the prohibition from consuming drugs (cannabis or any other drug) in a road vehicle, on an off-road vehicle or on a bicycle.

Winter Tires

From December 1 to March 15, all taxis and passenger vehicles registered in Québec must be equipped with winter tires. This requirement also applies to rental passenger vehicles in Québec.

Road Conditions

For information on road conditions or other aspects of trip-planning, call 511 or 1-888-355-0511, or visit quebec511.info.

Tourist Routes

The official tourist routes are clearly marked with blue signs. They are designed to highlight the attractions of the regions through which they pass, and to enable visitors to discover the extent of Québec's natural and cultural treasures. bonjourquebec.com/en-ca/where-to-go/itineraries-and-tourist-routes.

Tourist Signage

In Québec, tourist regions and directions to services, attractions and activities are indicated by blue road signs. For more information, visit <u>panneaubleu.com</u> and <u>quebec.ca/transports/signalisation/signalisation-touristique</u> (in French only).

Village-relais Accredited Services

If you feel like taking a break or require assistance while on the road, look for the *Village-relais* signs. These point to villages that, together with local businesses, offer a range of accredited services and a safe and pleasant place to stop. <u>villages-relais.qc.ca</u>.

Voltage

In Québec, the standard voltage is 110 volts/60 cycles, as it is throughout North America. Since the outlets cannot accommodate European plugs, you will need to bring or buy an adaptor.

Making a Comment or Conveying Dissatisfaction

If you wish to comment on or are dissatisfied with the tourism services you received in Québec, please contact:

Alliance de l'industrie touristique du Québec

1-877-686-8358, option 7 commentaire@alliancetouristique.com

Canadian Currency

The legal currency in Québec is the Canadian dollar (CAD), which is divided into 100 cents. Bank notes are available in denominations of 5, 10, 20, 50 and 100 dollars, and coins in denominations of 5, 10 and 25 cents as well as 1 and 2 dollars. Bank cards and major credit cards are also accepted almost everywhere.

Tipping

Tipping is customary in restaurants, bars and taxis. The amount, which is not included in the bill, is generally equivalent to 15% of the total bill before taxes. For quick tip calculations, Québecers normally add up both taxes. Tipping bellhops or porters is at your discretion (generally, \$1 per bag).

Taxes

Québec has two taxes: the 5% federal goods and services tax (GST), and the 9.975% Québec sales tax (QST). An accommodation tax of 3.5% of the room price per night also applies in our region.

Canadian Coast Guard

Marine Distress

1-800-463-4393

Boating Safety Infoline

1-800-267-6687

S.O.S. Poaching

Reporting poachers

1-800-463-2191

Société de protection des forêts contre le feu (SOPFEU)

To report a fire

1-800-463-3389

Emergencies

Emergency

911, 310-4141 or *4141 (from a cell phone)

Info-Santé (medical advice)

811

Québec Poison Control Centre

1-800-463-5060

A	Contents		Harrington Harbour10
	Contest		Havre-Saint-Pierre9
Accommodation180	Cottages, apartments.		Health & relaxation20
Agritourism & regional	Cottages, apartments, vacation homes	188	Health centres21
products169, 174 to 177	Cruises (see Boat tours)_	121	Hiking 13
Aguanish & Île-Michon 95	Cycling		Hockey14 Horseback riding2 Hospitals21
Aguanish & Île-Michon95 Airport95			Horseback riding 2
All-terrain vehicles (ATVs)141	D		Hospitals 21
Anticosti, island of88			Hotels/motels18
Associations & groups 212	Dairy har	179	Hunting & fishing14
Audio CD96		221	Hydroelectric dams11, 52, 9
Audioguide55, 78, 89, 96	Distilleries	173	.,,,-
Aurora borealis13, 64	Dogsledding	144	1
	Drive-home service	210	
В			Indigenous communities
	E		28, 42, 66, 75, 92, 97, 104, 10
Baie-Comeau48	- 	_	Indigenous people
Baie-Johan-Beetz95	Ekuanitshit (see Mingan)	92	28, 42, 66, 75, 92, 97, 104, 106, 11
Baie-Trinité55	Fssinit	28	Indigenous tourism11
Bakeries175	EssipitEvents	108	Information
Bed & breakfasts186	Excursions, snowmobile		Information • General209, 21
Beers 19, 111, 173	& guad	141, 144	Information • Hunting &
Bicycle touring139	& quad Expedition 51°	62	Information • Hunting & fishing14
Bike paths (see Cycling) 138			Information · Visitor206 to 20
Bike routes139	<u>F</u>		Inns181 to 19
Birdwatching			Innu people
22, 27, 29, 30, 45, 54, 78, 113, 120, 137	Farms	25, 79, 176	28, 42, 66, 75, 92, 97, 104, 10
Blanc-Sablon107			
Boat tours121	Ferries	134, 210	K
Boating120 à 133	Festivals (see Events)	108	
Boats · Cruises120	Fish markets	172	Kayaking129 to 13
Boats · Ferries134	Fishing	148 to 156	Kegaska10
Bonne-Espérance106	Flightseeing	128	Kitesurfing30, 7
Brador107	Food markets	178	
Buses 209	Forestville	32	L
	Forestville Franquelin	53	
С			L'Île-d'Anticosti8
	G		La Romaine10
Campgrounds194			Labrador62, 6
Canoeing31, 79, 129	Gallix	74	Legend of pictograms 22
Canoeing31, 79, 129 Chevery105	Getting there	222	Les Bergeronnes2
Chocolate makers176	Godbout	54	Les Escoumins2
Chute-aux-Outardes43	Godbout Golfing, golf courses	139	Lighthouses 27, 55, 9
	Grocery stores	_177 to 179	Local flavours17
Clarke74 Colombier33			Longue-Pointe-de-Mingan9
Concerts & shows108 to 115	H		Longue-Rive3

Index

Lourdes-de-Blanc-Sablon Lower North Shore	107
M	102
Magpie	٩n
Malls	
Map	1
Marinas	133
Marine mammals	118
Media companies	212
Microbreweries	173
Mingan (Ekuanitshit)	92
Mining	65
Moisie Motels (see Hotels) Motorcycle touring	79
Motels (see Hotels)	180
Motorcycle touring	140
Mountains	53
Municipalities20	to 107
Must-see attractions	_10-13
NI	
	0.0
Natashquan Non-traditional accommodati	96 on.199
NatashquanNon-traditional accommodatio	on.199
Natashquan Non-traditional accommodatii O Other services_	on.199 212
Natashquan_ Non-traditional accommodatii O Other services_ Outdoor activity centres_	on.199 212 77
Natashquan	on.199 212 77
Natashquan	on.199 212 77 136
Natashquan_ Non-traditional accommodation O Other services_ Outdoor activity centres_ Outdoor centres_ Outdoor recreation locations_ Outfitters_	on.199 212 77 136
Natashquan_ Non-traditional accommodation O Other services_ Outdoor activity centres_ Outdoor reentres_ Outdoor recreation locations_ Outfitters_ P	212 77 77 136 150
Natashquan_ Non-traditional accommodatio O Other services_ Outdoor activity centres_ Outdoor centres_ Outdoor recreation locations_ Outfitters_ P Paddlehoarding	212 77 77 136 150
Natashquan Non-traditional accommodatio O Other services Outdoor activity centres Outdoor centres Outdoor recreation locations Outfitters P Paddlehoarding	212 77 77 136 150
Natashquan	212 77 77 136 150 131 115
Natashquan_ Non-traditional accommodation O Other services_ Outdoor activity centres_ Outdoor recreation locations_ Outfitters_ P Paddleboarding_ Performance venues_ Places to eat158	212 77 75 136 150 131 115 to 168
Natashquan_ Non-traditional accommodation O Other services_ Outdoor activity centres_ Outdoor recreation locations_ Outfitters_ P Paddleboarding_ Performance venues_ Places to eat158 : Planes_ Pointe-aux-Anglais_	212 77 136 150 131 115 to 168 70
Natashquan	212 77 136 150 131 115 to 168 70
Natashquan	
Natashquan_ Non-traditional accommodation O Other services_ Outdoor activity centres_ Outdoor centres_ Outdoor recreation locations_ Outfitters_ P Paddleboarding_ Performance venues_ Places to eat158: Pointe-aux-Anglais Pointe-aux-Outardes_	

Port-Cartier	71
Port-Menier	
Portneuf-sur-Mer	31
Profile of the region	6
Q	
Quadding	1/.1
Québec tourist regions_	222
R	
Radio stations	212
Ragueneau	
Regional products	
Relaxation	
Rental	
Rental · Recreational	
Equipment	140
Rentals • Bicycles	138
Rentals • Cottages Rentals • Snowmobiles_ Reservation centre	188
Rentals · Snowmobiles_	145
Reservation centre	28, 89
Rivière-au-Tonnerre	89
Rivière-Pentecôte	71
Rivière-Saint-Jean	
Route 389	52, 63
Route des Baleines (Whale Route)	118
S	
	24
Sailing (see Wind sports	
on the water)	
C I C I I .	4/0 4 450

(Whate Route)	110
S	
Sacré-Coeur	24
Sailing (see Wind sports	
on the water)	128
Salmon fishing	_148 to 156
Salmon rivers	_148 to 156
Schefferville	65
Scuba diving	132
Seafood158	3 to 168, 172
Seaports	134
Sept-Îles	76
Service businesses and	
organizations	212
Sheldrake	89
Shopping	

Shows1	15
Ski centres1	43
Skiing, cross-country1	43
Skiing, downhill1	43
Snowmobiling1	44
Snowshoeing1	37
Sports events109 to 1	14
St. Lawrence River120 to 13	35
Stations (see Buses)20	09
Sugar bush1	79
Sugar shacks (see Sugar bush)_1	79
Surfing1	31
Symbols used in this guide22	20

<u>'</u>	
Tadoussac	20
Tête-à-la-Baleine	105
Theatre (see Performance	
venues)	115
Tourism organizations &	
corporations	212
Tourisme Québec	206
Tourist areas1	to 107
Caniapiscau	60
La Haute-Côte-Nord	18
Le Golfe-du-Saint-Laurent	102
Manicouagan	40
Minganie	86
Sept-Rivières	68
Towns & villages20	to 107
Transportation	209
Travel Tools	4
Travelling in Québec	214

Vacation homes		
(see Cottages)	188	to 191
Vacation resorts		191
Villages-relais	24, 29,	32, 89
Visitor information	centres	206
Visitor information	centres	207

Index

Watching Watching • Black bears ____ 23, 25 Watching • Whales ____ 120 to 128 Water sports _____ 121 Waterfalls _____ 12, 89 Whale-watching locations _____ 136 Whales _____ 118 to 126

Wildlife reserve	72
Wind sports (on the water)	128
Winter	142
Winter activities	142
Winter fun	142
Y	

Youth hostels_

ZECs (Controlled zones) 149

ndex

Senior Management:

Paul Lavoie

Communication and Marketing:

Danny Bourdeau

Project Manager, Tourist Guide:

Dave Prévéreault

English translation and revision:

Diana Halfpenny

Proofreading and revision (French):

Mots et marées

Map updates: TrakMaps

Graphic design, desktop publishing and computer graphics:

Printing: SOLISCO

DIAZZ

Cover photo credit:

Monolith © Parks Canada – É. Lajeunesse

Collaborators:

Alliance de l'industrie touristique du Québec This tourist guide was published by Tourisme Côte-Nord in collaboration with its partners. Only the members of the regional tourism association are included in this guide. The information in this guide was up to date as of fall 2021, and is subject to change without notice. Tourisme Côte-Nord is not responsible for any unintentional omissions or errors. The next edition will be published in spring 2023.

© Tourisme Côte-Nord

Legal Deposit:

- Bibliothèque et

Archives nationales du Québec, 2022

Library and Archives
 Canada, 2022

ISSN 2292-6771



This product is made of material from well-managed FSC®-certified forests and from recycled material.





- 220 → Legend of Pictograms
- 221 → Distances Tables
- 222 → Map of Québec Tourism Regions
- 222 → Access Map to the Region

Maps and Pictograms

Legend of Pictograms

- → % of shaded sites
- Accommodation
- ** Accommodation certification
- AEQ-certified (Aventure écotourisme Québec)
- **AC** Air conditioning
- Authentic First Nations experience
- Authentic Inuit experience
- **&** Beach
- Beach supervised swimming
- Bienvenue cyclistes! certified
- Birdwatching
- ⊞ Boat launch
- **æ** Boat trip
- ▲ Camping
- Canoe camping
- **Æ** Canoeing
- **Cash** only
- © Comfort station
- The Convenience store
- ☆ Cross-country skiing
- **ॐ** Cycling
- **π**[⊿]Dogsled ride
- ★ Downhill skiing

- Electric vehicle charging station
- ✓ Electricity: 15 amps
- Electricity: 30 amps
- Electricity: 50 amps

 Equipment rental
- 🝱 Falls
- E Ferry
- Ⅲ Fireplace
- Fishing
- S Free admission
- Free WiFi
- **7** Golfing
- n Gotting
- **∮** Hiking
- Horseback riding
- Hospital
- 7 Hunting
- L Ice fishing
- Indigenous content
- indoor poor
- ★ International airport
- ★ Interpretation
- ★ Kayaking
- Kitchenette
- Le Goût de la Côte-Nord (Taste of the North Shore)
- Y Licenced restaurant

- Local cuisine and specialty
- Marine wildlife viewing
- Microwave
- Mini fridge
- Mountain biking
- 📤 Outdoor pool
- \$ Paid admission
- T Patio
- Performance venue
- ? Permanent visitor information centre
- **★** Pet-friendly
- 5™ Gvm
- Pick-your-own
- **A** Picnic area
- X Places to eat
- B Private bathroom
- Pull-through
- Pump-out station
- Quadding
- Rating pending
- **A** Reception area
- ♣ Recreational harbour
- + Regional airport
- Route verte bicycle trail
- Scuba diving

- Seasonal operation
- Seasonal visitor information centre
- Shared bathroom
- ← Shared kitchen
- Shopping
- **►** Skating
- Snow tubing
- Snowmobiling
- Snowshoeing
- <mark>ട്ട</mark> Spa
- Tents only
- Toilet and sinks
- Willage-relais accredited
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
 ■
- ₩ Water access
- Waterfront view
- T Wellness centre
- Whirlpool tub

Distances Tables

Route 138

Distances in kilometres.





Les Bergeronnes 24 Les Escoumins 22 Longue-Rive 30 51 Forestville 30 Pointe-aux-Outardes 97 126 156 Baie-Comeau 33 Franquelin 32 61 Godbout 27 Baie-Trinité 39 61 Rivière-Pentecôte 44 Port-Cartier 38 80 119 141 301 330 Sept-Îles 61 Rivière-au-Tonnerre 122 182 218 Rivière-Saint-Jean 36 Longue-Pointe-de-Mingan 17 52 174 233 Baie-Johan-Beetz 69 115 132 167 289 348 385 427 466 519 548 648 677 Natashquan 34 92 160 206 223 258 380 439 476 518 557 579 611 640 710 739 768 Kegaska 44 78 136 204 250 267 302 424 483 520 562 601 623 655 684 754 783 812 833 852

Routes 389. 500, 510 and the Route de la Chicoutai

Blanc-Sablon 9

Havre-Saint-Pierre 50

Aguanish 58 127 173

Vieux-Fort 11 33 58 68 75 84 161 296 700 965 1209 1210 1264 1245 1331 1413 1476 1495 1596 1716

Distances in kilometres.



Lourdes-de-Blanc-Sablon 7

Baie de Brador 10

Middle Bay 25 35

Rivière-Saint-Paul 22

Gagnon 51 172 292 Fire Lake Fermont 86 181 230 250 351 471 Mont-Wright 19 Labrador City 54 35 203 266 386 506 Wahush Churchill Falls 245 245 299 Happy Valley - Goose Bay 289 65/ Port Hope Simpson 405 670 914 915 1301 1421 1118 1181 L'Anse-au-Clair 77 213 617 882 1126 1180 1161 1329 1392 1512 1632 1528 1648

Relais Gabriel 101

Baie-Comeau

Manic-2 22

Relais Manic-Outardes 72 94

Manic-5 120

Map of Québec Tourism Regions



	01	Îles-de-la-Madeleine	tourismeilesdelamadeleine.com
	02	Gaspésie	gaspesieiloveyou.com
	03	Bas-Saint-Laurent	<u>bassaintlaurent.ca</u>
	04	Québec	quebec-cite.com
	05	Charlevoix	<u>charlevoixtourism.com</u>
	06	Chaudière-Appalaches	chaudiereappalaches.com
	07	Mauricie	mauricietourism.com
ı	08	Cantons-de-l'Est	easterntownships.org
	09	Montérégie	tourisme-monteregie.qc.ca
ı	10	Lanaudière	lanaudiere.ca
ı	11	Laurentides	<u>laurentians.com</u>
	12	Montréal	mtl.org
	13	Outaouais	tourismeoutaouais.com
	14	Abitibi-Témiscamingue	abitibi-temiscamingue-tourism.org
	15	Saguenay–Lac-Saint-Jean	tourisme.saguenay.ca
	16	Côte-Nord	tourismecote-nord.com
	18	Baie-James	escapelikeneverbefore.com
	19	Laval	<u>tourismelaval.com</u>
	20	Centre-du-Québec	tourismecentreduquebec.com
	21	Nunavik	nunavik-tourism.com
	22	Eeyou Istchee	escapelikeneverbefore.com

Access Map to the Region





As a place to see whales in their natural habitat, the St. Lawrence River is unique in the world. With stunning landscapes, 13 species of whales, an enormous marine park and thrilling cruises, it's the ideal destination for a truly unforgettable experience: an encounter with the giants of the sea. Come say Bonjour to them: You might get a friendly fin wave back!

ViensVoir LesBaleines .com/en

WhalesOf Quebec .com





A brilliant and millennial culture









THE PROGRESS OF THE SEASONS IN INNU TERRITORY

PERMANENT EXHIBIT

Kuei! Ashtam natshi-uapaminan... Hi! visit us...



290, boul. des Montagnais • UASHAT (Sept-Îles)

418 962-4000



OPENING IN FALL 2022

Discover the joys of ready-to-camp and access Innu culture near Maliotenam's beaches!

Tourism department

reception@sdeum.ca



(Sept-Îles)

CROISIÈRES ESSIPIT



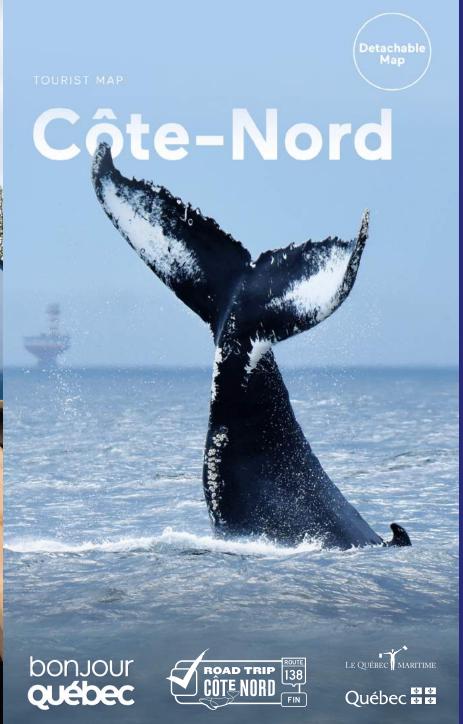
BREATHTAKING ACTIVITIES











de la culture Innue, Shaputuan

48 Sept-Îles (Clarke)

Parc de la plage Rochelois

46 Centre d'interprétation

43 Promenade du P'tit Quai

41 Réserve faunique de

39 Pointe-aux-Anglais

re mur-ecran

de Mont-Wright

Sept-Rivières

Leosigeine

37 Pointe-des-Monts

Musée Louis-Langlois

Piège à saumon

th Parc de la Taiga

de l'histoire de Port-Cartier

45 Parc de la rivière aux Rochers -

Port-Cartier-Sept-Iles (Sépaq)

ArcelorMittal Exploitation minière

Phare de Pointe-des-Monts

Galerie-Resto Annie Durette

Musée amérindien et inuit

Aventure Uapishka

Les monts Groulx

Station Uapishka

des oiseaux de proie de Godbout

Village forestier d'Antan de Franquelin

Baie-Comeau, D'aventure et de culture

Club de golf de Baie-Comeau

Manic-2, centrale Jean-Lesage

Monts Groulx Aventure

Centre d'interprétation de Clarke City

An arch as high as the Olympic Stadium's tower!



So much to discover! Free tours of:

- Daniel-Johnson dam
- Manic-5 generating station
- Jean-Lesage generating station (Manic-2)

1866 526-2642 hydroquebec.com/visit



Secteur de la baie Sainte-Marguerite

Parc national du Fjord-du-Saguenay -

Observation de l'ours noir -

de Tadoussac (OOT)

Parcours d'hébertisme

Domaine des Dunes -

Club de golf Tadoussac

(Parcs Canada)

L'Observatoire d'oiseaux

Secteur de la baie de Tadoussac

Parc national du Fjord-du-Saguenay

11 Sacré-Coeur

Cover photo credit:

Parks Parcs
Canada Canada

tourismecote-nord.com

Musée Scheffer

- 79 Lourdes-de-Blanc-Sablon Ferme de pétoncle Aqua Labadie Musée Whiteley
 - 78 Bonne-Espérance Chapelle de l'Ile Providence
 - Maison Jos Hébert π Tête-à-la-Baleine
- Tourisme Winipeukut Nature Centre d'interprétation de La Romaine
 - 76 La Romaine
 - Relais Nordik

75 Kegaska

Le Golfe-du-Saint-Laurent Famille Lalo

- Brasserie La Mouche
- Patrimoine familial de Gilles Vigneault
- - - 69 Natashquan
 - Canyon « Trait de scie » deinangA 80
 - Centrale Romaine-1
 - Les vagues Loisirs marins 67 Réserve de parc national
 - 66 Croisières du Capitaine Richard
- 65 Services Maritimes Boréale 64 Maison de la culture Roland-Jomphe
 - Distillerie Puyjalon 62 Havre-Saint-Pierre
 - Maison de la culture innue

Noryak Aventures Excursions du Phare

Canada

de recherche des Îles Mingan (MICS) Centre d'interprétation de la station

Corporation de l'Ile aux Perroquets 60 Longue-Pointe-de-Mingan

Église de Rivière-au-Tonnerre

Chute Manitou 59 Rivière-au-Tonnerre

Parc national d'Anticosti

Sepaq Anticosti -

de la culture et de la paléontologie Centre d'interprétation de l'histoire,

Ruines du Château Menier 58 Port-Menier

dembarcation - Camping Laurent-Val Descente de riviere et location Canada SENC - Complexe minier

(SisioM) səlî-1qə2

56 Uashat mak Mani-Utenam

Archipel des Sept Iles

Lîle La Grande Basque Sept-Iles se raconte!

Circuit histoire et patrimoine Centre de plein air du Lac des Rapides Jardin du ruisseau Bois-Joli

> Parc Aylmer-Whittom Club de golf Sainte-Marguerite

> > Ferme maricole Purmer

- L'île La Grosse Boule 55 Musée régional de la Côte-Nord
- 54 Les Croisières du Capitaine 53 Kiosque d'interprétation de l'Archipel
 - 52 Parc du Vieux-Quai Microbrasserie La Compagnie 50 Le Vieux-Poste de Sept-Îles
 - səlî-iqə2 64

Expo route 389 Manic-5, barrage Daniel-Johnson Lac Malfait Camping, plage et marina

- 33 Tour guidé de Baie-Comeau
- 32 Archéo-Mamu Côte-Nord et Saint-Georges
- 31 Église anglicane Saint-Andrew 30 Exposition lArt est un Miroir
- 29 Eglise Sainte-Amélie
- 28 Société historique de la Côte-Nord
- - 26 Attitude nordique plein air
- Boisé-de-la-Pointe-Saint-Gilles 25 Réserve naturelle du
- Distillerie Vent du Nord
- Microbrasserie 5t-Pancrace Usine
- Club de Golf de Chute-aux-Outardes 21 Chute-aux-Outardes
- Manicouagan Sea Minerals Parc Nature de Pointe-aux-Outardes
 - Sentier de la rivière aux Rosiers
 - Archipel de Ragueneau 19 Ragueneau

negenosineM

Chapelle des Îlets-Jérémie

Musée La Petite anglicane

Golf Le Méandre 17 Forestville

Pointe des Fortin et banc de Portneuf Innergex énergie renouvelable Descente de rivière en canot -Mériscope Station de Recherche Marine

16 Portneuf-sur-Mer

Centre d'interprétation des marais salés Étang de pêche Longue-Rive Aquaculture Lindigène,

15 Longue-Rive

Totem Aviation Centre de découverte du milieu marin

Croisière Escoumins Les Ecumeurs du Saint-Laurent

Croisières Essipit 13 Essipit

Explos-Nature

12 Les Bergeronnes

Mer et Monde Ecotours Kayak du paradis

de Cap-de-Bon-Désir (Parcs Canada) Centre d'interprétation et d'observation

Club chasse et pêche de Tadoussac

Domaine de l'ours noir

Ranch Le Soleil Le Vent

See the guide for English names and description

gujargements - numbers

Bases et centre de plein air

1 Great Outdoors

1 Municipality

Centre de vacances Ferme 5 étoiles -

1 Live the St. Lawrence River

Culture and Living History

La Chasse gardée

Observation de l'ours noir -

Observation faunique en milieu naturel

Croisières Neptune Parc marin du Saguenay-Saint-Laurent Centre Archéo Topo

Mer et Monde Ecotours

Indoussac autrement Petite chapelle de Tadoussa

Poste de Traite Chauvin

Microbrasserie Tadoussac

Centre d'interprétation des mammifères

3 La pointe de l'Islet 2 Croisières AML

Ladoussac

La Haute-Côte-Nord



Main map - numbers Legend

Activities



Distances in kilometres. Route 138

Distances Tables

moo.

Quebec

WhalesOf

expedition 51°

Distances en kilometres.

500, 510 and the

Routes 389,

CÔTENORD

Route de la Chicoutai

dor City 54, 35, 121, 203, 266, 285, 386, 506, 578, 600

artier 38 80 119 141 173 202 272 301 330 351 369

sanduclin 32 61 132 160 190 210 229

Pointe-aux-Outardes 97 726 156 156

Baie-Johan-Beetz 69 115 132 167 289 348 385 467 466 487 519 519 519 618 648 678 678 678 678 678 678 716

Tongue-de-Mingan 77 52 174 233 270 351 351 405 434 504 538 504 533 602 583 602 583 602

Eire Lake 94 145 164 265 385 457 479

Relais Gabriel 101 221 294 315 Groulx 19 121 240 313